



THE RITZ-CARLTON
BUDAPEST





ESCAPE

Unwind in our unique, urban SPA at The Ritz-Carlton, Budapest. A haven of tranquility, the SPA is located in one of the most beautiful and historic places within the city. Luxury SPA expertise and sublime service combine to provide a remarkable experience. Our SPA enhances wellbeing and rejuvenates the body and mind. Our state of the art gymnasium, thermal area and swimming pool, bathed in natural daylight, all add to the unique experience.



Optimize your time in our unique SPA by enjoying specially designed treatments. Inspired by our famous thermal waters in Budapest, these collections encourage you to be swept away in total relaxation, while immersing yourself in our rooftop thermal experiences.



THE RITZ-CARLTON SPA

EXPERIENCE

EXPERIENCE

THE ROYAL PALACE RITUAL

90 MINUTES

A ritual reflecting the heritage and romance of Budapest's history. Indulge in warmed aromatic oils with hot stones used to massage tensions away, ensuring a feeling of true royalty.

INCLUDES: Full body exfoliation, hot stone massage

SERENITY ON THE DANUBE

120 MINUTES

This tension releasing massage will work in harmony with the surrounding to relax and relieve stress. This Danube inspired treatment collection was designed to uplift, to clear the mind and to restore the body.

INCLUDES: Stress relief massage, custom facial



THE RITZ-CARLTON SPA

MASSAGE

MASSAGE

DEEP MUSCLE MASSAGE

90 MINUTES **OR** 60 MINUTES

Recharge your body with this powerful massage, designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern, to help relieve common discomforts and sports related tension.

STRESS RELIEF MASSAGE

90 MINUTES **OR** 60 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure, to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE

90 MINUTES **OR** 60 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

HOT STONE MASSAGE

90 MINUTES

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure, to intensely soothe tired, aching muscles and aid relaxation.

NATURALLY NURTURED MASSAGE

90 MINUTES **OR** 60 MINUTES

Nurture and nourish body and skin when you need it most, with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers, after the first trimester.



THE RITZ-CARLTON SPA

BODY

BODY

NOURISHED GLOW

60 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation, finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES: Full body salt and oil exfoliation, back massage, oil application

ULTIMATE BODY BALANCER

90 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and deeply effective bespoke treatment.

INCLUDES: Back exfoliation and massage, custom facial, scalp massage

ACTIVITY RECOVERY

60 MINUTES

Soothes aching muscles targeting the back, legs and feet.

INCLUDES: Back exfoliation and massage, foot and leg exfoliation and massage



THE RITZ-CARLTON SPA

FACIALS

CUSTOM FACIAL

90 MINUTES **OR** 60 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES: Brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage.

THE MEN'S FACIAL

60 MINUTES

Double cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES: Brush cleanse, facial exfoliation, facial massage, mask, scalp massage



THE RITZ-CARLTON SPA

MEN

THE MEN'S MASSAGE

90 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

MUSCLE RECOVERY MASSAGE

90 MINUTES **OR** 60 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

RELAXATION MASSAGE

90 MINUTES **OR** 60 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

STRESS RELIEF MASSAGE

90 MINUTES **OR** 60 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

THE MEN'S FACIAL

60 MINUTES

Double cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES: Double cleanse, facial exfoliation, facial massage, mask, scalp massage



Upgrade your treatments by choosing one or more of our carefully created service enhancements.

Enhancements are available as incorporated additions to facial, body and massage services, without additional time to the treatment.

All Enhancements must be booked and received with a treatment.



THE RITZ-CARLTON SPA

ENHANCEMENTS

CONDITIONING HAIR TREATMENT

Using the strengthening properties of a hair conditioning oil, deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

SMOOTH & FIRM BODY BUTTER

Combine the sublime benefits of lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

HOT STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

HAND, FOOT OR BACK REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

DRY BRUSHING

Enjoy a refreshing body exfoliation prior to any massage to instantly soften, smooth and revitalize skin.

GUIDELINES

GUIDELINES

To enjoy your SPA experience to the fullest potential, please familiarize yourself with the SPA Guidelines.

SPA facilities are complimentary to hotel guests and 12 000 HUF per day for SPA guests who are not registered at the hotel. This fee is waived with the purchase of a treatment.

SCHEDULING AN APPOINTMENT

To schedule an appointment, please contact our Reception or Guest Services team members who will be able to assist you in selecting the best treatment for you. You may press button "O" at your room phone and we will be happy to accept reservations for you.

