



**THE RITZ-CARLTON**  
BACHELOR GULCH

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*Let us make the world  
revolve around you.*

# ESCAPE

Escape to our award winning spa situated on the edge of the wild, where the pure mountain air and natural surroundings inspire renewal. Our 21,000-square-foot spa features 19 treatment rooms, a luxurious manicure/pedicure salon, individual men's and women's rock-lined grottos featuring steam, sauna, and a hot and cold plunge area that promise to create a truly unparalleled spa experience.



# EXPERIENCE

From the sun kissed peaks, to the roaring rapids of our rivers, we have cultivated the natural elements of our surrounding majesty to offer you an experience that captures the peaceful elegance of the Rocky Mountains. Using holistic methods to inspire treatments that harness the benefits of wild plants, herbs, and minerals our collection of services will surely immerse you into our mountain culture.

## MINER'S MINERAL MUD WRAP

100 MINUTES

Our mineral inspired experience uses indigenous ore that is hand mixed during the treatment, to take you on a rejuvenating journey. Foraged from the depths of Colorado's mines, activated charcoal mud is renowned for its powerful detoxifying properties. When coupled with amethyst oil, rose quartz salt, and shea butter, you will leave with a calm mind and uplifted body.

**INCLUDES** Full body exfoliation, body wrap, scalp treatment, hydrotherapy bath, full body massage

## APRÈS RECOVERY

90 MINUTES

After a day on the mountain, return tight, aching muscles to peak condition with this focused, tension-relieving treatment. Combining warming herbal poultice with muscle relieving rosemary to soothe tired, stiff muscles.

**INCLUDES** Exfoliation and herbal poultice massage to back, legs and feet

## BLACK DIAMOND FACIAL

90 MINUTES

Elite mountaineers know that Black Diamond trails offer the most advanced and rewarding experience. Allow us to elevate your skin to the peak of beauty using a diamond infused age-defying serum, cream, thermal mask, and vitamin-c booster. This union of sophisticated ingredients with anti-aging properties nourishes the deepest layers of the skin and revitalizes a youthful appearance.

**INCLUDES** Cleanser, exfoliation, diamond infused mask, extractions, neck and shoulder massage



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# MASSAGE

## CLOSE-TO-YOU MASSAGE

90 MINUTES OR 60 MINUTES

Enjoy the experience of shared relaxation and well-being in our couple's treatment room. Your chosen massage is enjoyed side-by-side in an intimate setting for two.

**CHOOSE FROM:** Relaxation, Deep Muscle, Stress Relief or Naturally Nurtured Massages

## COPPER TUB SOAK FOR TWO

20 MINUTES

Enhance any close-to-you massage with a luxurious bathing experience in a private copper tub.

## DEEP MUSCLE MASSAGE

90 MINUTES OR 60 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

## STRESS RELIEF MASSAGE

90 MINUTES OR 60 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

## RELAXATION MASSAGE

90 MINUTES OR 60 MINUTES

Unwind and de-stress with this aromatic treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

## BAMBOO AND/OR RIVER STONE MASSAGE

90 MINUTES

A therapeutic and rejuvenating massage using either warm bamboo, river stones or a combination of both with a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

## NATURALLY NURTURED MASSAGE

90 MINUTES OR 60 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

## SPECIALTY MASSAGE

90 MINUTES OR 60 MINUTES

Therapists at The Ritz-Carlton Spa, Bachelor Gulch are certified in a variety of specialty massage techniques. Please inquire with our spa reservationist for details on these advanced treatments including Ashiatsu, Shiatsu, Lymphatic Drainage, Cranio-sacral, Reflexology and Thai massages.



# BODY

## NOURISHED GLOW

60 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

**INCLUDES** Full body exfoliation, Vichy Shower, back massage, oil or lotion application

## BODY BALANCER

60 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and reviving back, neck and scalp treatment.

**INCLUDES** Back exfoliation, back massage, application of facial oil, scalp massage

## ALPENGLOW

90 MINUTES

Just as the rosy light of the setting sun is seen on the Rocky Mountains, this treatment is designed to restore your natural glow. While wrapped in the warmth of honey, avocado, and a shea butter scrub, skin is nourished and impurities are erased. This intensely hydrating treatment is vital for the mountain climate.

**INCLUDES** Scrub, wrap, massage

## LIGHTER LEGS

45 MINUTES

Ease tired, aching feet and legs with this enlivening treatment. Suitable for all, this treatment can help reduce puffiness and soothe aches and pains.

**INCLUDES** Exfoliation, massage and application of cooling moisturizer to the feet and legs





# FACIAL

## CUSTOM FACIAL

90 MINUTES OR 60 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

**INCLUDES** Brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**

## AGE DEFYING FACIAL

90 MINUTES OR 60 MINUTES

Instantly combat the most visible signs of skin aging, smoothing fine lines and reviving youthful radiance to your complexion.

**INCLUDES** Brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**

## ULTIMATE RADIANCE & RENEWAL FACIAL

90 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. A must-have treatment for immediate results prior to a special event.

**INCLUDES** Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**

## OXYGEN HYDRATION FACIAL

90 MINUTES OR 60 MINUTES

This revolutionary skincare treatment delivers moisture, vitamins and antioxidants via cooling and calming topical hyperbaric oxygen, resulting in luminous hydration and visible age defying results.

**INCLUDES** Brush cleanse, enzyme exfoliation, delivery of oxygen serum, hydration gel

**PERFORMED WITH INTRACEUTICALS PRODUCTS**

## PLATINUM FACIAL

90 MINUTES

The ultimate facial experience, this indigenous treatment includes an anti-aging hand peel and an Avurvedic Shirodhara scalp treatment. Reveal your ageless radiance and leave your skin with a renewed appearance.

