



SPA
BOTANICO



WELCOME TO SPA BOTÁNICO

Where wellness unfolds in harmony with the natural world. The journey begins at the Apothecary Portal, a sensory sanctuary where the aromas, textures, and colors of local botanicals invite exploration. This living museum celebrates Puerto Rico's ancestral healing traditions, honoring plants long used for health, beauty, and culinary rituals.

Designed as a place to be lingered in, Spa Botánico encourages guests to slow down and savor each moment. Massages, facials, and body treatments are offered in serene Spa Pavilions thoughtfully positioned within the landscape, allowing nature to become an integral part of the experience.

For shared moments of connection, the Couple's Pavilions offer intimate wellness rituals set within lush tropical gardens, complete with private steam and bathing experiences. For those seeking something truly extraordinary, the Treehouse Massage elevates the senses—cradled among the treetops, where gentle trade winds and birdsong create a deeply restorative escape.



MANOS SANTAS

Puerto Rico's healing traditions run deep. For generations, each community was guided by a **Manos Santas**, a healer who used local herbs, restorative oils, and intention to care for both body and spirit. This ancestral wisdom lives on at Spa Botánico, shaping treatments rooted in nature, ritual, and connection.



WELLNESS EXPERIENCES

Our Spa's newest wellness and mindfulness experiences are designed to create space for true restoration, inviting guests to fully disconnect and reconnect with themselves. Guided by expert practitioners, these immersive rituals blend breathwork, meditation, therapeutic bodywork, and sensory journeys to calm the nervous system and restore balance. Each experience relieves tension, quiets the mind, and encourages presence offering more than relaxation, but a meaningful reset for mind, body, and spirit.

THE MANOS SANTAS RITUAL

120 minutes

Begin your wellness journey with a refreshing foot scrub and a personalized consultation with our Manos Santas experts. Together, you'll select custom bath salts, healing herbs, and botanical massage oils. A handcrafted herbal compress will be prepared for you. Then, indulge in a healing massage and soak in our outdoor stone tub, surrounded by the soothing sounds and scents of the tropics.

APOTHECARY PLAY

180 minutes

Awaken your playful spirit in this interactive wellness experience. Create your own body exfoliant, paint each other with mineral-rich clay, and detoxify in a private garden steam room. Finish with a relaxing couple's soak and side-by-side massages in nature's embrace.

RAINFOREST RECONNECTION

120 minutes

Reconnect in our private rainforest garden. Begin with a revitalizing body scrub using local herbs, followed by playful rainforest clay painting. Hydrate in the steam room, relax in our garden tub and then enjoy side-by-side massages with a trio aromatic oils: Bergamot, cedarwood, and Majorana to nourish body and soul.

SWEET SURRENDER EXPERIENCE

60 minutes

Ground yourself with soothing techniques designed to combat fatigue and stress. This treatment blends ancient marma therapy, warm Himalayan salt poultices, sound healing, and chakra balancing to restore your energy and inner harmony.

SERENITY SLEEP EXPERIENCE

120 minutes

Begin with a calming inhalation ritual to ease the senses into relaxation, followed by a gentle dry brush exfoliation to renew and prepare the skin. A soothing massage with REST oil melts away tension, before a cocooning wrap and elevated face, scalp, and foot massage lull you into deep serenity and restorative sleep.

AROMATHERAPY WELLNESS MASSAGE

90/120 minutes

Begin with a personalized, customized aromatherapy selection of *TARA* Aroma Wellness Oils, as your therapist intuitively tailors each movement, pressure, and rhythm to support your state of balance and restoration.

MASSAGES

RENEW & REJUVENATE MASSAGE

60/90 minutes

Melt away tension with this relaxing, flowing massage experience. Personalize your journey by choosing from our curated collection of skin-nourishing oils, each designed to rejuvenate the body, calm the mind, and awaken the senses.

ARMONÍA SIGNATURE MASSAGE

60/90 minutes

A flowing fusion of Swedish and deep tissue techniques, enhanced with warm stones, reflexology, and customized aromatherapy to restore harmony and renewal.

DORADO DELUXE MASSAGE

90/120 minutes

A head-to-toe ritual featuring a lemongrass foot exfoliation, nourishing scalp and hair treatments, and a customized massage to enhance circulation and overall well-being.

BAMBOO & STONE MELT

90/120 minutes

Soothe and restore tense muscles with the rhythmic pressure of bamboo massage tools and the comforting warmth of polished stones, designed to release tension and promote revitalizing.

MANOS SANTAS MASSAGE

60/90/120 minutes

Experience deep relaxation with this soothing, rhythmically flowing massage, enhanced by your choice of aromatic botanical oil blend. A warm herbal poultice gently presses heat and natural botanicals into the body, easing muscle tension, calming the mind and restoring overall harmony.

