



THE RITZ - CARLTON SPA

BALI

OUR CONCEPT

The ocean has sacred significance in Balinese culture. For centuries, the people of Bali have revered the sea as a source of life, and a medium for spiritual renewal. In keeping with these time-honored beliefs, the sea takes center stage at The Ritz-Carlton, Bali.

Overlooking the Indian Ocean and lulled by the sound of the waves, our wellness sanctuary is inspired by this reverence for the bountiful oceans and our treatments make use of prized, nourishing marine resources.

These luxurious natural products, seaweed and pearls, restore your vitality, rejuvenate your senses and leave you glowing with inner and outer health.

Seaweed is farmed naturally on our doorstep and this vitamin and mineral-rich algae is used to exfoliate and deeply nourish the skin, while stimulating cell renewal.

Pearls, meanwhile, have long been used by royal families in Asia for the ultimate skincare. This precious treasure leaves a glorious iridescence on the skin and is widely believed to increase skin radiance.

At The Ritz-Carlton Spa we have magically combined these marine products with the revitalizing elements of thalassotherapy treatments to give you that totally rejuvenated sensation.



THE RITZ - CARLTON SPA

BALI

OUR JOURNEY

As you enter The Ritz-Carlton Spa, prepare to leave your worries behind and immerse yourself into the serenity and healing power of the ocean.

You are welcomed by our team with a refreshing traditional Indonesian herbal drink, Bajigur, overflowing with the soothing nutrients found in ginger, lemongrass, clove, pandan leaf, coconut milk and palm sugar to nourish both your body and mind.

Our expert wellness consultants share their knowledge of honored Balinese traditions to foster wellbeing and prepare you for your marine serenity experience.

Taking into account the results you desire and the needs of your skin, a consultant guides you through our signature therapies to help you choose the most suitable treatment.

Please join us at least 15 minutes before your appointment to enjoy our Wet Lounge with its warm whirlpool, cold plunge pool, sauna, steam room and shower prior to your treatment.

After enjoying your rejuvenating therapy in one of our stunning treatment rooms or spa villas, you are welcome to make full use of the Prana Relaxation Lounge, where you can sip on a ginger-based Wedang drink and enjoy the peaceful tranquility while you gradually bring your senses back to the outside world.



THE RITZ - CARLTON SPA

BALI

OUR SIGNATURE TREATMENTS

IRIDESCENT DELIGHT

120 minutes

Bring out the vital glow of your skin and add iridescence with this enchanting, luxurious treatment. Begin with a gentle skin smoothing Shimmering Pearl Polish to impart a luster, followed by a pure pearl body wrap to further enhance the glow. A Shine Renewal Massage using Vitality oil with pearl extract releases tension and improves blood circulation to further restore your skin to its natural glory.

TROPICAL MARINE PLEASURE

120 minutes

Deeply nourish and hydrate tired skin with a refreshing Seaweed Body Scrub to gently exfoliate the skin, then relax with a detoxifying and nutrient-rich mineralizing Seaweed Body Wrap that replenishes your skin. Complete your treatment with a flowing Sea of Serenity massage using Inspiring oil that will restore a healthy glow and leaves you calm and tranquil.

SEA COCONUT SECRET

120 minutes

The Balinese revere the coconut for its many uses and water for its life-giving properties. Benefit from these local secrets with a treatment that starts with a unique water ritual in our exotic multi-station hydro-vital pool and continues in a treatment room with a foot wash using coconut coir to remove dead skin and full body exfoliation with fragrant toasted coconut combined with pure coconut oil to nourish, soften and soothe the skin. Continue with a tension-releasing Balinese Ocean Dream massage and then relax in a coconut milk bath while indulging in a light snack of fresh young coconut with ice-cream.

INDIAN OCEAN RITUAL

120 minutes

Make the most of your proximity to the Indian Ocean and its natural bounty and take your treatment at one of our beach gazebos. Your therapist will use Relaxing oil for a Lomi-Lomi massage. This is followed by a gentle scrub using sand directly from the beach, before the time-honored Balinese tradition of covering your body in the warm sands to gently ease muscle tension, bringing you a world of relaxation. Finally, stand in the shallows of the Indian Ocean and absorb the rhythm of the waves while your therapist rinses the sand from your body with the ocean water.



THE RITZ - CARLTON SPA

BALI

FULL BODY MASSAGE

BALINESE OCEAN DREAM

90 minutes

Enjoy a taste of Bali with a traditional massage using ancient Balinese methods. This treatment eases muscle tension, calms neural pathways, encourages circulation and reduces stress making use of a combination of palm, thumb and elbow pressure and stretching. Specially blended aromatic essential oils reinstate peace of mind with their unique calming and soothing qualities.

SHINE RENEWAL

90 minutes

Benefit from the gorgeous luster of pearls with this uniquely designed treatment featuring a soothing massage with a combination of palm and thumb pressure that uses a sensual blend of pearl extract to bestow an iridescent shine and reveal radiant skin. Safflower oil is used for its hydrating and nourishing anti-oxidant properties, giving you the ultimate de-stressing massage.

