Surrounded by the beauty of the Colorado Rocky Mountains, The Ritz-Carlton Spa, Denver offers an urban oasis in the heart of downtown Denver. Located 5,280 feet above sea level, our spa services provide deep relaxation and advanced skin hydration from head to toe. Our Spa facilities include steam room, whirlpool and private lounge areas to help you escape the hustle and bustle of the city.

Let us make the world revolve around you.
Surrounded by the beauty of the Colorado Rocky Mountains, indulge in our locally crafted treatments. These deeply hydrating spa services will provide a full body journey using locally sourced ingredients. These indigenous treatments are created by our own Ladies and Gentlemen at The Ritz-Carlton Spa, Denver.

**MICROBREW EX"BEER"IENCE**
**75 MINUTES**
This full body experience incorporates two local favorites from a nearby brewery. A full body exfoliation using hops and malt sugar gently exfoliate while a luxurious cascade of water from the Vichy shower soothes tired muscles. Harnessing the benefits of craft beer, your skin is left smooth, tightened and deeply hydrated. Enjoy a local brew after your service.

**INCLUSIONS:** Exfoliation, wrap, scalp massage, Vichy shower, application of moisturizer

**HERBAL PEAKS POUltICE**
**80 MINUTES**
Inspired by the High Colorado Mountain peaks, this warming experience utilizes steamed herbal compresses designed to reduce stress, energize and detoxify the body. A combination of Thai and aromatherapy massage techniques help to increase circulation, elongate muscles and release tension delivering you into a deep state of relaxation.

**INCLUSIONS:** Massage, heated poultice

**THE ULTIMATE 5280**
**75 MINUTES**
At 5,280 feet above sea level, one can experience loss of hydration, This ultimate body wrap helps to increase circulation and provide deep hydration to the skin. While cocooned in a Mylar, your skin can enjoy the benefits of locally sourced skin care to boost skin clarity, providing a radiant glow. Your journey is completed with an application of sumptuous body butter for ultimate hydration.

**INCLUSIONS:** Dry brush, body wrap, facial mask, hydrating body cream
MASSEAGE

COUPLES MASSAGE
80 MINUTES OR 50 MINUTES
Enjoy the experience of shared relaxation and well-being in our Couples room with a customized massage performed side-by-side with your special someone.

DEEP MUSCLE MASSAGE
80 MINUTES OR 50 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

STRESS RELIEF MASSAGE
80 MINUTES OR 50 MINUTES
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE
80 MINUTES OR 50 MINUTES
Unwind and de-stress with this aromatic lavish treatment. The soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

COLORADO RIVER STONE MASSAGE
80 MINUTES OR 50 MINUTES
A therapeutic and rejuvenating massage using warm river stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

NATURALLY NURTURED MASSAGE
80 MINUTES OR 50 MINUTES
Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

SOLE REVIVER
50 MINUTES
Foot massage is an essential element of Chinese tradition and therapy. Concentrating on the reflex zones of the feet, this blissful treatment alleviates aches while relaxing and restoring the body and mind.

INCLUDES Foot and leg exfoliation, reflex stone foot massage

choose from
Relaxation, Stress Relief, Deep Muscle or Naturally Nurtured Massage
BODY

NOURISHED GLOW
50 MINUTES
Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES: Full body exfoliation, back massage, oil application.

ACTIVITY RECOVERY
50 MINUTES
Return tight, aching muscles to peak condition with this focused, tension-relieving treatment.

INCLUDES: Exfoliation and massage to back, leg and feet.

BODY BALANCER
50 MINUTES
Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

INCLUDES: Back exfoliation, back massage, application of facial oil, scalp massage.

DETOX BODY WRAP
50 MINUTES
Deeply cleanse, refine and nourish your body with this deeply detoxifying and personalized body treatment. Uses either detoxifying algae or re-mineralizing marine mud.

