Sweetened by southern warmth and graciousness, The Ritz-Carlton Spa, New Orleans is dedicated to your comfort and well-being, immersing you into the mystical essence of the city. Pamper yourself with a variety of soothing therapies and unique treatments in a tranquil setting. Our expert ladies and gentlemen will ensure a spa experience like no other.
At The Ritz-Carlton Spa, New Orleans, you will be transported to a world where exotic secret formulas are artfully blended with the most modern spa services. A collection of rituals and ceremonies provide the ultimate in relaxation and renewal. Allow our expert therapists to create a unique experience with lasting benefits for both body and mind.

VOODOO RITUAL
125 MINUTES
The soul of New Orleans is magical and mystical. Notes of absinthe, cypress, moss, vetiver, and incense bring you home to the French Quarter, casting a spell of relaxation and escape.

Includes: Locally crafted herbal poultice ritual, full body massage

SOUTHERN CEREMONY
125 MINUTES
Immerse yourself in southern citrus—a delicate body polish prepares the skin and a rich cream rejuvenates the face and body.

Includes: Body scrub, full body massage, age-defying facial

LE CHARME ROMANTIQUE
100 MINUTES
Escape the revelry of the city and relax in our couples’ room where you will enjoy services using two of New Orleans’ most delicious signature flavors – coffee and praline.

Includes: Sugar body scrub, full body massage, Champagne for two people
NEW ORLEANS

RELAXATION MASSAGE
80 minutes or 50 minutes
Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

HOT RIVER STONE MASSAGE
80 minutes or 50 minutes
A therapeutic and rejuvenating massage using warm river stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

DEEP MUSCLE MASSAGE
80 minutes or 50 minutes
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

STRESS RELIEF MASSAGE
80 minutes or 50 minutes
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

NATURALLY NURTURED MASSAGE
80 minutes or 50 minutes
Nurture and nourish body and skin when you need it most with the gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

WORLD TRAVELER MASSAGE
50 minutes
Travel through continents – choose from Balinese, Thai, Ayurvedic or Polynesian-fusion massages. Let us take you around the world.

REFLEXOLOGY
50 minutes
A deeply relaxing treatment with benefits that can be felt throughout the body, stimulating reflex points, promoting health in organs via the body’s energetic pathways.

THE BITE CARLYON SPA

 MASSAGE
BODY

NOURISHED GLOW  
50 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES: Full body salt and oil exfoliation, back massage and oil application.

WORLD TRAVELER  
BODY SCRUB  
50 MINUTES

Escape with one of our globally inspired scrubs and choose from: refining aromatic scrub with precious and rare spices from India, polishing papaya puree scrub from Bali or sublime scrub from Polynesia.

INCLUDES: Body scrub and moisture application.

BODYS BALANCER  
50 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and deeply nourishing back, neck and scalp treatment.

INCLUDES: Back exfoliation, back massage, application of facial oil and scalp massage.

LIFT AND FIRM TREATMENT  
50 MINUTES

Purify your body, boost circulation and target uneven skin tone in this deeply smoothing and contouring hip and thigh treatment.

INCLUDES: Skin brush, detoxifying salt & oil scrub, detoxifying leg massage, hip and thigh massage, specialized abdominal massage.
CUSTOM FACIAL
80 minutes or 50 minutes
Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.
INCL: Deep brush cleanse, skin analysis, facial exfoliation, massage and mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL
80 minutes
Restore skin’s vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.
INCL: Brush cleanse, Skin Radiance Mask, age-defying crystal massage, lifting mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

THE HYDRAFACIAL MD®
80 minutes or 50 minutes
A non-invasive, non-surgical anti-aging procedure that delivers instant results by using LED light therapy along with the benefits of the HydraFacial MD® technology.
50 minutes incl: Cleanse, gentle hydra-exfoliation, Vortex Extraction, hydrating Hyaluronic Acid Infusion, LED Therapy.
80 minutes additionally incl: Lymph drainage treatment

AGE DEFYING FACIAL
80 minutes or 50 minutes
Instantly combat the most visible signs of skin aging - smoothing fine lines and reviving youthful radiance to your complexion.
INCL: Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

LIFTING & PLUMPING FACIAL
50 minutes
This manual anti-wrinkle facial from the ancestral Japanese Ko Bi Do ritual is associated with a unique anti-aging active complex. Enjoy this holistic approach to lift and tone your facial contours and effectively smooth and plump lines on the face and necklines.
INCL: Skin cleansing, exfoliation, facial massage with lymphatic drainage, specialized lifting mask
PERFORMED WITH CINQ MONDES PRODUCTS

ALPHA BETA PEEL
50 minutes
A patented peel using natural alpha-hydroxy acids and beta-hydroxy acids, this treatment reduces fine lines, acne, rosacea and oily skin.
INCL: Skin cleansing, extraction, steam, peel, mask
PERFORMED WITH DR. DENNIS GROSS PRODUCTS
Relaxation Massage
80 minutes or 50 minutes
Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

Muscle Recovery Massage
80 minutes or 50 minutes
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

Power Hour
50 minutes
Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens, leaving you ready for anything.
Includes Full body salt & oil exfoliation, back massage

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THE MANICURE
25 MINUTES
Essential maintenance for hands.
Includes Soak, cut and file, cuticle work, application of hand cream, buff

THE PEDICURE
50 MINUTES
Maintain amazing results and keep nails in good condition with this conditioning treatment.
Includes Soak, file and shape, rebellion, cuticle work, application of body cream, buff

THE MEN’S MASSAGE
90 MINUTES
The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

STRESS RELIEF MASSAGE
80 minutes or 50 minutes
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

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HAIR SERVICES

Full salon services are available. Our talented team of stylists will complement your look for any special occasion, ensuring you are picture perfect and red carpet ready.