**INCLUDES** Brush cleanse, exfoliation, hand mask, foot massage, facial massage, extractions, mask, scalp, shoulder and neck massage, scalp treatment

**PERFORMED WITH ISUN PRODUCTS**



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# MEN

## THE PEDICURE

45 MINUTES

Maintain amazing results and keep nails looking and feeling their best with this conditioning treatment.

**INCLUDES** Soak, nail file and shape, exfoliation, cuticle work, application of body cream, buff

## THE MANICURE

25 MINUTES

Essential maintenance for hands.

**INCLUDES** Soak, cut and file, cuticle work, application of hand cream, buff

## THE MEN'S MASSAGE

90 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

## STRESS RELIEF MASSAGE

90 MINUTES OR 60 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

## MUSCLE RECOVERY MASSAGE

90 MINUTES OR 60 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

## RELAXATION MASSAGE

90 MINUTES OR 60 MINUTES

Unwind and de-stress with this aromatic treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

## POWER HOUR

60 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens the senses, leaving you ready for anything.

**INCLUDES** Full body salt & oil exfoliation, back massage, oil application

## THE MEN'S FACIAL

60 MINUTES

Deeply cleanses, hydrates and smoothes skin, leaving your complexion instantly energized.

**INCLUDES** Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**



# BEAUTY

## ULTIMATE PEDICURE

60 MINUTES

An intensive treatment using products to repair, replenish and condition your nails depending on your individual needs.

**INCLUDES** Soak, nail file and shape, exfoliation, cuticle work, hot stone massage, personalized mask, polish or buff

## PEDICURE

45 MINUTES

Essential maintenance for feet.

**INCLUDES** Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

## ULTIMATE MANICURE

45 MINUTES

This indulgent treatment provides long lasting results deeply nourishing products to repair, replenish and condition your nails.

**INCLUDES** Soak, cut and file, exfoliation, cuticle work, hot stone massage, personalized mask, polish or buff

## MANICURE

35 MINUTES

Essential maintenance for hands.

**INCLUDES** Soak, cut and file, cuticle work, application of hand cream, polish or buff

## GEL POLISH

15 MINUTES

A revolutionary power polish is applied and set under UV lightning. Your nails are completely dry by the time your manicure is over, and you will have an incredibly durable, chip-free manicure with superior shine.

**INCLUDES** Application with any nail service

## GEL REMOVAL

30 MINUTES

Remove existing gel polish prior to any manicure or pedicure.





Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.

# ENHANCEMENTS

## **MICRO-CURRENT**

Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

## **LIFESTAGE ANTI-AGING BOOSTERS**

Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

## **EYE & LIP TREATMENT**

Target deep absorption of any facial serum around the eye and lip area with the Opal treatment.

## **FACIAL BOOSTERS**

Select from our extensive range of boosters, peels and masks to complement your facial experience.

## **HOT STONE MELTER**

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

## **HAIR CONDITIONING TREATMENT**

Combining the strengthening and conditioning properties of Red Clay and Apricot Kernel Oil during a deeply relaxing scalp massage to reduce tension and leave you with beautifully healthy hair.

## **SMOOTH & FIRM BODY BUTTER**

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

## **HAND, FOOT OR BACK REVIVER**

Reveal smoother skin with this exfoliating and nourishing treatment that will leave your choice of hands, feet or back smooth, soft and bright.



# GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with the Spa Guidelines.

## AT TIME OF RESERVATION

Please inform the Reservation

Agent of the following:

- + Allergies or medical conditions including pregnancy
- + If you have a gender preference for your Service Provider
- + If you have a request for a specific Service Provider
- + If you are celebrating any special occasions

You must provide a valid credit card number with expiration date at time of booking.

Spa facilities are complimentary to resort guests and a day pass for Spa facilities are available for non-guests to purchase. This fee is waived with the purchase of a Spa treatment.

## ARRIVAL TIME

We recommend that you arrive at least 30 minutes prior to your scheduled treatment. This will allow time for you to enjoy the lounges, saunas, steam rooms, whirlpools, cold plunges and co-ed indoor grotto. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your treatment will end on time, so the next guest is not delayed, and the full value of your treatment will be charged.

## PERSONAL BELONGINGS/VALUABLES

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your guest room safe.

## USE OF CELL PHONES, ELECTRONIC DEVICES, CAMERAS

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

## AGE REQUIREMENTS

You must be 18 years of age or older to enjoy the spa relaxation and locker areas. Massages, facials, and body treatments cannot be performed on anyone under the age of 18 years old. Nail treatments are available for children 5 years of age or older. This includes nail services. Parent must be present for the entire service and a locker will not be provided.

## TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please share with your therapist immediately.

## FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access to the spa.

## METHOD OF PAYMENT

We accept all major credit cards. You may also charge services to your resort bill.

## SERVICE CHARGE

For your convenience, a 20% service charge will be added to each spa service. This includes gratuities disbursed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

## CANCELLATION POLICY

If you must cancel your appointment, please notify the spa at least twenty-four hours in advance of your appointment to avoid being charged the full service fee.

## CHANGE OF APPOINTMENT

Any appointments rescheduled within the twenty-four (24) hour window will incur a fee of \$35.

## HOURS OF OPERATION

Spa Treatments and Facilities: Our hours of operation change seasonally. Please contact the spa or visit our website for the most current information.

Fitness Center: Open 24 hours to resort guests and fitness center members.

To reserve your spa appointment online, visit us at [ritzcarlton.com/bachelorgulch](http://ritzcarlton.com/bachelorgulch) or contact 970.343.1138



**THE RITZ-CARLTON SPA**

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