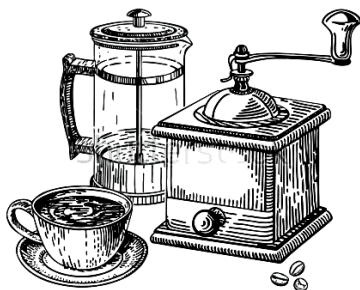


rise AND SHINE

MORNING BREW 5

unique coffee blends + single origin
coffees roasted by Caffè Umbria



fresh FROM THE PRESS 8

fresh juice blends for a healthier
body, mind + soul

THE GREEN

cucumber, Granny Smith apple,
pineapple, kale, key lime, ginger,
turmeric

PLANT YOUR ROOTS

beet, carrot, coconut water, lime

MORNING GLORY

h₂o, lemon, pomelo, apple cider,
Keez Beez local honey

MI MEDIA NARANJA

orange juice

“NOT ALL
THOSE WHO
WANDER
ARE LOST”



from THE KITCHEN

we bring to you our hand picked offerings
from some of the finest local gardens,
farms + artisans

FITNESS 17

two eggs, steel cut oatmeal, local fruit

SERIOUS COW GREEK YOGURT 11

mango preserve, hibiscus, chia seed

TOASTED OATS + ANCIENT GRAINS 11

steel cut oatmeal, berry preserve,
marcona brittle

JUNIPER CRUSTED SALMON FLATBREAD 15

dill crème fraiche, caper berries, radish,
mustard seed

CINNAMON SWIRL FRENCH TOAST 19

hazelnut crumble, cherry preserve butter

BREAKFAST BURRITO 17

Fort McCoy Ranch churrasco,
chimichurri aioli, smoked tomato fondue,
Winter Park Dairy Cheddar, scrambled egg

THE KEEPER'S WIFE 21

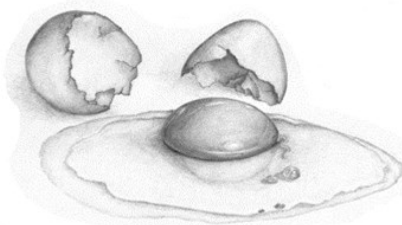
local grilled artisan country levain,
63° poached egg, shaved asparagus,
tomato jam, hollandaise, crab, avocado

BUTTER BISCUIT SANDWICH 18

shaved serrano, dry aged manchego,
béchamel, oven dried tomatoes,
fried natural egg

THE OMELET 18

locally sourced eggs...crafted your way!



market FRESH

indulge from a wide variety of exceptional
offerings from our market pantry

BREAKFAST BUFFET 35

coffee, hot tea, juice, milk
hot entrees + omelet station +
continental breakfast buffet selections

CONT'L BREAKFAST 21

coffee, hot tea, juice, milk
continental breakfast buffet selections

BAKED FRESH DAILY!

BREAKFAST BISCUITS 7

bacon essence, Keez Beez honey,
house preserves

BREAKFAST BEIGNETS 12

dusted cinnamon sugar,
Keez Beez honey

BAKER'S BATCH 8

daily inspiration...from scratch

for THE TABLE 6

SEASONAL BERRIES

sourced from local farms

SMOKED BACON

pecan wood smoked

PALMETTO CREEK SAUSAGE

roasted garlic aioli

HAM + CHEESE CROQUETTE

piquillo, achiote

HOME POTATOES

roasted fingerlings, garden herbs