SPORTS RECOVERY

60/90* minutes

Targeted deep tissue therapy combined with assisted stretching and focused pressure point techniques to release tension, restore mobility, and support recovery.

**90 minutes, enhanced with a warming herbal poultice*

HOLISTIC MASSAGE

60/90 minutes

A calming, restorative experience with organic full-spectrum CBD oil, designed to soothe muscles and promote overall wellness.

TABLE THAI MASSAGE

90 minutes

Experience the art of Table Thai Massage, where guided stretches and precise acupressure work in harmony to release tension, restore balance, and renew the body from head to toe.

PARA MAMÁ

60/90 minutes

A deeply nurturing massage designed for mothers-to-be, featuring gentle, soothing techniques and a special nourishing belly butter to support comfort, relaxation, and radiant well-being.

**Suitable from the second trimester*

TREEHOUSE MASSAGES

TREEHOUSE MASSAGE

60/90 minutes

Experience the massage of your choice in an open-air Treehouse surrounded by magical sounds of nature. Massage includes light stretching for increased flexibility.

THAI MASSAGE

90/120 minutes

Assisted stretching and deep acupressure-style massage performed on a padded floor mat; no oils are used.

BOTÁNICO AL FRESCO SCRUBS

Available only as an add-on to other treatments

At Spa Botánico, we honor Puerto Rico's rich botanical and healing heritage, celebrating the beauty, wellness, and restorative power of local plants. Set within our lush private garden, our rituals feature freshly prepared, house-made body scrubs that awaken the senses. Let the gentle cascade of the Vichy rain shower envelop you, leaving skin nourished and spirit deeply attuned to the rhythms of nature.

CREATE YOUR SIGNATURE SCRUB

Indulge in a personalized body ritual by selecting from our curated blends:

COCO & PLUMERIA (ASUSENA) - uplifting and silky-smooth

LEMONGRASS & VANILLA – calming and antioxidant-rich

MINT & CAFÉ – refreshing and anti-inflammatory

BODY ENHANCEMENTS

Add to any massage service

GARDEN BATHING RITUAL

30 minutes

Sink into our outdoor stone tub with fresh botanicals, herbs and salts, surrounded by the sounds of the tropics.

FOOT REFLEXOLOGY

30 minutes

Restore whole-body balance through the ancient art of reflexology. Gentle, targeted pressure is applied to specific points on the feet, each corresponding to organs and systems throughout the body. This therapeutic experience enhances circulation, relieves tension, and supports the body's natural flow of energy, promoting deep relaxation and overall wellbeing.

PURIFYING HAIR & SCALP RENEWAL

15minutes

Rejuvenating and nourishing moisture infusion for hair and scalp

KNESKO COLLAGEN MASK

Eyes or Face

Relax, rebalance, and rejuvenate with *KNESKO's* natural collagen masks. Choose between eye or full-face treatments to hydrate, firm, and restore your skin's glow.

CBD BOOST

Relieve inflammation and boost wellness with organic full spectrum CBD.

TARGETED MUSCLE BALM APPLICATION

Cooling arnica balm application for muscle aches and pains.

HOT STONES

Warm stones are incorporated into your massage to melt away tension and promote deep muscle relaxation.

BODY BOTÁNICO

All body exfoliations take place outdoors and include an outdoor shower

LA PIÑA BOTANICAL POLISH & MASSAGE

90/120 minutes
Exfoliation + massage

Our estate pineapple garden inspires this brightening and refreshing pineapple, turmeric, ginger and mint sugar polish that includes a rejuvenating massage.

TAMARIND SCRUB & MASSAGE

90/120 minutes
Exfoliation + massage

Antioxidant and vitamin C rich tamarind sugar scrub removes impurities, revealing a more radiant skin. A customized massage completes the treatment.

MOTHER'S SERENITY

A gentle escape to nurture body, mind, and spirit for all mothers

90/120 minutes

Celebrate this special chapter with a nurturing journey for mothers-to-be and new mothers. Gentle lymphatic brushing and a pregnancy-safe oil hydrate and protect the skin, while a personalized massage melts away tension, leaving body and spirit deeply restored.

ISLAND FLOWERS SCRUB & MASSAGE

90/120 minutes
Exfoliation + massage

Re-energize your lymphatic and immune systems with a sea salt and floral exfoliation, followed by a deeply hydrating massage using coconut and plumeria oils.

SEA GREENS REJUVENATION

90/120 minutes
Exfoliation + wrap + massage

An energizing ritual featuring loofah exfoliation, a detoxifying marine wrap, and a scalp massage. A personalized massage completes this revitalizing journey.