SEA OF SERENITY

90 minutes

Bring your body back into alignment with its natural rhythm as it benefits from this soft, relaxing wave-like massage with long, sweeping movements using palm pressure that soothes the body and mind. Our expert massage therapists use nutrient-rich oil benefiting from regenerating seaweed extract and refreshing mint, giving you an uplifting and rejuvenating experience.



THE RITZ - CARLTON SPA

BALI

FULL BODY POLISH AND WRAP

SHIMMERING PEARL POLISH

45 minutes

Highlight the iridescent glow of your skin with a treatment enriched with micronized pearl powder infused with vitamin C derived from lemon and citrus extracts that will gently polish your skin leaving it silky smooth with a beautiful glow. Meanwhile, you revel in a delightful aroma that entices your senses.

MINERALIZING SEAWEED SCRUB

45 minutes

Nourish and hydrate your skin while invigorating your senses with a rich mixture of tantalizing scents from naturally nurturing and moisturizing sea minerals and mint. This emulsion exfoliates while the nutrients penetrate deep into the skin to keep it healthy and youthful.

OCEAN HARVEST BODY THERAPY

60 minutes

Detoxify and reinvigorate your skin with this naturally hydrating treatment. This energizing body wrap features micronized seaweed and mint applied to the body to support and revitalize the skin. The abundant sea minerals and nutrients in the seaweed provide a deeply nourishing body treatment.



THE RITZ - CARLTON SPA

BALI

THE MARINE POWER RITUALS

INDOCEANE

60 minutes

This wonderful ritual takes you on a voyage of discovery to a new kind of relaxation commencing with a Mediterranean-influenced body exfoliation using sea salt, cassonade sugar and essential oils. The bi-phase texture of this scrub eliminates rough patches, smoothes the skin and leaves it beautifully soft. An Ayurvedic-inspired massage follows with warm oils and gentle ancient Indian techniques for deep relaxation. Wellbeing and beauty become one.

MARINE ALGAE TRIO

90 minutes

This treatment is for spa enthusiasts looking for wellbeing and vitality, while also losing excess weight and getting rid of hardened cellulite. A relaxing massage relieves tension, exfoliation smoothes the skin and a Thalgo seaweed body wrap infuses the skin with minerals, vitamins and micronutrients to activate circulation, increase metabolism, relieve aches and pains and improve skin conditions. This treatment restores the necessary balance for overall wellbeing.

BODY CONTOUR with OXYGEN ACTIVE

120 minutes

This unique body wrap of the highest efficacy enables the correction of fibrosis cellulite and fat storage by a massive “injection” of pure oxygen. The accompanying natural vanilla scent provides active warming.

THALGO is inspired by thalassotherapy, spa treatments that use real seawater and seaweed to effectively treat a range of conditions from skin problems, such as eczema, to excess weight, low energy levels and fluid retention.



THE RITZ - CARLTON SPA

BALI

MARINE FACIALS

COLD MARINE

60 minutes

The cold marine mask boosts blood circulation and keeps the skin oxygenated, refreshed and brightened. Our special ingredient, derived from microorganisms living at a depth of over 3,000 meters, significantly raises the skin's tolerance, making it less sensitive to harsh external elements. Skin fragility disappears, making way for intense, soothing freshness.

REBALANCING

60 minutes

With its deep cleansing absorbent mask, this treatment soothes redness, absorbs excess sebum and perfectly dislodges impurities for skin that looks fresh and radiant.

YOUTHFUL EYES

90 minutes

This anti-stress and anti-wrinkle treatment gives mature skin a youthful boost and the appearance of reduced wrinkles.

THALGO has been able to harness these extraordinary benefits in its range of spa treatments and skincare products. For more than 50 years, THALGO has explored the sea depths and identified specific seaweeds with anti-aging, slimming, detoxifying, rebalancing, hydrating and soothing properties.



THE RITZ - CARLTON SPA

BALI

EXPRESS RELIEF

BACK & NECK RELIEVER

30 minutes

This massage uses medium pressure and concentrates on the shoulder, back and neck area to relieve tension and promote relaxation.

HAND & FOOT FLOW

45 minutes

This luxury treatment for hands and feet uses relaxing acupressure point massage to soothe, refresh and pamper your hands and feet.

BASIC PURITY

45 minutes

This express facial incorporates nourishing marine ingredients and is suitable for all skin types.



THE RITZ - CARLTON SPA

BALI

SIGNATURE SOAKING RITUALS

The perfect start to any treatment, experience a glorious sensory escape as you immerse into a soothing or invigorating aromatic soaking ritual.

LUSTER PEARL AROMATIC SOAKING RITUAL

Indulge yourself by soaking in a pampering bubble bath with luster pearl aromatic bath powder. Leave the outside world behind as you unwind, revel in the fragrance and pamper your senses. Emerge with iridescent, shimmering skin.