INCLUDES: Body exfoliation, algae or mud wrap, scalp massage.
CUSTOM FACIAL
80 minutes or 50 minutes
Purify, hydrate and brighten your complexion for this radiant-boosting facial that’s tailored to your individual needs.
Includes: Brush cleanse, skin analysis, facial exfoliation, mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL
80 minutes or 50 minutes
Instantly combat the most visible signs of skin-aging - smoothing fine lines and reviving youthful radiance to your complexion.
Includes: Brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL
80 minutes
Restore skin’s vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.
Includes: Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

ORGANIC FACIAL
80 minutes or 50 minutes
This custom Organic facial will address all of your skin’s needs.
Includes: Brush cleanse, skin analysis, mask, scalp massage, deep hydration
PERFORMED WITH EMINENCE PRODUCTS

Fountain of Youth
80 minutes or 50 minutes
Locally sourced Colorado ingredients re-energize skin to reverse the signs of aging. Includes a deep exfoliation, stimulating facial massage, Nu Face Lift and deep hydration to soften the appearance of fine lines and wrinkles.
Includes: Brush cleanse, skin radiance, peel, facial massage, lifting mask, scalp massage
PERFORMED WITH SANITAS PRODUCTS

BRIGHTENING FACIAL
80 minutes or 50 minutes
Help combat pigmentation within the skin from pregnancy, sun damage or aging. This facial will brighten, soothe and help restore your skin tone back to an even and youthful glow.
Includes: Brush cleanse, skin analysis, peel, massage, brightening mask, scalp massage
PERFORMED WITH EMINENCE PRODUCTS
THE MEN’S MASSAGE
80 MINUTES
The ultimate male escape. Unwind in style with this revitalizing and intensely relaxing treatment that includes a full body massage, heated stones, facial massage, and a soothing scalp massage.

MUSCLE RECOVERY MASSAGE
80 MINUTES OR 50 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

RELAXATION MASSAGE
80 MINUTES OR 50 MINUTES
Unwind and de-stress with this aromatic aromatherapy massage. The soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

STRESS RELIEF MASSAGE
80 MINUTES OR 50 MINUTES
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

POWER HOUR
50 MINUTES
Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens the senses, leaving you ready for anything.

THE MEN’S FACIAL
50 MINUTES
Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

THE MEN’S MANICURE
25 MINUTES
Essential maintenance for hands.

THE MEN’S PEDICURE
50 MINUTES
Maintain amazing results and keep nails in great condition with this conditioning treatment.
HAIR SERVICES
Full salon services are available. Our master stylists are trained to give you that perfect look. Enjoy the latest trends and cuts for ladies and gentlemen.

MAKE-UP
Our trained makeup artists use the latest makeup techniques and trends for a complete makeover that brings out your best.

WAXING SERVICES
A full list of luxury waxing services is available on the price list.

MANICURE
25 MINUTES
Essential maintenance for hands.
Includes cut and file, cuticle work, application of hand cream, polish.

PEDICURE
50 MINUTES
Maintain amazing results and keep nails in good condition with this conditioning treatment.
Includes soak, nail file and shape, exfoliation, cuticle work, application of foot cream, polish or buff.

ULTIMATE MANICURE
50 MINUTES
This indulgent treatment provides long-lasting results deeply nourishing products to repair, replenish and condition your nails.
Includes soak, cut and file, cuticle work, massage, personalized mask, paraffin wax, polish or buff.

ULTIMATE PEDICURE
80 MINUTES
An intensive treatment using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.
Includes soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff.

GEL MANICURE
50 MINUTES
A revolutionary power polish that is set under UV lighting. Your nails are completely dry by the time your manicure is over, and you will have an incredibly durable, chip-free manicure with superior shine for two weeks.
Upgrade any nail service to Shellac Gel Polish, and your polish is guaranteed to last for 14 days with no nicks or chips. French polish requires an additional 10 minutes, and an additional fee applies. If you are currently wearing Shellac Gel Polish for removal, please let us know in advance.

BEAUTY
ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.

FACIAL ENHANCEMENTS

MICRO-CURRENT
Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

LIFESTAGE ANTI-AGING BOOSTERS
Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

HAND-REVIVE
Boost any facial treatment to reveal brighter and smoother hands with this exfoliating and nourishing enhancement.

EYE & LIP TREATMENT
Target deep absorption of any facial serum around the eye and lip areas with the Opal treatment.

CONDITIONING SCALP TREATMENT
Combining the strengthening and conditioning properties of red clay and apricot kernel oil during a deeply relaxing scalp massage to reduce tension and instantly nourish for beautifully healthy hair.

