# [SIGNATURE TREATMENTS]

## REJUVENATE & REPAIR DIAMOND ROSE RITUAL – face/body 140 min

An ultra-luxurious ritual, which begins with the application of a luminous blend formulated with damask rose and exclusive diamond dust. The magnetic properties of this treatment are enhanced with a massage which helps to activate vital energy and soothe accumulated tension. This exceptional treatment also includes the Diamond Life infusion facial.

RELAX & DE-STRESS RITUAL - body 120 min

Your skin is pampered with our vitamin C body polish and soufflé mask, followed by a massage with handcrafted obsidian and marble stones. Warm and cold elements throughout the treatment realign energy and revive the most tired of souls, leaving you relaxed and revived.

DETOX & CLEANSE SLIMMER RITUAL - body 120 min

The treatment will begin with a full body exfoliation followed by a manual manipulation technique that will stimulate the lymphatic system to support the effective elimination of toxins A personalized plan will then be recommended for a series of treatments, though you will see and feel results after just one.

ENERGISE & AWAKEN RITUAL - face and body 120 min

Be embraced in dewy warmth with this unique hammam inspired treatment. We begin by scrubbing the day away from tired skin with gentle exfoliation, followed by a nourishing mask that is spread over the whole body. We complete the ritual with a soothing massage designed to leave your entire self restored and glowing.

## [MASSAGES]

QUIROGOLF MASSAGE - body 60/90 min

This experience is perfect for sports enthusiasts! Golf ball in hand, your therapist will focus on relieving even the most stubborn of knots.

THAI MASSAGE - body 60/90 min

Coined 'the lazy mans yoga' throughout Thailand, this massage incorporates stretching and rhythmic pressure over the whole body to promote flexibility and suppleness of the muscles. No oils are necessary for this beautifully crafted treatment.

BALINESE MASSAGE - body 60/90 min

Balinese massage techniques include acupressure, skin rolling and flicking, firm and gentle stroking, and percussion. This deep-tissue massage treatment promotes relaxation, brings a release to deeply tense and knotted muscles, and stimulates the lymphatic and circulatory systems.

HOT STONE MASSAGE - BODY 60/90 min

This experience is ideal for those with tight or aching muscles. The therapist uses gently heated stones as an extension of their own hands, working deep into the muscles for maximum release and relaxation.

# JETLAG MASSAGE – body 60/90 min

For the weary traveler this treatment has been designed to either prepare you for a restful night or to energize you for the day ahead, depending on your needs. A massages that focuses on the back, feet, scalp and face to address all the areas effected by travel, this treatment will bring you into the right time zone to enhance your stay.

# ARABIAN DREAM FOUR HANDED MASSAGE – body 60 min

Relax and lie back while our therapists take you on a journey of pure tranquility. This choreographed massage has two therapists working in synchronicity to deliver the perfect full-body massage.

# [TREATMENT ADDITIONS & ENHANCEMENTS]

BOOSTER FACIAL - face 30 min

Ideal for those looking for a 'quick fix' in minimum time, this facial provides deep hydrating and nourishing to leave your skin looking refreshed and rejuvenated.

TENSION MELTING BACK MASSAGE- body 30 min

The perfect add-on for those looking for relief from tight or tender back muscles.

ORIENTAL FOOT MASSAGE- body 30 min

Incorporating elements of reflexology, this treatment targets sore and tired feet.

THERAPEUTIC SCALP MASSAGE- body 30 min

Aids in relaxation and rejuvenation by stimulating blood flow.

HAMMAM SCRUB - body 45 min

Literally scrub away the tensions of the day with gentle scrub exfoliation in our hammam room.

TIRED LEGS – body 45 min

A treatment focused on the legs and feet, to relax you for the day ahead.

EYE TREATMENT - face 15 min

Reduce puffiness and dark circles with this deeply hydrating, focuses treatment.

NOURISHING HAIR MASK – hair

Leave your follicles and hair as refreshed and hydrated as the rest of you with this add-on.

PARAFFIN TREATMENT - hand or foot

Benefit from pain-relief and deep hydration with this add-on for hands and/or feet.

## [FACIALS]

## DIAMOND LIFE INFUSION FACIAL - face 90 min

Global anti-aging at its best! Science and nature combine in perfect harmony for this spectacular facial. Bio-magnetic components act on our own bio-age markers to allow a deeper and more abundant infusion of product to the skin. This treatment is sure to leave you looking radiant and rejuvenated.

#### THE DETOX CURE - face 75 min

If deep cleansing is what you are after, look no further. The Detox Cure utilizes a three-phase exfoliation to slough off the old and make the most of a cutting-edge thermo-active enzymatic detox to get deep into those stubborn congested pores, leaving you with a truly luminous complexion.

AGE-RECOVERY FACIAL - face 60 min

If you don't want to worry about choosing the right facial, then let us decide for you! Lay back and relax while one of our trained experts closely analyses your skin's needs and designs a treatment just for you.

#### O2 AWAKENING - face 60 min

A facial treatment for those suffering from exposure to toxins and pollutants. Our light-as-air formula penetrates the skin and releases pure O2xygen molecules into the epidermal layer to re-energize natural cellular functions and eliminate toxins, leaving you revived and rejuvenated.

CITRUS - A - PEEL VITAMIN BOOST- face 60 min

Give your skin a boost of energy with 100% pure Vitamin C. This anti- oxidant treatment relieves sundamaged skin and helps fight the signs of premature aging. Skin will emerge nourished and revitalized.

GENTLEMEN'S FACIAL - face 60 min

Especially created for men, this facial is designed to cleanse, refresh and hydrate deep into the epidermal layer, leaving your skin looking and feeling younger.

## [BODY TREATMENTS]

DIAMOND ROSE RITUAL - body 90 min

This beautiful treatment incorporates amazing aromatherapy with a luxurious and exfoliating massage with diamond dust, followed by a soft and gentle massage with rose oil, leaving you feeing rejuvenated, relaxed and stress-free.

LIPOCELL SCULPTING - body 60 min

Target and treat stubborn cellulite. This treatment is to be done in a series that is developed with your therapist, although the benefits are visible after a single treatment. Choose your target area for the concentration of the treatment: thighs, stomach, back of arms, or buttock.

# C+C VITAMIN SCRUB - body 45 min

Get ready to glow! This body polisher is a great way to start off a vacation or give tired skin a quick boost. Vitamin C and E, along with a soft sugar exfoliant, leaves you feeling and looking as radiant as the sunshine of Dubai.