BOTÁNICO COUPLE'S RITUALS

All body exfoliations and baths take place in an outdoor private garden

TAMARINDO FOR TWO

90/120 minutes

Exfoliation + couple's bath + massage

Your experience begins with a refined partner exfoliation featuring our antioxidant-rich tamarind sugar blend, gently renewing the skin and awakening the senses. You then share a tranquil soak in a warm salt and hibiscus bath, allowing the body to fully unwind. The journey concludes with a silky coconut oil massage, restoring balance, deep relaxation, and a sense of effortless connection.

BABOR SIGNATURE COUPLES RITUAL - AHA

90 minutes

Awaken your senses and reconnect with your inner harmony through this indulgent full-body ritual. Begin with a gentle, energizing dry body brush, awakening your skin and stimulating circulation with delicate, mindful strokes. Follow with a soft, granule-free AHA exfoliation, refining and revealing luminous, silky-smooth skin beneath. Embrace deep relaxation with a nourishing body wrap infused with fragrant botanicals, while a tranquil scalp massage soothes away tension and invites serenity. The journey culminates in a luxurious full-body massage, melting away stress, recharging your spirit, and restoring balance to your body and mind. Leave feeling radiant, centered, and renewed—completely immersed in your sensory sanctuary.

APOTHECARY PLAY

180 minutes

Awaken your playful spirit in this interactive wellness experience. Create your own body exfoliant, paint each other with mineral-rich clay, and detoxify in a private garden steam room. Finish with a relaxing couple's soak and side-by-side massages in nature's embrace.

RAINFOREST RECONNECTION

120 minutes

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ADVANCED SKIN CARE

DOCTOR BABOR CURATED THERAPY

60/90 minutes

Embark on a bespoke skincare journey tailored exclusively to your skin's unique needs. Guided by the expertise of our master estheticians, this highly personalized facial blends advanced, physician-grade cosmeceuticals with luxurious spa rituals. Each step is thoughtfully selected to refine, restore, and rejuvenate the skin at a cellular level. The result is a luminous, rebalanced complexion and a profound sense of renewal, where science meets indulgence.

DOCTOR BABOR CRYO SCULPT

60/90 minutes

Elevate your skincare ritual with this sophisticated facial sculpting experience. Merging advanced cryotherapy with precision Gua Sha techniques, this treatment visibly lifts, firms, and revitalizes the skin. It begins with a skin-activating complex to stimulate microcirculation, followed by a triple exfoliation to smooth and prime. Chilled Cryo Gua Sha tools contour the face, reduce puffiness, and ease signs of fatigue. A marine firming peel-off masque completes the experience, leaving your skin toned, radiant, and beautifully renewed.

DORADO ILLUMINATING FACIAL

60/90 minutes

Cleanse + exfoliate + serum hydration

Designed to deliver flawless, radiant skin through cellular renewal. This treatment embodies lightness, transformation, and enhanced engagement.

TRANSFORMATIVE HYDRAFACIAL®

60/90 minutes

Discover the ultimate fusion of technology and touch in this deeply restorative facial. The treatment begins with a thorough cleanse and dual exfoliation, followed by precise extractions to purify the skin. A Doctor Babor booster, rich in hyaluronic acid and collagen, is infused to hydrate and rejuvenate at the cellular level. Soothing LED light therapy enhances skin vitality, revealing a luminous, youthful glow. Designed for immediate radiance and long-term skin health.

BOTÁNICO RENEWING FACIAL

90 minutes

Cleanse + double mask + microcurrent + LED light

Stimulate collagen and deeply hydrate skin with active serums, detoxifying masks and toning technology that will visibly lift and tighten skin. Improve cellular activity, plump out fine lines and wrinkles and restore the tone and texture of skin to reveal immediate and glowing results.

OXYGEN BOOST FACIAL

60/90 minutes

Cleanse + exfoliate + oxygen hydration + mask

A results-driven facial perfect for travelers, provides a boost of hydration, smooths the appearance of fine lines, and restores natural radiance to the skin.

MEN'S SKIN SOLUTION

60/90 minutes

Cleanse + steamed towels + hydrate + mask

This treatment targets concerns specific to men's skin. A regimen focused on reducing congestion and shaving irritation will leave skin refined and nourished.

SKIN ENHANCEMENTS

Enhance any facial with a personalized boost.

BABOR AMPOULES

Elevate any treatment with BABOR Ampoule Serum Concentrates—potent, single-dose elixirs tailored to your skin's specific needs. Whether addressing dehydration, dullness, signs of aging, or blemishes, these targeted formulas deliver immediate, visible results. Each ampoule offers a moment of precision care, leaving your skin revitalized, nourished, and radiant.

