



THE RITZ - CARLTON
ARUBA





*Let us make the world
revolve around you.*

ESCAPE

Indulge your senses at The Ritz-Carlton Spa, Aruba where a new level of luxury is revealed. Surrender yourself to the mysteries of our island and unwind under expert hands of the islands' best therapists. The Spa is an oasis with state-of-the-art facilities including a hair and nail salon, his and hers relaxation areas, wet lounges, oxygen bar and fitness center.



EXPERIENCE

The Ritz- Carlton Spa, Aruba invites you to a tranquil oasis, with a touch of elegance. Our Ladies and Gentlemen are ready to pamper you with memorable experiences, designed to relax, rejuvenate and regenerate your senses. Discover Aruba through ancient health and beauty rituals, carefully blended into your treatments offering you a local experience that balances mind, body and spirit.

DUSHI TERA

150 MINUTES

The Dushi Tera experience is designed to reveal glowing skin and remove toxins. Be immersed in the island scent of coconut and relax while your therapist pampers your senses.

INCLUDES Full body exfoliation, mud wrap, facial, stone massage

AWA Y TERA

80 MINUTES

Incorporating a local coffee scrub, this treatment removes dull skin, improves circulation and reduces the appearance of cellulite. Enjoy a tantalizing scalp massage while a moisturizing mud mask soothes the skin. A hydrating treatment leaves your skin feeling nourished and soft to the touch.

INCLUDES Coffee scrub, mud mask, scalp massage

MISTERIO DI ALOE

110 MINUTES

Discover all the benefits our local aloe plant has to offer while enjoying a journey of wellness, peacefulness and relaxation. Misterio di Aloe is a complete hydrating, cleansing and rejuvenating experience. This treatment will leave you feeling renewed and refreshed.

INCLUDES Refresh facial, full body massage, foot reflexology

DESEO PA DOS

110 MINUTES

The Deseo pa Dos experience is the ultimate romantic escape. Our luscious honey scrub combined with a relaxing aromatherapy massage will bring you to a state of bliss. Complete your escape with a heavenly bath, just for the two of you.

INCLUDES Full body honey and sugar exfoliation, full body massage, bath



THE RITZ-CARLTON SPA

ARUBA

MASSAGE

DIVI DIVI MASSAGE

80 MINUTES

Enjoy a variety of techniques with this dynamic massage created by our very own therapists. Combined with the unique oil derived from our Divi Divi tree, this service improves circulation, stimulates your metabolism and regenerates your skin.

JETLAG MASSAGE

80 MINUTES

This restorative journey will get your internal clock on island time. Melt away under the experienced hands of our therapists who will use a blend of aromatic essential oils to sync body and mind. Unwind with reflexology for the feet and complete your journey with calming breaths from our oxygen bar.

DEEP MUSCLE MASSAGE

80 MINUTES **OR** 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques concentrate on specific areas of concern to help relieve common discomforts and sports related tension.

STRESS RELIEF MASSAGE

80 MINUTES **OR** 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE

80 MINUTES **OR** 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

HOT STONE MASSAGE

80 MINUTES

A therapeutic and rejuvenating massage using warm basalt stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

NATURALLY NURTURED MASSAGE

80 MINUTES **OR** 50 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

REFLEXOLOGY

50 MINUTES **OR** 25 MINUTES

This gentle, but highly effective, massage technique stimulates reflexes on the feet that benefit the entire body. Therapeutic and energetic, this experience is designed to relieve sore, tired feet and restore the body's natural balance.



THE RITZ-CARLTON SPA

ARUBA



BODY

NOURISHED GLOW

50 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body salt and oil exfoliation, back massage, oil application

ULTIMATE BODY BALANCER

80 MINUTES

Restore serenity to the body, mind and skin with this richly indulgent and deeply effective bespoke treatment.

INCLUDES Back exfoliation and massage, custom facial, scalp massage

MOROCCANOIL BODY POLISH

80 MINUTES

Made with energizing orange peel, argan oil, sunflower oil and sweet almond oil, this body buff polishes away dead skin cells and instantly transforms your skin. A smoothing soufflé is applied to the body for intense hydration.

INCLUDES Moroccan oil body buff, full body Moroccan oil soufflé massage

ALOE HEALING

50 MINUTES

Enhance and extend your sun-kissed glow with our cooling treatment, designed to soothe, hydrate, and nourish the skin with cooling Aloe, antioxidant-rich oils, and vitamin E. Its lightweight, fast-absorbing formula is infused with coconut and fruit oils, and it's delicately fragranced with a luxurious scent.

INCLUDES Full body hydrating treatment, cold towels





FACIAL

CUSTOM FACIAL

80 MINUTES **OR** 50 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL

80 MINUTES **OR** 50 MINUTES

Instantly combat the most visible signs of skin aging - smoothing fine lines and reviving youthful radiance to your complexion.

INCLUDES Brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL

80 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.

