



THE RITZ-CARLTON
COCONUT GROVE, MIAMI

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*Let us make the world
revolve around you.*

ESCAPE

With its charming, villa-like ambience, The Ritz-Carlton Coconut Grove, Miami is a luxurious urban retreat in the heart of one of Miami's most vibrant neighborhoods. The Boutique Spa creates an intimate experience for a quick midday break or an extended rendezvous in its haven of tranquility. This sanctuary of beauty and wellness is renowned for its personalized service.



EXPERIENCE

The Ritz-Carlton Spa, Coconut Grove's treatments enliven the senses by using a unique blend of products indigenous to the local surroundings. Combining the use of organic honey from beehives located in the Florida Keys, tropical mango fruit and nourishing coconut with superior massage techniques to awaken the mind while evoking a state of true bliss.

ORGANIC VICHY SHOWER WRAP

80 MINUTES

A complete body and soul transformation. Exfoliation & masque treatment eliminates harmful toxins and provides essential vitamins and minerals. Once the wrap is removed, the warm showers from our Vichy rain bar will cleanse your skin. This immune boosting service will leave you feeling rejuvenated.

INCLUDES Full body salt scrub, mango detox masque, organic body butter massage, Vichy raindrop therapy

HONEY DREAM

80 MINUTES

A full body treatment that provides deep relaxation through rhythmic massage techniques. By balancing the body's vital energy, it activates the body's reflex zones, boosts the body's immune system, and enhances the body's organ and metabolic activities.

INCLUDES Full body massage with use of a beeswax thermal pad and an organic honey masque treatment; tea served with local honey upon arrival

ORGANIC HONEY COCO MANGO BODY TREATMENT

50 MINUTES

Experience rejuvenation as a blend of salt scrub with intoxicating sweet smells of honey and coco gently exfoliate, detoxify and nourish. Your skin will be noticeably soft to the touch and glowing.

INCLUDES Full body exfoliation with organic honey and natural coconut oil salt scrub



THE RITZ-CARLTON SPA

COCONUT GROVE

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MASSAGE

COUPLES MASSAGE

80 MINUTES OR 50 MINUTES

A personalized body massage customized to the needs of each guest to release stress and tension is performed side by side in our couple's room. Choose from: Relaxation, Stress Relief, Deep Muscle, Naturally Nurtured or Hot Stone Massage.

DEEP MUSCLE MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

AROMA CANDLE MASSAGE

80 MINUTES OR 50 MINUTES

When lit, the aroma massage candle melts into a warm sumptuous massage oil. This fragrant oil made of natural body butter is then gently massaged into the body releasing its powerful healing properties and melting away tension while delicately nourishing the skin.

HOT STONE MASSAGE

80 MINUTES OR 50 MINUTES

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

NATURALLY NURTURED MASSAGE

80 MINUTES OR 50 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.





BODY

PERSONALIZED WRAP

50 MINUTES

Deeply cleanse, refine and nourish your body with this beautifully enhancing, bespoke body treatment. Using either detoxifying algae or nourishing and remineralizing marine mud.

INCLUDES Body exfoliation, algae or mud envelopment, scalp massage

NOURISHED GLOW

50 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation, finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body exfoliation with salt and oil, back massage, oil application

BODY BALANCER

50 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

INCLUDES Back exfoliation, back massage, application of facial oil, scalp massage

SOLE REVIVER

50 MINUTES

Foot massage is an essential element of Chinese tradition and therapy. Concentrating on the reflex zones of the feet, this blissful treatment alleviates aches while relaxing and restoring the body and mind.

INCLUDES Foot and leg exfoliation, reflex zone foot massage





FACIAL

ULTIMATE RADIANCE & RENEWAL FACIAL

80 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.

INCLUDES Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ORGANIC FACIAL

80 MINUTES OR 50 MINUTES

Restore vitality and health to the skin with gentle exfoliation and resurfacing creams infused with organic tropical extracts to enrich sun-exposed skin.

INCLUDES Brush cleanse, skin analysis, facial exfoliation, massage, mask, hydration

PERFORMED WITH EMINENCE PRODUCTS

AGE-DEFYING FACIAL

80 MINUTES OR 50 MINUTES

Instantly combat the most visible signs of skin aging – smoothing fine lines and reviving youthful radiance to your complexion.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

HYDRATING BACK TREATMENT

50 MINUTES

Restore vitality with this deeply cleansing facial for your back. A renewing and deeply effective bespoke treatment to help relax the muscles and smooth skin.

