



THE RITZ-CARLTON SPA[®], LAGUNA NIGUEL

TOUCH THERAPY

Beach Stone Therapy – In this ultimate relaxation experience, smooth beach stones are carefully heated and placed at strategic points on the body. The therapist artfully incorporates the stones into a relaxing massage, relieving tension to calm both body and mind. As heat radiates from the stones, deep relief is delivered to tired and overworked muscles.

60 minutes \$245

90 minutes \$320

The Ritz-Carlton Signature Massage – Whether the body calls for deep pressure and specific manipulation techniques of a therapeutic massage, or the firm, yet relaxing, long strokes of a Swedish massage, stress and tension will melt away. The treatment eases chronic pain and muscle fatigue to bring about a delightful sense of comfort.

30 minutes \$130

60 minutes \$210

90 minutes \$280

Hot Towel and Herbal Infusion – The beneficial effects of deep breathing, enhanced by clouds of eucalyptus essence, begin this rejuvenation treatment. A calming massage incorporates steaming hot towels steeped in aromatic extracts. Tension bound deep within muscles slowly unravels and disappears under the powerful effects of this exceptional therapy.

60 minutes \$245

90 minutes \$320

Motherhood Massage – Motherhood massage focuses on the specific needs of woman as her body undergoes the many changes that occur during pregnancy. This treatment relieves stress and improves circulation and flexibility.

30 minutes \$145

60 minutes \$245

90 minutes \$320

Spa Reflexology – Wellness secrets from ancient times are brought to life in a technique designed to balance, restore and soothe. Special attention

is given to reflex points that correlate to specific organs and integral body systems. When the points are compressed, circulation is enhanced to elicit sensations of deep relaxation.

30 minutes (feet only) \$145

60 minutes (feet, hands and ears) \$245

Beachcomber – This is a restorative treatment that combines a salt scrub and reflexology massage for the feet. This treatment starts with a stimulating salt scrub which exfoliates your skin and helps to improve circulation. Hot towels prepare your feet for a relaxing, yet revitalizing, massage, incorporating reflexology points. Lastly, a peppermint foot balm helps moisturize and soften the skin, leaving your feet invigorated.

45 minutes \$180

Laguna Four Hands Massage – This detailed, therapeutic, deep tissue massage is performed by two massage therapists each working on different parts of the body at the same time using deep pressure, hot compressed towels and specific manipulation techniques of a therapeutic massage. Relieving stress and tension, the treatment eases chronic pain and muscle fatigue to bring about a delightful sense of comfort. Great for athletes and those who feel an hour massage is never enough.

60 minutes \$470

90 minutes \$640

WATER THERAPY

California Citrus Body Polish – Fresh lemon verbena and gentle buffing grains are creatively blended with stimulating extracts of ruby grapefruit and blood orange to create our most gentle, skin-softening scrub. The body is treated to a soothing Vichy waterfall shower, followed by the application of hydrating cream to preserve the moisturizing benefits.

60 minutes \$245

Espresso Detox Scrub – An invigorating treatment inspired by an age-old practice from

the Russian Banya. Relaxing each and every muscle, the body is scrubbed with a sumptuous Espresso Mud Body Scrub. Under the waters of a Vichy shower rinse, purifying herbs come alive to release stress and wash away tension. A complimenting drench application of lotion completes the refreshing experience.

60 minutes \$245

Sea Salt Scrub – Naturalized salt and essential oils are combined and then applied to fully cleanse and reveal a soft, smooth sheen. The soothing water of the Vichy waterfall shower leaves the body feeling silky smooth. A veil of moisturizing lotion hydrates and leaves the skin with a vibrant and healthy glow.

60 minutes \$245

Please Note: All Water Therapy treatments include the use of the Vichy Waterfall shower. Due to the nature of the treatments, your hair may become wet, even with the use of a shower cap. The Water Treatments can be offered in a dry room, upon request, for our guests who wish for a more water-controlled treatment.