MAKE-UP SERVICES

Professional make-up artists use the latest make-up techniques and trends for a complete makeover that brings out your best.

*Personalized hair, make-up, and bridal services are available upon the price tariff.

ULTIMATE MANICURE

50 MINUTES

This indulgent treatment provides long lasting results deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.

Includes:
- Soak, cut and file, cuticle work, application of hand cream, polish or buff

ULTIMATE PEDICURE

60 MINUTES

An intensive treatment using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.

Includes:
- Soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

MANICURE

40 MINUTES

Essential maintenance for hands.

Includes:
- Soak, cut and file, cuticle work, application of hand cream, polish or buff

PEDICURE

50 MINUTES

Maintain amazing results and keep your nails in great condition with this conditioning treatment.

Includes:
- Soak, nail file and shape, cuticle work, massage, gel application

GEL MANICURE

60 MINUTES

A revolutionary gel lacquer is applied and set under UV lighting. Your nails are completely dry by the time your manicure is over, and you will have an incredibly durable, chip-free manicure for two weeks with superior shine.

Includes:
- Soak, cut and file, cuticle work, application of hand cream, polish or buff

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NEW ORLEANS
Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All enhancements must be booked and received with a treatment.

**LIFETAGE ANTI-AGING BOOSTERS**
Boost any facial by using the technologically advanced LIFETAGE serums and moisturizers to address all the most visible signs of aging.

**HAND OR FOOT REVIVER**
Boost any facial, massage or body treatment to reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

**BACK REVIVER**
Reveal brighter and smoother back with this exfoliating and nourishing enhancement. Perfect addition to any massage.

**HOT STONE WALTER**
Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress. Ideal to supercharge your massage.

**MOROCCAN OIL SCALP TREATMENT**
Using the strengthening properties of Moroccan Oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

**SMOOTH & FIRM BODY BUTTER**
Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

**EYE OR LIP TREATMENT**
Target deep absorption of any facial serum around the eye or lip area during any facial using cooling Rose Quartz Crystals. Helping to increase circulation, reduce dark circles and fine skin.

**ENHANCEMENTS**
To enjoy your spa experience to the fullest potential, please familiarize yourself with the spa guidelines.

AGE REQUIREMENTS

The services and facilities of The Ritz-Carlton Spa, New Orleans are for guests 18 years of age or older. Access to spa and fitness areas is however granted to guests 16 and older.

AT TIME OF RESERVATION

Reservations should be scheduled in advance. The spa reservation agents can help plan your spa experience. Please notify the agent if you take medication or have high blood pressure, allergies, physical ailments, disabilities or are pregnant. Please notify the agent if you take any medication. While a few services should be avoided during pregnancy, there are treatments that can be enjoyed.

If you prefer a male or a female therapist, please make your gender request at the time of reservation. We will always try to accommodate your personal preferences based on our daily schedule.

Most body treatments are enjoyed without clothing. However, please wear whatever is most comfortable for you. During all treatments the body is fully draped except for the area being worked on and during certain treatments where the whole body is worked on at one time. Spa robes and slippers are provided. Our pool and hot tub facilities are public, swimsuits should be worn.

PERSONAL BELONGINGS/VALUABLES

Lockers are available for personal items. However, if you are a hotel guest, please leave valuable items in the safe in your guest room. We are not be responsible for lost or stolen items.

ARRIVAL TIME

For your comfort and safety, we encourage you to arrive 30 minutes before your scheduled treatment to relax and experience our facilities. Please advise your therapist in advance if you have any medical conditions, including high blood pressure, pregnancy, previous serious reactions to massage, diabetes, serious skin conditions or any other conditions. Our therapists are available to accommodate special needs and requests.

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To reserve your spa appointment online, visit us at ritzcarlton.com/neworleans or contact 504.670.2929.

CANCELLATION POLICY

If you must cancel or reschedule your appointment, please notify us at least 6 hours in advance to avoid being charged the full service fee.

CONTINUE YOUR EXPERIENCE AT HOME

As part of your complete experience, our trained therapists and reservation agents will gladly recommend a skincare routine to enable you to continue the benefits of your treatment at home. Our products are available for purchase directly from the spa.

REGULATION

No smoking is allowed in the spa environment. Please respect other guests’ rights to privacy and serenity. We regret that children under 16 are not permitted.

GIFT CARDS

Gift cards are available for purchase. Prices and services are subject to change without notice. In-room treatments are available with a 20% surcharge. Promotion or rate changes are available on request. Please consult for quotations.