



**THE RITZ-CARLTON**  
LAGUNA NIGUEL

SALES



*Let us make the world  
revolve around you.*

# ESCAPE

Perched atop a spectacular cliff against miles of pristine beaches and the crystal blue waters of the Pacific Ocean, The Ritz-Carlton, Laguna Niguel welcomes you to immerse yourself in a luxury oasis along the stunning California coast. Providing a blissful return to balance, indulge in the finest luxury treatments inspired by the sea at The Ritz-Carlton Spa.



# EXPERIENCE

The Ritz-Carlton Spa, Laguna Niguel calls upon the inspiration of the sea with tranquil water features and essential elements from the ocean to provide a blissful return to balance. All therapies are authentically and individually designed to nurture the body, enliven the mind, and uncover nature's beauty. Providing a customized and memorable retreat in the midst of coastal beauty.

## LAGUNA WELLNESS EXPERIENCE

90 MINUTES

Treat your body like a temple with this firming, hydrating and detoxifying treatment inspired by local surroundings, harnessing the benefits of oceanic ingredients including a specially formulated seaweed body wrap and collagen facial mask. Customized massage techniques infuse powerful anti-oxidants restoring hydration to the skin and leaving your body looking sleek and smooth. This balancing experience creates a feeling of total harmony and well-being.

**INCLUDES** Skin brushing, collagen facial mask, slimming body wrap, massage

## PACIFIC WAVE

90 MINUTES OR 60 MINUTES

Like the rhythm of the ocean, this beach inspired treatment utilizes Ashiatsu barefoot massage techniques. Integrating smooth, fluid and gliding foot pressure helping to reach deep into the muscle tissue. This unique experience will ease muscular tension and stress, inducing a state of bliss and relaxation.

**INCLUDES** Customized foot pressure to accommodate each individual

## COASTAL ILLUMINATING FACIAL

90 MINUTES

This indulging treatment is the ultimate luxurious experience and is specifically tailored to your desired outcome. This deeply relaxing and revitalizing facial will leave your skin looking and feeling transformed. Marine collagen and beneficial precious minerals restore a youthful glow.

**INCLUDES** Collagen infusion for the face, neck and décolleté, micro-current lifting and toning device, jade roller



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# MASSAGE

## CALIFORNIA DREAMIN'

90 MINUTES OR 60 MINUTES

Our therapists are certified in a variety of specialty massage techniques. Allow their expertise to create a unique experience, holistically designed to induce your ultimate well-being.

## SALT CREEK COUPLES MASSAGE

90 MINUTES OR 60 MINUTES

Allow our therapists' expertise to create a unique experience, holistically designed for you and your companion, enjoyed side by side in our couple's room.

## DEEP MUSCLE MASSAGE

90 MINUTES OR 60 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

## STRESS RELIEF MASSAGE

90 MINUTES OR 60 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

## RELAXATION MASSAGE

90 MINUTES OR 60 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

## BEACH STONE MASSAGE

90 MINUTES OR 60 MINUTES

A therapeutic and rejuvenating massage using warm beach stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

## NATURALLY NURTURED MASSAGE

90 MINUTES OR 60 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

## REFLEXOLOGY

60 MINUTES

Wellness secrets from ancient times are brought to life in a technique designed to balance, restore and soothe. When the reflex points are compressed, circulation is enhanced to elicit sensations of deep relaxation.

**INCLUDES** Reflex zone massage to ears, hands and feet





# BODY

## NOURISHED GLOW

60 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

**INCLUDES** Full body exfoliation, back massage, oil application

## BODY BALANCER

60 MINUTES

Restore serenity to mind, body, and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

**INCLUDES** Back exfoliation, back massage, application of facial oil, scalp massage

## CALIFORNIA CITRUS SCRUB

60 MINUTES

Fresh Mandarin orange and gentle buffing grains are creatively blended with stimulating extracts of ruby red grapefruit and blood orange creating a skin-softening scrub. The body is treated to a soothing Vichy waterfall shower, leaving the skin refreshed and deeply hydrated.

**INCLUDES** Full body exfoliation, Vichy shower, application of moisturizer

## SEA SALT SCRUB

60 MINUTES

Naturalized salt and essential oils are combined and then applied to fully cleanse and reveal a soft, smooth sheen. The soothing water of the Vichy shower leaves the body feeling silky smooth. A veil of moisturizing lotion hydrates and leaves the skin with a vibrant and healthy glow.

**INCLUDES** Full body exfoliation, Vichy shower, application of moisturizer



# FACIAL

## ULTIMATE RADIANCE & RENEWAL FACIAL

90 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event

**INCLUDES** Brush cleanse, steam, extractions, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

## AGE-DEFYING FACIAL

90 MINUTES OR 60 MINUTES

Instantly combat the most visible signs of skin aging - smoothing fine lines and reviving youthful radiance to your complexion.

**INCLUDES** Brush cleanse, skin analysis, steam, extractions, exfoliation, specialized toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

## CUSTOM FACIAL

90 MINUTES OR 60 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

**INCLUDES** Brush cleanse, skin analysis, steam, extractions, exfoliation, massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

## COLLAGEN INFUSION FACIAL

90 MINUTES OR 60 MINUTES

Embrace your skin with a rich veil of collagen and precious minerals producing a velvety texture and radiant glow.

**INCLUDES** Brush cleanse, steam, extractions, exfoliation, facial, hand and foot massage, collagen mask

PERFORMED WITH SKINCEUTICALS PRODUCTS

## OCEAN INSPIRATION FACIAL

90 MINUTES OR 60 MINUTES

A natural fortifying treatment that blends sea minerals to stimulate, firm and nourish the skin. This facial is infused with antioxidants and vitamins which improves skin vitality and shields against free radical damage.

