



SPA
BOTANICO



WELCOME TO SPA BOTÁNICO

Integration with the natural world is an essential component of Spa Botánico. The journey begins the moment you enter the Apothecary portal, filled with local botanicals used in a myriad of ways for health, beauty and culinary purposes.

This magical room is a museum for your senses. Spa Botánico is a place to be savored; take a day and discover its enchantment as well as your own inner sanctuary.

Massages, facials and body treatments take place in highly appointed Spa Pavilions. Our Couple's Pavilions are designed for the romantics at heart where you can steam and bathe in tropical outdoor gardens.

Enjoy a Treehouse Massage in nature with trade winds wafting through the treetops.



MANOS SANTAS

Puerto Rico is steeped in a rich history of healing traditions.

In the not-so-distant past, each community had their own healer known as Manos Santas. This custom still exists in some areas of the island. Manos Santas help members of their community with fresh locally collected herbs, healing oils and powerful affirmations.



MASSAGE

MANOS SANTAS MASSAGE

60/90* minutes

Choose a customized botanical massage oil blend to enhance this relaxing and flowing massage.

**90-minute includes a warm herbal poultice.*

MANOS SANTAS DEEP TISSUE

60/90* minutes

Therapeutic deep work, stretching and pressure point techniques relieve built-up tension and stress.

**90-minute includes a warm herbal poultice.*

BAMBOO & STONE MUSCLE MELT

90/120 minutes

Release muscle tightness and restore balance with bamboo massage tools and polished warm stones.

SPA BOTÁNICO ATTUNEMENT

60/90 minutes

Experience a variety of massage modalities with a flowing combination of Swedish, deep tissue, warm stones, reflexology, and aromatherapy.

EL CANNABIDIOL CBD MASSAGE

60/90 minutes

Deeply relaxing holistic massage using organic full spectrum CBD oil to soothe muscles, reduce tension and address soreness and inflammation.

TRADICIONAL TABLE THAI

60/90 minutes

Achieve balance, renewal and increased mobility with Thai yoga stretching, acupressure points and warm herbal compresses.

**90-minute includes a warm herbal poultice.*

DORADO DELUXE

90/120 minutes

Head to toe deluxe treatment includes an invigorating lemongrass foot exfoliation, nourishing scalp massage, hair treatment and a customized massage to improve circulation and overall well-being.

SPORTS RECOVERY

60/90 minutes

Destress after a day of play with hot steamy towel compresses, stretching and a deep tissue massage.

REJUVENATING FOOT and LEG MASSAGE

60 minutes

Restore circulation and energy flow with an all-encompassing foot and leg treatment that includes a foot soak, salt scrub, stretching and acupressure reflexology points.

PARA MAMÁ

60/90 minutes

A customized massage to address the special needs of the mother-to-be.

Offered beginning the 2nd trimester

TREEHOUSE MASSAGES

TREEHOUSE MASSAGE

60/90 minutes

Experience the massage of your choice in an open-air Treehouse surrounded by magical sounds of nature. Massage includes stretching for increased flexibility.

DORADO DELUXE

90/120 minutes

Head to toe deluxe treatment includes an invigorating lemongrass foot exfoliation, nourishing scalp massage, hair treatment and a customized massage to improve circulation and overall well-being.

THAI

90 minutes

Assisted stretching and deep acupressure-style massage performed on a padded floor mat; no oils are used.

BODY ENHANCEMENTS

Add to any massage

GARDEN BATHING RITUAL

30 minutes

Sink into our outdoor stone tub with fresh botanicals, herbs and salts, surrounded by the sounds of the tropics.

CBD BOOST

Relieve inflammation and boost wellness with organic full spectrum CBD.

TARGETED MUSCLE BALM APPLICATION

Cooling arnica balm application for muscle aches and pains.

FOOT REFLEXOLOGY

30 minutes

Boost circulation with deep relaxation

PURIFYING HAIR & SCALP RENEWAL

15 minutes

Rejuvenating and nourishing moisture infusion for hair and scalp

BOTÁNICO AL FRESCO SCRUBS

Available only as an add-on to other treatments

Spa Botánico honors Puerto Rico's botanical and healing traditions that embrace the esthetic, cosmetic and medicinal importance of local plants. This reverence for the island is experienced in a lush, private garden where our house-made body scrubs are created and applied. Warm water of the Vichy rain shower washes over you leaving you replenished and fully connected with nature.