LIFETAGEL ANTI-AGING BOOSTERS
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HAND-REVIVE
Boost any facial treatment to reveal brighter and smoother hands with this exfoliating and nourishing enhancement.

BODY ENHANCEMENTS

HOT STONE WARMER
Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

SMOOTH & FIRM BODY BUTTER
Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

DRY BRUSHING
Enjoy a refreshing body exfoliation prior to any massage to instantly soften, smooth and exfoliate skin.

PARAFFIN TREATMENT
A hydrating exfol, which is a paraffin alternative, provides a beneficial treatment to soothe and moisturize your hands and feet.

BODY ENHANCEMENTS

DRY BRUSHING
Enjoy a refreshing body exfoliation prior to any massage to instantly soften, smooth and exfoliate skin.

PARAFFIN TREATMENT
A hydrating exfol, which is a paraffin alternative, provides a beneficial treatment to soothe and moisturize your hands and feet.

NATURAL DETOXIFYING BOOSTER
Purify your body, boost circulation and firm skin with this highly effective and deeply detoxifying massage enhancement. Using a powerful marine thalassotherapy blend of algae-rich seaweeds combined with a detoxifying body oil to soften, smooth and tone skin.

HAND, FOOT OR BACK REVIVE
Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet soft, smooth and bright.

CONDITIONING SCALP TREATMENT
Using the strengthening properties of Moroccan oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

NATURAL DETOXIFYING BOOSTER
Purify your body, boost circulation and firm skin with this highly effective and deeply detoxifying massage enhancement. Using a powerful marine thalassotherapy blend of algae-rich seaweeds combined with a detoxifying body oil to soften, smooth and tone skin.

HAND, FOOT OR BACK REVIVE
Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet soft, smooth and bright.

CONDITIONING SCALP TREATMENT
Using the strengthening properties of Moroccan oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.
To enjoy your spa experience to its fullest potential, please familiarize yourself with the Spa Guidelines.

**AT TIME OF RESERVATION**
Please inform the Reservation Agent of the following:
+ Allergies or medical conditions including pregnancy
+ If you have a gender preference for your Service Provider
+ If you have a request for a specific Service Provider
+ If you are celebrating any special occasions
You must provide a valid credit card number with expiration date at time of booking.

**ARRIVAL TIME**
Please arrive at least 30 minutes prior to your scheduled treatment. This will allow you time to enjoy the lounges, steam rooms, whirlpools. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your appointment will end on time so the next guest is not delayed and the full value of your treatment will be charged.

**WHILE VISITING THE SPA PERSONAL BELONGINGS/VALUABLES**
We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

**USE OF ELECTRONIC DEVICES**
To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited. Cell phones and electronic devices must be turned off.

**AGE REQUIREMENTS**
You must be 18 years of age or older to enjoy the spa relaxation lounges, locker areas, steam room and whirlpool.
Massages cannot be performed on anyone under the age of 18 years. Salon treatments are available for children 5 years of age or older. This includes hair and nail services only. Facial treatments are available for children and teens 8 years of age and older. Parent must be present for the entire service and a locker will not be provided.

**TREATMENT RECOMMENDATIONS**
Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

**FOOD AND BEVERAGE**
Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access.

**METHOD OF PAYMENT**
We accept all major credit cards. You may also charge services to your hotel bill.

**SERVICE CHARGE**
For your convenience, a 22% service charge will be added to each spa service. This includes gratuities disbursed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

**CANCELLATION POLICY**
If you must reschedule or cancel your appointment, please notify the spa at least 24 hours in advance to avoid being charged the full service fee. Any appointments rescheduled within the 24-hour window will incur a move fee of $50. Cancellations of packages require one week’s notice and private parties require two weeks’ notice.

**HOURS OF OPERATION**
Spa Treatments:
10 a.m. – 7 p.m. Monday through Friday
9 a.m. – 7 p.m. Saturday and 9 a.m. – 6 p.m. Sunday

Spa Facilities:
9:30 a.m. – 8 p.m. Monday through Friday
Saturday 8:30 a.m. – 8 p.m.
Sunday 8:30 a.m. – 6 p.m.

**HOTEL FITNESS CENTER OF OPERATION**
Monday through Friday 5 a.m. – 9 p.m.
Saturday 7 a.m. – 8 p.m.
Sunday 7 a.m. – 6 p.m.