**INCLUDES** Brush cleanse, steam, extractions, facial, hand and foot massage, mask

PERFORMED WITH SKINCEUTICALS PRODUCTS



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# MEN

## THE MEN'S PEDICURE OR MANICURE

**PEDICURE 45 MINUTES OR  
MANICURE 25 MINUTES**

Essential maintenance for hands or feet, keep nails well-groomed with this conditioning treatment.

**INCLUDES** Soak, nail file and shape, exfoliation, cuticle work, application of body cream, buff

## THE MEN'S MASSAGE

**90 MINUTES**

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

## MUSCLE RECOVERY MASSAGE

**90 MINUTES OR 60 MINUTES**

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

## POWER HOUR

**60 MINUTES**

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens the senses, leaving you ready for anything.

**INCLUDES** Full body exfoliation, back massage, oil application

## STRESS RELIEF MASSAGE

**90 MINUTES OR 60 MINUTES**

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

## RELAXATION MASSAGE

**90 MINUTES OR 60 MINUTES**

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

## THE MEN'S FACIAL

**90 MINUTES OR 60 MINUTES**

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

**INCLUDES** Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**





# BEAUTY

## HAIR SERVICES

Full salon services are available. Our talented team of stylists will complement your look for any special occasion, ensuring you are picture perfect.

## MAKE-UP

Professional make-up artists use the latest techniques and trends for a complete makeover that brings out your best.

## ULTIMATE BEACHCOMBER PEDICURE

75 MINUTES

An intensive treatment using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.

**INCLUDES** Soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, eco-fin wax, polish or buff

## ULTIMATE CITRUS MANICURE

50 MINUTES

This indulgent treatment provides long lasting results with deeply nourishing products to repair, replenish and condition your nails.

**INCLUDES** Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, eco-fin wax, polish or buff

## SHELLAC MANICURE

50 MINUTES

A revolutionary power polish that is applied and set under UV lighting. Your nails are completely dry by the time your manicure is over, and you will have an incredibly durable nail treatment with superior shine.

**INCLUDES** Nail cleanse, cut and file, exfoliation, cuticle work, massage, shellac application

## CLASSIC PEDICURE

45 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

**INCLUDES** Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

## CLASSIC MANICURE

25 MINUTES

Essential maintenance for hands.

**INCLUDES** Soak, cut and file, cuticle work, application of hand cream, polish or buff

## TWEEN PEDICURE OR MANICURE

**PEDICURE 35 MINUTES OR MANICURE 25 MINUTES**

The Tween Manicure or Pedicure is specially designed for our guests 12 and under.

**INCLUDES** Soak, nail file and shape, application of polish







Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All enhancements must be booked and received with a treatment.

# ENHANCEMENTS

## FACIAL ENHANCEMENTS

### MICRO-CURRENT

Improve muscle tone with the addition of this gentle electrical micro current to any facial.

### LIFESTAGE ANTI-AGING BOOSTERS

Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

### COLLAGEN INFUSION MASK

Your choice of 24K Nanogold Repair, ideal for sensitive or sun damaged skin to firm, calm and hydrate or Diamond Radiance, ideal for dull, tired or pigmented skin to help brighten, hydrate and reduce the appearance of dark circles, sun spots and pigmentation.

## BODY ENHANCEMENTS

### BEACH STONE MELTER

Smooth beach stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

### SMOOTH & FIRM BODY BUTTER

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

### DRY BRUSHING

Enjoy a refreshing body exfoliation prior to any massage to instantly soften, smooth and revitalize your skin.

### BACK REVIVER

Reveal smoother skin during any massage with this exfoliating and refreshing treatment that will leave the back smooth, soft and hydrated.

### ARNICA

An anti-inflammatory agent to ease muscle congestion, reduce joint and muscle inflammation, and improve blood flow. Ideal enhancement for tired muscles.

## FACE OR BODY ENHANCEMENTS

### MOROCCANOIL SCALP TREATMENT

Using the strengthening properties of MoroccanOil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

### HAND OR FOOT REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.



# GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with the Spa guidelines.

## **AT TIME OF RESERVATION**

Guests of The Ritz-Carlton Spa, Laguna Niguel must be 18 years or older to enjoy our spa services and facilities. Salon services are available for children under the age of 18. Please inquire with the Spa or Salon for more information.

## **ARRIVAL TIME**

Please arrive at least 30 minutes prior to your scheduled treatment. This will allow time to enjoy the lounges, saunas and steam rooms. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment.

## **PERSONAL BELONGINGS/VALUABLES**

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

## **USE OF ELECTRONIC DEVICES**

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

## **TREATMENT RECOMMENDATIONS**

Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

## **METHOD OF PAYMENT**

We accept all major credit cards. You may also charge services to your resort bill.

## **SERVICE CHARGE**

For your convenience, a 20% service charge (inclusive of spa staff distributions) will be added to each spa service and may be adjusted at your discretion. Prices and services are subject to change.

## **CANCELLATION POLICY**

If you must reschedule or cancel your appointment, please notify the spa at least twelve (12) hours in advance of your appointment to avoid being charged the full service fee. Cancellations of packages or private parties require one week's notice.

## **HOURS OF OPERATION**

Spa Treatments: 9:00 a.m. - 5:00 p.m., daily

Spa Facilities: 9:00 a.m. - 5:00 p.m., daily

Guests may enter The Fitness Center with their room key 24 hours a day.

Spa hours are subject to change at any time without notice.

To reserve your spa appointment online, visit us at [ritzcarlton.com/lagunaniguel](http://ritzcarlton.com/lagunaniguel) or contact 949.240.2000



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