30 minutes

Revitalize
COFFEE & CLOVE - uplifting and skin smoothing

Purify
SWEET LIME & LEMONGRASS - antioxidant rich and calming

Restore
SPICED BAY & COCONUT - anti-inflammatory and warming

BODY BOTÁNICO

All body exfoliations take place outdoors and include an outdoor shower

THE MANOS SANTAS RITUAL

120 minutes

Foot bath + personalized consultation + massage + bath

Beginning with a cool foot bath and a consultation with your Manos Santas, custom bath salts, a botanical massage oil and an herbal compress will be created for you. Following the consultation, enjoy a healing massage and a bath in our outdoor stone tub surrounded by the sounds and smells of the tropics.

SLIMMING & DETOXIFYING MARINE WRAP and MASSAGE

90/120 minutes

Exfoliation + wrap + massage

An energizing ritual including a loofah exfoliation, detoxifying mineral-rich marine wrap and scalp massage. A customized massage completes the experience.

COFFEE & SEA SCRUB and MASSAGE

90 minutes

Exfoliation + massage

Re-energize the lymphatic and immune systems with an invigorating and detoxifying coffee, salt and sea flora exfoliation and hydrating massage.

LA PIÑA BOTANICAL POLISH and MASSAGE

90 minutes

Exfoliation + massage

Our estate pineapple garden inspires this brightening and refreshing pineapple, turmeric, ginger and mint sugar polish that includes a rejuvenating massage.

SPICED COCONUT SCRUB and MASSAGE

90 minutes

Exfoliation + massage

Healing bay leaf and antioxidant cinnamon blend together with a hydrating coconut sugar scrub to cleanse and revitalize. Finish with a customized massage.

TAMARIND SCRUB AND MASSAGE

90 minutes

Exfoliation + massage

Antioxidant and vitamin C rich tamarind sugar scrub removes impurities, revealing a more radiant skin. A customized massage completes the treatment.

BOTÁNICO COUPLE'S RITUALS

All body exfoliations and baths take place in an outdoor private garden

APOTHECARY PLAY

180 minutes

Exfoliation + mud painting + garden steam + couple's bath & massage

Awaken your playful side. Create a customized body exfoliation, paint one another with clay, and detoxify in a private garden steam room. Soak together surrounded by nature and finish with side-by-side massages.

TAMARIND FOR TWO

90/120 minutes

Exfoliation + couple's bath + massage

Begin with a playful partner scrub using our house-made antioxidant rich Tamarind sugar, followed by an outdoor salt and hibiscus bath for two. A luscious coconut oil massage completes the experience.

RAINFOREST RECONNECTION

120 minutes

Exfoliation + clay body painting + couple's steam + massage

In our outdoor private couple's garden, an aromatic local coffee and salt scrub begin your time together. Paint each other with a rainforest clay to invoke a playful spirit then hydrate in our steam room, followed by side-by-side massages using three exquisite oils – rose the oil of love, orange blossom the oil of bliss, and jasmine for stimulating the flow of love.

NOCHE ROMÁNTICA BOTÁNICO

3 hours, *Private access*

Spa Botánico's lush tropical sanctuary becomes yours for an evening of romance and relaxation. A champagne toast and personalized 90-minute couples massages allow you to reconnect and drift into blissful relaxation. Following the massages, soak together in our purification gardens all to yourself, enjoy a steam for two and time together under the stars.

Add: an immersion dinner experience especially prepared by our chef.

ADVANCED SKIN CARE

TRANSFORMATIVE HYDRAFACIAL®

30/60 minutes

Cleanse + exfoliation + hydration + LED light

A customized high touch/high tech facial that delivers transformative results after one treatment. Includes a deep cleanse, a HydraFacial® double exfoliation, extractions, and a finishing nutrient-rich hydration, resulting in a beautiful youthful complexion.

60 minute includes a customized booster serum and LED light

SPA BOTÁNICO NON- SURGICAL FACELIFT

90/120 minutes

Cleanse + double mask + microcurrent + LED light

Stimulate collagen and deeply hydrate skin with active serums, detoxifying masks and toning technology that will visibly lift and tighten skin. Improve cellular activity, plump out fine lines and wrinkles and restore the tone and texture of skin to reveal immediate and glowing results.

120 minutes includes an oxygen boost

OXYGEN BOOST FACIAL

60/90 minutes

Cleanse + exfoliate + oxygen hydration + mask

A results-driven facial perfect for travelers, provides a boost of hydration, smooths the appearance of fine lines, and restores natural radiance to the skin.

C RESULTS

60/90 minutes

Cleanse + exfoliate + serum hydration + LED light + Gua Sha

Give your skin a fresh cocktail of vitamin rich hydration with vitamin C products that will leave your skin luminous and quenched. LED light therapy minimizes fine lines and Gua Sha infuses energy, relieving facial tension.