THE COUPLE'S MASSAGE

A wonderful experience to share with a loved one or friend in one of our couple's massage rooms. The following massages may be booked:

The Ritz-Carlton Signature Massage – 60 minutes, \$440; 90 minutes, \$580

Spa Reflexology – 30 minutes (feet only), \$310; 60 minutes (feet, hands and ears), \$510

Beach Stone Therapy – 60 minutes, \$510; 90 minutes, \$660

IN-ROOM MASSAGE

The listed massages may be enjoyed in the seclusion of a Ritz-Carlton guest room. The guest's massage will be performed by a same-gender therapist. Couple's massages are only available in a suite.

The Ritz-Carlton Signature Massage – 60 minutes, \$255; 90 minutes, \$325

Laguna Four Hands Massage – 60 minutes, \$520; 90 minutes, \$690

Spa Reflexology – 60 minutes, \$290

The Couple's Massage – Enjoy The Ritz-Carlton Signature Massage with either therapeutic or Swedish massage techniques. 60 minutes, \$510; 90 minutes, \$650

MASSAGE ENHANCEMENTS

Arnica – \$35

Stone Enhancement – \$35

Hot Oil Scalp Treatment – \$35

Stimulating Aromatherapy – \$35 each

- Citrus – Detoxifying
- Lavender – Calming, excellent for skin
- Eucalyptus – Energizing, helps clear sinuses and lungs
- Peace – Intoxicating blend of calming oils including lavender, ylang ylang, bergamot, patchouli.
- Seasonal Blend – Varies

Foot Scrub – \$35

Body Brushing – \$35

SKIN THERAPY

The Ritz-Carlton Signature Facial – A purifying treatment based on traditional European deep-cleansing techniques and designed for all skin types. The finest skin care products are skillfully selected by the esthetician for optimal results after skin analysis and guest's desired outcome are confirmed. Skin conditioning begins by thoroughly cleansing with steam and a Clarisonic Brush. Proper exfoliation, extractions (60 and 90 minutes only) and expert facial massage are conducted. Finally, the face is embraced in a customized masque to harmonize with the guest's individual skin type. A hand and foot massage is included (60 and 90 minutes only). All Skin Types: dry, oily, dehydrated, sensitive, acne prone, ageing, rosecea and hyperpigmentation. **Please Note:** No extractions or foot massage in 30-minute treatment. 90-minute treatment has longer massage portions.

30 minutes (without extractions) \$130

60 minutes \$210

90 minutes \$280

Revitalizing Marine Facial – A natural fortifying treatment that blends seaweed and sea minerals to stimulate, firm and nourish the skin. While detoxifying and decongesting, this mask is packed with antioxidants and vitamins which improves skin vitality and protects against free radical damage. This facial also helps soothe irritation and improves the skin's moisture level.

30 minutes (face only) \$130

60 minutes, face with finishing mask
(hydrating or Vitamin C) \$210

90 minutes \$280

Hydration Facial – Dry, tired skin becomes beautiful and immediately radiant when hydrated. This facial provides a delightful remedy for severe moisture deficiencies caused by stress, environmental factors and travel. This facial includes thorough cleansing with steam and a Clarisonic Brush. Proper exfoliation, extractions (60 and 90 minutes only) and expert facial massage are conducted.

60 minutes \$210

90 minutes \$280

Collagen Infusion Facial – After a complete Signature Facial is performed, the face is embraced in a collagen rich veil to infuse precious collagen deep into the epidermis, producing immediate and remarkable results. Skin cells will be plump and revitalized, superficial lines erased and skin texture made velvety smooth. Highly recommended for restoring hydration to sunburned skin. A must for any special occasion.

60 minutes \$245

90 minutes \$300

Gentleman's Hot Towel Facial – Specifically designed for the gentleman's complexion, this facial features steamed towels drenched with

eucalyptus and relaxing massage movements. Application of appropriate products suited for each individual disperses needed nutrients to restore and balance all skin types. Steam, extractions (60 and 90 minutes only), and a finishing mask followed by a moisturizing serum, leave skin hydrated and refreshed. Invigorated and recharged, the face regains vitality and balance. Hand and foot massage included in 60- and 90-minute treatments. **Please Note:** Shaving right before treatment is not recommended. It is best to shave a few hours before scheduled treatment time.

30 minutes (without extractions) \$130

60 minutes \$210

90 minutes \$280

Signature Back Facial – This experience rejuvenates and revitalizes an area rarely pampered. The back is treated to a deep cleanse with the Clarisonic Body Brush and followed with gentle exfoliation. Extractions are performed followed by a thorough massage. A purifying mask is applied and the back is enveloped with warm towels to assist with product absorption. Finally, a moisturizing lotion softens and hydrates the skin.