HYDRAFACIAL® REPLENISHMENT

Plump Lips or Bright Eyes - 15-minute add-on Plump

Lips & Bright Eyes - 30-minute add-on

OXYGEN INFUSION

15-minute add-on, facials only

MICROCURRENT EYE OR LIP LIFT

15-minute add-on

KNESKO COLLAGEN MASK

Eyes or Face

GUA SHA THERAPY

15-minute

SALÓN BOTÁNICO

MANICURE

60 minutes

Exfoliation + mask + shape + cuticle care + polish

PEDICURE

60 minutes

Exfoliation + mask + shape + cuticle care + massage + polish

MANICURE & PEDICURE

120 minutes

Exfoliation + mask + shape + cuticle care + massage + polish

THE EXPRESS MANICURE

30 minutes

Cuticle care + shaping + polish or buff

THE EXPRESS PEDICURE

30 minutes

Cuticle care + shaping + polish or buff

THE EXPRESS

MANICURE & PEDICURE

60 minutes

Cuticle care + shaping + polish or buff

SHAMPOO & BLOWOUT

Short- 45 minutes

Longer - 60/90 minutes

Flat Iron

Curl/Style

Custom Styling

HAIRCUTS

Cut & Blowout

WAXING

Personalized to your needs. Please inquire for available options.

WELLNESS & FITNESS

The breadth and quality of our Fitness & Wellness

Centers exemplifies our commitment to a balanced and healthy lifestyle.

The Fitness Center located at the Reserve boasts natural light, high ceilings, the latest Technogym equipment and ample space for stretching and functional fitness.

The Fitness Center at Plantation is inspired by the heritage of an old sugar mill factory building, with splendid floor-to-ceiling views of the mountains.

SOUND BATH HEALING EXPERIENCE

A transformative experience using vibrational sound healing to promote deep relaxation, stress relief, and energetic alignment. Guests will be immersed in soothing tones from crystal bowls and other instruments, creating a meditative and restorative journey.

45 minutes

Private or Group Sessions

GROUP YOGA WITH SOUND BATH

A mindful andrejuvenatingyoga session designed for groups, incorporating breath work, movement, and relaxation. Whether for beginners or seasoned practitioners, this experience fosters balance, strength, and a sense of community.

APOTHECARY MEDITATION

Spa Botánico invites you to the entry portal of Spa Botánico to enjoy your morning meditation and is available from 7:00 - 8:00am for your self-directed practice. **Must call to reserve.**

NATURE TRAILS

Dorado Beach nature trails are a walkable, open-air sanctuary from land to sea. Each nature trail takes you on an adventure. Wind through forests, past fairways and along the soft beaches and secret coves. Along the way, enjoy the sights of the exotic birds and wildlife.

FITNESS CLASSES

Group and private fitness classes including YogaZumba, Pilates, and Personal training, are available at Plantation. Contact Spa Reservations for a current weekly schedule or appointments at (787) 278-7227.

GENERAL INFORMATION

To enjoy your spa experience to the fullest, please review our Spa Guidelines.

AT TIME OF RESERVATION

Please inform the Reservation Agent of the following:

- Allergies or medical conditions including pregnancy.
- If you have a gender preference for your service provider.
- If you are celebrating any special occasions.

Please note that you must provide valid credit card information or a registered guest room number at the time of booking.

ARRIVAL TIME

Please arrive at least **45 minutes** prior to your scheduled treatment. This will allow time to enjoy the relaxation areas and terraces, sauna, steam rooms, whirlpools, and cold plunges. Arriving closer to the time your appointment begins will limit the duration of your treatment, which could affect its effectiveness and your enjoyment. Your treatment will end on time, so the next guest is not delayed, and the full value of your treatment will be charged.

WHILE VISITING THE SPA

PERSONAL BELONGINGS / VALUABLES

We cannot be responsible for any personal items and valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve their experience, the use of cell phones, electronic devices, and cameras is **prohibited** in the spa. Cell phones and electronic devices must be turned off.

AGE REQUIREMENTS

Massages and facials are not recommended for anyone under the age of 18 years. Salon treatments are available for children 5 years of age or older. The parent must be present for the entire service.

TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services. For men's facial services, shaving is recommended, but not necessary. Your spa experience is time for yourself, and you should relish it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately. For the comfort and privacy of all guests, appropriate swimwear is recommended when enjoying shared facilities, including the steam room and Purification Garden.

FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or beverage, especially alcohol, into the spa. Guests who appear intoxicated will be denied access to the spa.

METHOD OF PAYMENT

We accept all major credit cards. You may also charge services to your guest room account.

SERVICE CHARGE

For your convenience, a 22% service charge will be added to each spa service. This includes gratuities distributed among the spa staff members who attend to you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

24-HOUR CANCELLATION POLICY

If you must cancel your appointment, please notify the spa **24 hours** prior to your visit to avoid being charged the full price of your scheduled services. The rescheduling of appointments within the 24 hour window will incur a change fee of 15%. Cancellations of group events or private parties require one week's notice.

Prices are subject to change without notice.
Treatment prices are in USD and include service charge and taxes.
24-Hour Cancellation Policy applies to all services.



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