BOTÁNICO ORGÁNICO

60/90 minutes

Cleanse + tone + hydrate + mask

This highly advanced aromatherapy facial uses organic botanicals including plant stem cells, Vitamins A & C, and plumping peptides to brighten and hydrate, resulting in a perfect balance.

*90 minutes includes Gua Sha

THE RESERVE - A MAN'S FACIAL

60/90 minutes

Cleanse + steamed towels + hydrate + mask

Inspired by traditional barber techniques this highly effective facial includes steamed towels, neck & shoulder massage and a cleansing facial.

SKIN ENHANCEMENTS

HYDRAFACIAL® REPLENISHMENT

Plump Lips or Bright Eyes - 15-minute add-on

Plump Lips & Bright Eyes - 30-minute add-on

OXYGEN INFUSION

15-minute add-on, facials only

MICROCURRENT EYE OR LIP LIFT

15-minute add-on

GUA SHA

15-minute add-on, promotes circulation and helps minimize fine lines

SALÓN BOTÁNICO

MANICURE

60 minutes

Exfoliation + mask + shape + cuticle care + polish

PEDICURE

60 minutes

Exfoliation + mask + shape + cuticle care + massage + polish

MANICURE & PEDICURE

120 minutes

Exfoliation + mask + shape + cuticle care + massage + polish

THE EXPRESS MANICURE

30 minutes

Cuticle care + shaping + polish or buff

THE EXPRESS PEDICURE

30 minutes

Cuticle care + shaping + polish or buff

THE EXPRESS MANICURE & PEDICURE

60 minutes

Cuticle care + shaping + polish or buff

SHAMPOO & BLOWOUT

Short - 45 minutes

Longer - 60/90 minutes

Flat Iron

Curl/Style

HAIRCUTS

Cut & Blowout

FITNESS & WELLNESS

The breadth and quality of our Fitness & Wellness Centers exemplifies our commitment to a balanced and healthy lifestyle.

The Fitness Center located at the Reserve boasts natural light, high ceilings, the latest Technogym equipment and ample space for stretching and functional fitness.

The Fitness Center at Plantation is inspired by the heritage of an old sugar mill factory building, with splendid floor-to-ceiling views of the mountains.

FITNESS CLASSES

Group and private fitness classes including yoga, Zumba, Pilates and personal training, are available at Plantation. Contact Spa Reservations for a current weekly schedule or appointments at (787) 278-7227.

APOTHECARY MEDITATION

Spa Botánico invites you to the entry portal of Spa Botánico to enjoy your morning meditation and is available from 7:00 - 8:00am for your self-directed practice.

NATURE TRAILS

Dorado Beach nature trails are a walkable, open-air sanctuary from land to sea. Each nature trail takes you on an adventure. Wind through forests, past fairways and along the soft beaches and secret coves. Along the way, enjoy the sights of the exotic birds and wildlife.

SPA INFORMATION

GENERAL INFORMATION

A 60-minute spa service is required for use of the Purification Garden. The Purification Garden is unavailable to guests with salon services only. No outside food or beverage is permitted in the spa.

PURIFICATION GARDEN

Arrive 45 minutes prior to your scheduled treatment to enjoy the beauty and relaxation of our Purification Gardens. We provide lockers, robes and towels for your comfort. Use of the Purification Garden is for guests 18 or older.

AGE

Guests must be at least 16 years of age for facial services and 18 years of age for massages and body treatments. Salon services are available for guests of all ages. Facial and Salon guests under the age of 18 must be accompanied by a parent/guardian.

SPECIAL ACCOMMODATIONS OR HEALTH CONCERNS

Please inform spa reservations if you require special accommodations or if you have any health concerns.

CANCELLATION POLICY

If you must change or cancel your appointment, we require a minimum 24-hour notice or your service will be charged in full. Please contact spa reservations at (787) 278-7227.

GRATUITY

For your convenience, a 22% service charge will be added to each spa service and disbursed to the spa staff who served you. Any additional gratuity is at your discretion.

RESERVATIONS

Due to high demand, it is strongly recommended that you make spa appointments in advance. Reservations can be made online, by email: spabotanico@ritzcarlton.com or by calling (787) 278-7227.

UNPLUGGED

We strive to offer our guests a private and tranquil experience and require that you turn off your cell phones, digital devices and cameras before entering the spa and Purification Gardens.

GIFT CARDS

Available for purchase at spa reception.



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