30 minutes \$130

60 minutes \$210

SKINCARE ENHANCEMENTS

Please note: No extra time is needed for enhancements

Eye and Lip Rejuvenation – \$35

Hot Oil Scalp Treatment – \$35

Ecofin Hands or Feet – \$35 each

Lifting and Toning – \$35

Clarisonic Brush – No additional fee.

Jade Stick – No additional fee.

Signature Upgrade – \$35

Collagen Enhancement of face, neck and/or décolleté – \$35 each

Eyebrow, Lip or Chin Wax (clean up) – \$35

If you must cancel or reschedule your spa appointment, please notify us more than twelve hours in advance of your appointment time to avoid a 50 percent service fee. Prices and services are subject to change.

THE RITZ-CARLTON SPA®, LAGUNA NIGUEL

SALON SERVICES

HAND AND FOOT THERAPY

The Ritz-Carlton Manicure – This deluxe “facial for the hands” is the ultimate renewal treatment. An intense two-step citric acid exfoliation will rejuvenate, deeply hydrate and help restore skin to a more youthful appearance. An essential oil-infused massage and nail polish complete the experience.

50 minutes \$85

Simply Classic Manicure – A soothing hand and arm massage is a relaxation highlight of this traditional beautifying treatment. Hands are moisturized, cuticles are perfected and nails are clipped, shaped and buffed. An application of polish completes the session.

25 minutes \$50

The Ritz Tween Manicure – A specially designed classic manicure for our guests 12 and under.

25 minutes \$35

The Ritz-Carlton Pedicure – The ultimate in pedicures: a luxurious, marine-inspired “facial for the feet.” A four-step exfoliation process features ingredients of beach sand, quartz crystals, mineral salt and alpha-hydroxy acid and the Clarisonic Pedicure System to remove traces of dead skin. Feet are then enveloped in a rejuvenating marine algae masque. Afterwards, cucumber

therapy restores softness and suppleness to dry, cracked heels. A pampering foot and calf massage, followed by a careful application of polish, provide the finishing touches.

75 minutes \$100

Simply Classic Pedicure – The traditional choice for lavishing care on the feet and toes. Following a relaxed soak, feet are gently stroked to massage away fatigue. A softening exfoliation removes dead skin to reveal fresh suppleness. Cuticles are perfected and nails are clipped, reshaped, buffed and polished.

45 minutes \$70

The Ritz Tween Pedicure – A specially designed classic pedicure for our guests 12 and under.

35 minutes \$45

Ice Cream Pedicure – This decadent pedicure starts with luxurious soaking in a foot bath flavored with a scoop of bath ice cream to soften and nourish. Next, an exfoliating scrub coaxes away tired dry skin from the feet and legs. The warmth of a soothing paraffin application is enjoyed, followed by a delicious drench of whipped cream peppermint lotion massaged into the feet and legs. A meticulous application of nail polish completes this luxurious experience.

60 minutes \$90

Gentleman's Hand or Foot Grooming – Designed to enhance the appearance and feel of a gentleman's hands or feet. Treatment includes nail clipping, shaping and buffing.

Hands, 25 minutes \$50

Feet, 45 minutes \$70

Polish Change – No massage.

15 minutes \$35.

HAND AND FOOT ENHANCEMENTS

Paraffin Treatment – Ultra-soft skin emerges when hands or feet are enveloped in a warm bath of paraffin wax. This exceptionally relaxing and restorative treatment may be added to any manicure or pedicure.

\$35 each

SALON SERVICES

Blow Dry and Style..... \$80 & up
Up-do/Special Occasion..... \$125 & up
Women's Haircut..... \$140 & up
Men's Haircut..... \$75 & up
Men's Beard Trim..... \$50 & up
Color..... \$125 & up
Full Highlights..... \$230 & up
Partial Highlights..... \$180 & up
Straightening Treatment..... \$420 & up
Deep Conditioning Hair Treatment.... \$80 & up
Make-Up Application..... \$95 & up
Airbrush Make-Up Application.... \$125 & up

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