REFRESHING SEAWEED AND MINT AROMATIC SOAKING RITUAL

For a revitalizing and pampering experience, soak in this flower scented, skin-nourishing bubble bath with seaweed and peppermint bath powder. Your skin will feel softer and your mind refreshed and revitalized.



THE RITZ - CARLTON SPA

BALI

FAMILY SPA

MOM, DAD and ME

135 Minutes

A world of relaxation and tranquility for the entire family. Mom and Dad will receive luxurious full body treatments, choosing from any body massage followed by either the Shimmering Pearl Polish or Mineralizing Seaweed Scrub. Lastly, unwind with an aromatic Soaking Ritual. Meanwhile, the little ones can enjoy a 30-minute neck and shoulder massage with a choice of strawberry or chocolate massage oil. After the treatment, RITZ KIDS offers the little ones exciting activities to complete MOM, DAD and ME.

LITTLE WELLNESS TIME

30 Minutes

Let your little one enjoy a restorative, relaxing, yet fun time at our spa to experience the nourishing benefits of the marine elements incorporated into this unique children's treatment that will help them rest their young muscles and minds.



THE RITZ - CARLTON SPA

BALI

COUPLES INDULGENCE

ESCAPE TO ROMANCE

120 minutes

Experience 2 hours of romantic spa indulgence and discover a world of relaxation and togetherness in our Spa Villas. Your journey begins with a foot wash ritual, followed by a relaxing full body massage and body exfoliation using a blend of pearl extract, safflower oil and a nourishing antioxidant to restore health and glowing radiance to your skin. The pampering continues with a glass of Champagne and Balinese chocolates while you relax together in a Luster Pearl Aromatic bath.

Discover romance and relaxation at The Ritz-Carlton Spa.



THE RITZ - CARLTON SPA

BALI

OCEAN INDULGENCE

Upgrade your full body massage experience and use one of our beach gazebos, where you can relax with the sound of the Indian Ocean and the touch of the sea breeze as you enjoy the sensational indulgence of your therapist's flowing hands bringing you optimal peace of mind.

“The sea washes away all of man's ills”

Balinese proverb



THE RITZ - CARLTON SPA

BALI

HOW TO SPA

ARRIVAL TIME

You are encouraged to arrive at least fifteen minutes prior to your appointment for consultation at the spa, or thirty minutes early to use our Wet Lounge facilities.

FACILITIES

All treatments and spa packages are available to The Ritz-Carlton, Bali guests.

Non-residents are welcome to book a spa treatment at least 2 hours prior to the appointment. Treatments must be confirmed and secured with a credit card.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquility. Please respect the right of all our spa guests to privacy and serenity. We appreciate you turning off your mobile phone while in the spa.

GIFT VOUCHERS

Gift vouchers are available and our Day Spa programs and products are an ideal gift for someone special. Gift vouchers are non-refundable and must be presented at the time of treatment.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries you may have when making your spa reservation.

CANCELLATION POLICY

If you must cancel your appointment, please do notify us at least 12 hours in advance to avoid being charged for your treatment.

Cancellations made with less than 12 hours notice will be charged at full price.

PREGNANCY

We have specially designed treatments for expectant mothers. Please allow our spa team to guide you in selecting the most suitable treatment during this special time.



THE RITZ - CARLTON SPA

BALI

PRICE LIST

TREATMENTS	DURATIONS	PRICE IN IDR (in '000)
SIGNATURE PACKAGES		
Iridescent Delight	120 minutes	2,900
Tropical Marine Pleasure	120 minutes	2,900
Sea Coconut Secret	120 minutes	2,900
Indian Ocean Ritual	120 minutes	2,900
FULL BODY MASSAGE		
Balinese Ocean Dream	90 minutes	1,900
Shine Renewal	90 minutes	1,900
Sea of Serenity	90 minutes	1,900
BODY POLISH AND WRAP		
Shimmering Pearl Polish	45 minutes	1,300
Mineralizing Seaweed Scrub	45 minutes	1,300
Ocean Harvest Body Therapy	60 minutes	1,600
MARINE POWER		
Indoceane	60 minutes	1,400
Marine Algae Trio	90 minutes	1,600
Body Contour with active oxygen	120 minutes	2,100
FACIALS		
Cold Marine	60 minutes	1,500
Rebalancing	60 minutes	1,500
Youthful Eyes	90 minutes	1,900
EXPRESS RELIEF		
Back & Neck Relief	30 minutes	780
Hand & Foot Flow	45 minutes	900
Basic Purity	45 minutes	900
THE RITZ-CARLTON SOAKING RITUALS		
Luster Pearl Aromatic Soaking Ritual	30 minutes	500
Refreshing Seaweed and Mint Soaking Ritual	30 minutes	500
FAMILY SPA		
Mom, Dad and Me	135 minutes	6,200
Little Wellness Time	30 minutes	600
COUPLES INDULGENCE		
Escape to Romance	120 minutes	4,800
Ocean Indulgence	90 minutes	2,300

All prices are subject to 21% government tax and service charge