Located in the heart of Uptown and surrounded by spectacular views, The Ritz-Carlton Spa, Charlotte is a true haven in the city. We invite you to relax and unwind in the stunning Aqua Lounge, chic Relaxation Lounge and therapeutic Vitality Lounges. Enhance your wellness experience with a work out in The Fitness Center or savoring poolside cuisine. Your city escape awaits you.

Let us make the world revolve around you.
Honey & Chocolate Detox Ritual
110 MINUTES
Rejuvenate your skin with this decadent experience. Honey’s natural antioxidant and humectant properties exfoliate and soothe the skin, before a rich chocolate body mask deeply nourishes and hydrates.
Includes: Foot soak, full body exfoliation, body wrap, warm shower, relaxing massage.

Eco-Green Body Treatment
110 MINUTES
Purify your body with this ultimate skin renewal treatment. A fine grain scrub and nourishing earthy body mask leave your skin glowing. A hot oil scalp treatment and intuitive massage complete this luxurious service.
Includes: Foot soak, mud wrap, scalp treatment, body scrub, finishing massage.

Organic Facial & Body Wrap
80 MINUTES
Enjoy an urban retreat in our warm and welcoming sanctuary, and experience a rejuvenating, eco-conscious approach to wellness. Treat yourself to therapies using all-natural ingredients, including the sumptuous Eco-Green Body Treatment. The Spa’s signature honey and chocolate services will delight as well, allowing you to experience the benefits of honey harvested from the hotel’s rooftop beehives for naturally luscious results.

Includes: Facial cleansing, skin analysis, exfoliation and mask, scalp massage, full body hydrating mask wrap.

Experience

Charlotte & The Ritz-Carlton

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Includes: Facial cleansing, skin analysis, exfoliation and mask, scalp massage, full body hydrating mask wrap.
RELAXATION MASSAGE 80 MINUTES OR 50 MINUTES
Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

HIMALAYAN SALT STONE MASSAGE 80 MINUTES
Indulge in a therapeutic and rejuvenating massage using warm salt stones and a moderate to deep pressure to deeply soothe tired, aching muscles and aid relaxation.

STRESS RELIEF MASSAGE 80 MINUTES OR 50 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

DEEP MUSCLE MASSAGE 80 MINUTES OR 50 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

NATURALLY NURTURED MASSAGE 80 MINUTES OR 50 MINUTES
Nurture and nourish body and skin when you need it most with the gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

COUPLES MASSAGE 80 MINUTES OR 50 MINUTES
Share a wonderful experience with a loved one or friend in one of our couples massage rooms. Choose from Deep Muscle, Stress Relief, Relaxation or Naturally Nurtured Massages.
BODY BALANCER
50 MINUTES
Restore serenity to body, mind and skin
with this richly indulgent and deeply
reviving back, neck and scalp treatment.

INCLUDES:
- Full body salt and oil exfoliation
- Back massage
- Application of facial oil
- Scalp massage

TONING BODY WRAP
80 MINUTES
Stimulate circulation and reduce fluid
retention with this intensely revitalizing
treatment. Paprika and stinging nettle
help improve your skin’s elasticity and
suppleness, while cinnamon and paprika
reduce the visible signs of cellulite and
aging. Carrot and calendula also work
to nourish and moisturize your skin.

INCLUDES:
- Dry brushing
- Herbal body wrap
- Scalp massage

NOURISHED GLOW
50 MINUTES
Reveal your smoothest, softest skin
ever with this body exfoliation finishing
with a deeply nourishing oil application
and personalized back massage.

INCLUDES:
- Full body salt and oil exfoliation
- Back massage
- Application of facial oil
- Scalp massage
CUSTOM FACIAL
80 minutes or 50 minutes
Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.
INCLUDED: Deep brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL
80 minutes or 50 minutes
Instantly combat the most visible signs of skin aging - smoothing fine lines and revealing youthful radiance to your complexion.
INCLUDED: Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL
80 minutes
Restore skin’s vitality and reveal a bright, smooth and radiant youthful-looking complexion. The must-have treatment for immediate results prior to a special event.
INCLUDED: Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

ORGANIC FACIAL
80 minutes or 50 minutes
Infuse your skin with the finest organic skin care made from biodynamic ingredients. These potent, authentic formulations address anti-aging, sensitivity, congestion, discoloration and dehydration.
INCLUDED: Facial cleansing, skin analysis, exfoliation, skin specific mask, facial massage, scalp massage
PERFORMED WITH EMINENCE PRODUCTS
MEN

THE MEN’S MASSAGE 80 MINUTES
The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

MUSCLE RECOVERY MASSAGE 80 MINUTES OR 50 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

RELAXATION MASSAGE 80 MINUTES OR 50 MINUTES
Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

STRESS RELIEF MASSAGE 80 MINUTES OR 50 MINUTES
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

POWER HOUR 50 MINUTES
Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your senses, leaving you ready for anything.

THE MEN’S FACIAL 50 MINUTES
Deeply cleanse, hydrate and smooth skin, leaving your complexion visibly energized.

Includes Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS
ULTIMATE HONEY & CHOCOLATE MANICURE
40 MINUTES
Revel in the scents of honey and chocolate during this indulgent treatment. Honey and chocolate combine to repair, replenish and condition your nails with moisturizing shea butter to provide the ultimate hydration for long-lasting results.