INCLUDES Brush cleanse, back exfoliation, back massage, personalized mask, hydration

PERFORMED WITH EMINENCE PRODUCTS

CUSTOM FACIAL

80 MINUTES OR 50 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS



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MEN

THE MEN'S FACIAL

80 MINUTES OR 50 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

THE MEN'S MASSAGE

80 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

MUSCLE RECOVERY MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

POWER HOUR

50 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens the senses, leaving you ready for anything.

INCLUDES Full body salt & oil exfoliation, back massage

RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

THE PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliate, cuticle work, application of body cream, buff



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BEAUTY

ULTIMATE PEDICURE

80 MINUTES

An intensive treatment using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

PEDICURE

50 MINUTES

Maintain amazing results and keep feet in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, application of moisturizer, polish or buff

ULTIMATE MANICURE

50 MINUTES

This indulgent treatment provides long lasting results with the use of deeply nourishing products to repair, replenish and condition your nails.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

MANICURE

30 MINUTES

Essential maintenance for hands.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, polish or buff

SHELLAC PEDICURE OR MANICURE

50 MINUTES OR 40 MINUTES

A revolutionary shellac lacquer that is applied and set under UV lighting. Your nails will be completely dry by the time your manicure is over, and you will have an incredibly durable, chip-free manicure with superior shine for two weeks.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, shellac application

WAXING SERVICES

A full list of luxury waxing services is available on the price list.





ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.

LIFESTAGE ANTI-AGING BOOSTERS
Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all of the most visible signs of aging.

HAND, FOOT OR BACK REVIVER
Reveal smoother skin with this exfoliating and nourishing treatment that will leave your hands, feet or back smooth, soft and bright.

HOT STONE MELTER
Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress.

MOROCCAN OIL SCALP TREATMENT
Using the strengthening properties of Moroccan Oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

SMOOTH & FIRM BODY BUTTER
Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration that refines skin texture, softens and restores suppleness.



GUIDELINES

HOW TO SPA

To enjoy your spa experience to the fullest potential, please familiarize yourself with the Spa Guidelines.

AT TIME OF RESERVATION

Please inform the Reservation

Agent of the following:

- + Allergies or medical conditions, including pregnancy
- + If you have a gender preference for your Service Provider
- + If you have a request for a specific Service Provider
- + If you are celebrating any special occasions

You must provide a valid credit card number with expiration date at time of booking.

Spa facilities are complementary to resort guests and \$35 per day for Spa guests who are not registered at the resort. This fee is waived with the purchase of a spa treatment. Based on availability.

ARRIVAL TIME

Please arrive at least 15 minutes prior to your scheduled treatment. This will allow time to enjoy the lounges, saunas, steam rooms, and outdoor pool. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your treatment will end on schedule, so the next guest is not delayed. The full value of your treatment will be charged.

PERSONAL BELONGINGS/VALUABLES

If you are a guest of the hotel, please leave your valuable items inside your guest room safe. The Ritz-Carlton is not responsible for lost or stolen personal items.

USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

AGE REQUIREMENTS

You must be 18 years of age or older to enjoy the spa relaxation and locker areas. Massages and facials cannot be performed on anyone under the age of 18 years. Nail treatments are available for children 5 years of age or older. Parent must be present for the entire service and a locker will not be provided.

TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial.

Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or alcohol into the spa. A guest who appears intoxicated will be denied access to the spa.

METHOD OF PAYMENT

We accept all major credit cards. Spa services can also be added to room charges for guests staying at the resort.

SERVICE CHARGE

For your convenience, a 20% service charge will be added to each spa service. This includes gratuities disbursed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

CANCELLATION POLICY

If you must reschedule or cancel your appointment, please notify the spa at least twenty-four (24) hours in advance of your appointment to avoid being charged the full service fee. Any appointments rescheduled within the twenty-four hour window will incur a move fee of \$25. Cancellations of packages or private parties require one week's notice.

HOURS OF OPERATION

Spa Treatments: 10:00 a.m. – 6:00 p.m., daily;
Extended to 8:00 p.m. on Saturday

Spa Facilities: 10:00 a.m. – 6:00 p.m., daily;
Extended to 8:00 p.m. on Saturday

Fitness Center available 24 hours
daily with room key

To reserve your spa appointment online, at:
ritzcarlton.com/coconutgrove or contact 305.644.4684



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