HEALTH CONDITIONS

Kindly advise us of any health conditions, pregnancy, allergies or injuries which could affect your choice of treatment when making your SPA reservation. Please consult your doctor prior using the heat and water facilities. Heat and water facilities are not recommended for pregnant ladies.

CANCELLATION POLICY

A 100% charge will be applicable for any treatment not cancelled at least 24 hours prior to the scheduled time.

ARRIVAL TIME

Please arrive a minimum of 15-20 minutes prior to your appointment to enjoy the sauna, steam room, whirlpool and indoor pool. If you would not like to use water facilities please come 5 minutes prior start of the treatment to allow you time to change. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. The full value of your treatment will be charged.

PERSONAL BELONGINGS / VALUABLES

We cannot be responsible for any personal items and/or valuables brought into the SPA or left in your locker. Please leave your valuables at home or in your room safe.

USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the SPA. Cell phones and electronic devices must be turned off.

AGE REQUIREMENTS

You must be 16 years of age or older to fully enjoy the SPA, fitness and the services. Massages and facials cannot be performed on anyone under the age of 16 years. A parent must be present for the entire time of their children visit to the SPA. The usage of the thermal facility for children is not advisable and it is completely the responsibility of the parent. Established kids hours in pool area: daily from 09:00 till 14:00.



THE RITZ-CARLTON SPA

GUIDELINES

TREATMENT RECOMMENDATIONS

Shaving is recommended, but not necessary for men prior to a facial. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or alcohol into the SPA. A guest appearing intoxicated will be denied access to the SPA.

METHOD OF PAYMENT

Every treatment will be charged to your room bill. The therapists cannot charge your card or accept cash for your treatment charge. Cash or card payments must be performed at the reception of the hotel. Prices are quoted in Hungarian Forints (HUF). All prices are inclusive of VAT.

SERVICE CHARGE

Additional gratuities may be offered at your discretion.

SPA RETAIL

You may purchase complete skincare and body products for your SPA regime at home.

REFUND POLICY

Products sold are not refundable or exchangeable.

GIFT CERTIFICATES

Gift certificates are available – an ideal present for someone special. Please contact any SPA or Reception team member for details.

HOURS OF OPERATION

SPA Treatments: 9:00AM – 21:00PM, daily

SPA Facilities: 7:00 AM - 22:00PM, daily

Kid hours: 9:00AM – 14:00 PM.

Fitness Center: 24 hours (you may enter with your room key at any time).

Please contact our SPA experts, who can advise on the full SPA guidelines, facility information and membership.

ALL BODY AND FACIAL TREATMENTS
ARE PERFORMED WITH ESPA PRODUCTS



THE RITZ - CARLTON SPA

BUDAPEST

+ 36 1 429 5500

ERZSÉBET TÉR 9-10, BUDAPEST, 1051 HUNGARY

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BUDAPEST

PRICING

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EXPERIENCE

THE ROYAL PALACE RITUAL

90M / 51 800 HUF

SERENITY ON THE DANUBE

120M / 60 800 HUF

MASSAGE

DEEP MUSCLE MASSAGE

90M / 51 800 HUF

60M / 35 800 HUF

STRESS RELIEF MASSAGE

90M / 46 200 HUF

60M / 34 000 HUF

RELAXATION MASSAGE

90M / 46 200 HUF

60M / 34 000 HUF

HOT STONE MASSAGE

90M / 51 800 HUF

NATURALLY NURTURED MASSAGE

90M / 43 800 HUF

60M / 34 000 HUF

FACIAL

CUSTOM FACIAL

90M / 47 500 HUF

60M / 34 800 HUF

THE MEN'S FACIAL

60M / 34 800 HUF

BODY

NOURISHED GLOW

60M / 43 800 HUF

ULTIMATE BODY BALANCER

90M / 50 200 HUF

ACTIVITY RECOVERY

60M / 34 000 HUF

MEN'S

THE MEN'S MASSAGE

90M / 48 800 HUF

MUSCLE RECOVERY MASSAGE

90M / 51 800 HUF

60M / 35 800 HUF

STRESS RELIEF MASSAGE

90M / 46 200 HUF

60M / 34 000 HUF

RELAXATION MASSAGE

90M / 46 200 HUF

60M / 34 000 HUF

THE MEN'S FACIAL

60M / 34 800 HUF

ENHANCEMENT

HAND, FOOT OR BACK REVIVER

5 000 HUF

HOT STONE MELTER

6 200 HUF

CONDITIONING HAIR TREATMENT

5 000 HUF

SMOOTH & FIRM BODY BUTTER

3 200 HUF

DRY BRUSHING

3 200 HUF