INCLUDES: Soak, cut and file, cuticle work, exfoliation, cuticle work, massage, personalized mask, polish or buff

MANICURE
25 MINUTES
Essential maintenance for hands.

INCLUDES: Soak, cut and file, cuticle work, application of hand cream, polish or buff

ULTIMATE HONEY & CHOCOLATE PEDICURE
50 MINUTES
A blissful treatment using deeply nourishing honey and decadent chocolate repairs, replenishes and conditions your nails, feet and legs.

INCLUDES: Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, polish or buff

PEDICURE
35 MINUTES
Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES: Soak, cut and file, cuticle work, exfoliation, cuticle work, application of body cream, polish or buff

GEL POLISH APPLICATION
A revolutionary power polish is applied for an incredibly durable, chip-free manicure with superior shine.

INCLUDES: Gel polish application during any nail service

WAXING SERVICES
A full list of luxury waxing services is available on the price list.
Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.

**FACIAL ENHANCEMENTS**

**MICRO-CURRENT**
Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

**EXPRESS PEEL**
Awaken your skin’s inner beauty by encouraging healthy cell renewal to reveal a smoother tone and luminous glow.

**GOLD REJUVENATING MASK**
Diminish the appearance of fine lines and wrinkles, enhance the skin’s elasticity all while reducing inflammation and combating the signs of fatigue to leave a bright complexion. Ideal to enhance any treatment.

**EYE & LIP ENHANCEMENT**
Instantly reduces the appearance of fine lines and wrinkles, increases hydration and protects the skin from moisture loss during any facial.

**BODY ENHANCEMENTS**

**HOT STONE WALTER**
Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

**SMOOTH & FIRM BODY BUTTER**
Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

**BACK REVIVER**
Reveal smoother skin during any massage with this exfoliating and refreshing treatment that will leave the back smooth, soft and hydrated.

**HAND OR FOOT REVIVER**
Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

**HAND OR FOOT PARAFFIN**
Lock in moisture and rejuvenate the appearance of your skin with this paraben-free paraffin. Available with any treatment, this enhancement will leave your hands or feet feeling silky, smooth and deeply hydrated.

**FACIAL & BODY ENHANCEMENTS**

**MOROCCANOIL SCALP TREATMENT**
Using the strengthening properties of MoroccanOil with a deeply relaxing scalp massage during any facial or massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

**HAND OR FOOT REVIVER**
Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

**HAND OR FOOT PARAFFIN**
Lock in moisture and rejuvenate the appearance of your skin with this paraben-free paraffin. Available with any treatment, this enhancement will leave your hands or feet feeling silky, smooth and deeply hydrated.
To enjoy your spa experience to the fullest potential, please familiarize yourself with these Spa Guidelines.

**AT TIME OF RESERVATION**
Please inform the Reservation Agent of the following:
- Allergies or medical conditions, including pregnancy
- If you have a gender preference for your Service Provider
- If you have a request for a specific Service Provider
- If you are celebrating any special occasions

You must provide a valid credit card number with expiration date at time of booking.

All spa guests must be 18 years of age or older.

All spa guests purchasing spa treatments may use the Vitality and Relaxation Lounges, the Fitness Center, and the Aqua Lounge during their visit. Hotel guests not receiving spa treatments are warmly invited to enjoy the Fitness Center and Aqua Lounge on a complimentary basis. Hotel guests may also purchase access to the Spa Vitality and Relaxation Lounges for $20 per day – excluding Friday and Saturday. Non hotel guests may also purchase access to all the spa facilities for $45 per day – excluding Friday and Saturday. Complimentary valet parking is available for the day of the treatment.

**ARRIVAL TIME**
Please arrive at least 30 minutes prior to your scheduled treatment. This will allow time to enjoy the lounges, saunas, steam rooms, whirlpool, and indoor pool. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your service will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

**PERSONAL BELONGINGS/VALUABLES**
We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

**USE OF ELECTRONIC DEVICES**
To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

**TREATMENT RECOMMENDATIONS**
Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

**FOOD AND BEVERAGE**
Guests are prohibited from bringing any outside food or alcohol into the spa, other than bottled wine. A $20 corkage fee will be charged for any wine bottles. A guest appearing intoxicated will be denied access to the spa.

**METHOD OF PAYMENT**
We accept all major credit cards. You may also charge services to your hotel bill.

**SERVICE CHARGE**
For your convenience, a 20% service charge will be added to each spa service. This includes gratuities disbursed to the spa treatment staff who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

**CANCELLATION POLICY**
If you must reschedule or cancel your appointment, please notify the spa at least twenty-four (24) hours in advance of your appointment to avoid being charged the full service fee. Any appointments rescheduled within the twenty-four (24) hour window will incur a move fee of $25. Cancellations of packages or private parties require one week’s notice.

**HOURS OF OPERATION**
Spa:
- Tuesday and Wednesday 10:00 a.m. – 8:00 p.m.
- Thursday through Monday 9:00 a.m. – 8:00 p.m.
Aqua Lounge: 5:00 a.m. – 10:00 p.m. daily
Fitness Center: Open 24 hours daily