INCLUDES Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ORGANIC FACIAL

80 MINUTES **OR** 50 MINUTES

An entirely personalized facial tailored for your skin type. Our Organic skincare products for face, neck and décolleté are used to bring out your most luminous skin,

INCLUDES Brush cleanse, mask, scalp massage, exfoliation

PERFORMED WITH EMINENCE PRODUCTS



THE RITZ-CARLTON SPA

ARUBA

11



MEN

THE MANICURE

35 MINUTES

Essential maintenance for hands.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, buff

THE PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, application of body cream, buff

THE MEN'S MASSAGE

80 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

MUSCLE RECOVERY MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques concentrate on specific areas of concern to help relieve common discomforts and sports related tension.

RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

POWER HOUR

50 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your senses, leaving you ready for anything.

INCLUDES Full body salt & oil exfoliation, back massage

THE MEN'S FACIAL

50 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS



THE RITZ-CARLTON SPA

ARUBA



BEAUTY

ULTIMATE COCONUT SEA PEDICURE

80 MINUTES

An intensive treatment using nourishing products to repair, replenish and condition your nails depending on your individual needs. This treatment is designed to pamper. A honey glaze will soften your heels while your toes are perfected.

INCLUDES Soak, nail file & shape, exfoliate, cuticle work, massage, personalized mask, paraffin wax, polish or buff

PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

ULTIMATE BLUSHING AGAVE MANICURE

50 MINUTES

This indulgent treatment provides long lasting results using deeply nourishing products to repair, replenish and condition your nails. A fusion of delightful aromas like coconut shea butter and sweet agave nectars create an ultimate experience.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

MANICURE

35 MINUTES

Essential maintenance for hands.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, polish or buff

SHELLAC MANICURE OR PEDICURE

50 MINUTES

A revolutionary shellac lacquer is applied and set under UV lightning. Your nails are completely dry by the time your manicure is over, and you will have an incredibly durable, chip-free manicure with superior shine.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, shellac application



THE RITZ-CARLTON SPA

ARUBA

15

ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All enhancements must be booked and received with a treatment.

FACIAL ENHANCEMENTS

MICRO-CURRENT

Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

LIFESTAGE ANTI-AGING BOOSTERS

Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

SKINCARE CONCENTRATES

These Babor ampoules are concentrated fluids that can be applied to your face and décolleté to enhance your facial and/or massage. These fluids offer immediate visible effects, and comprise of a range of high-dose active ingredients to suit every skin type and skin condition.

NATURAL COLLAGEN MASK

Your choice of 24K Nanogold Repair, ideal for sensitive or sun damaged skin, to firm, calm and hydrate. Or Diamond Radiance is tailored for dull, tired or pigmented skin to help brighten, hydrate and reduce the appearance of dark circles, sun spots and pigmentation.

BODY ENHANCEMENTS

HOT STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

SMOOTH & FIRM BODY BUTTER

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

BACK REVIVER

Reveal smoother skin during any massage with this exfoliating and refreshing treatment that will leave the back smooth, soft and hydrated.

FACIAL & BODY ENHANCEMENTS

MOROCCANOIL SCALP TREATMENT

Using the strengthening properties of Moroccan oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

HAND OR FOOT REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

HAND OR FOOT PARAFFIN

Soothe and moisturize your skin with this warm treat for your hands or feet.



THE RITZ-CARLTON SPA

ARUBA

17

GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with the Spa guidelines.

AT TIME OF RESERVATION

Please inform the reservation agent of the following:

- + Allergies or medical conditions including pregnancy
- + If you have a gender preference for your service provider
- + If you have a request for a specific service provider
- + If you are celebrating any special occasions

You must provide a valid credit card number with expiration date at time of booking.

Spa facilities are complimentary to resort guests and \$50 per day for Spa guests who are not registered at the resort. This fee is waived with the purchase of a treatment.

ARRIVAL TIME

Please arrive at least 30 minutes prior to your scheduled treatment. This will allow time to enjoy the lounges, saunas, steam rooms and whirlpools. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your treatment will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

PERSONAL BELONGINGS/VALUABLES

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

AGE REQUIREMENTS

You must be 18 years of age or older to enjoy the spa relaxation and locker areas.

Massages and facials cannot be performed on anyone under the age of 18 years. Salon treatments are available for children 5 years of age or older. This includes hair and nail services only. Parent must be present for the entire service and a locker will not be provided.

TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access to the spa.

METHOD OF PAYMENT

We accept all major credit cards. You may also charge services to your resort bill.

SERVICE CHARGE

A 22% service charge will be added to each spa service. This service charge is disbursed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

CANCELLATION POLICY

If you must reschedule or cancel your appointment, please notify the spa at least six hours in advance of your appointment to avoid being charged the full service fee. Any appointments rescheduled within the six hour window will incur a move fee of \$25. Cancellations of packages or private parties require one week's notice. Groups are subject to a four week cancellation policy.

HOURS OF OPERATION

Spa Treatments: 9:00 a.m. – 6:00 p.m., daily

Spa Facilities: 9:00 a.m. – 6:00 p.m., daily

Enter Fitness Center with room key before or after spa hours.

To reserve your spa appointment online, visit us at ritzcarlton.com/aruba or contact 297.527.2525



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