



THE RITZ-CARLTON

RABAT, DAR ES SALAM

ARIS



*Let us make the world
revolve around you.*

ESCAPE

Let us unwind your mind, body and soul in a flawless spa odyssey. The beauty of the Moroccan landscape and culture envelop you as you journey into The Ritz-Carlton Rabat, a luxury sanctuary nestled in ancient woodland and hidden from the Cityscape. Feel your mind, body and soul effortlessly relax as you discover our retreat devoted to inspiring and nurturing the senses. The Ritz-Carlton Spa, Rabat combines local traditions drawn from our rich Moroccan heritage with globally-influenced skills and treatments to transport you on a holistic voyage of self-discovery.



BODY TREATMENTS

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NOURISHED GLOW

60' MINUTES | 1600

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body salt and oil exfoliation, back massage, oil application.

ULTIMATE BODY BALANCER

90' MINUTES | 2200

Restore serenity to body, mind and skin with this richly indulgent and deeply effective bespoke treatment.

INCLUDES Back exfoliation and massage, custom facial, scalp massage.

ULTIMATE LIFT & FIRM TREATMENT

90' MINUTES | 2200

Purify your body, boost circulation and target uneven skin tone with this smoothing body scrub and specialized massage, leaving you feeling renewed from head to toe.

INCLUDES Skin brush & body polish, full body smoothing massage, specialized abdominal massage.

TEKMIDA RITUAL

60' MINUTES | 1500

This profound treatment, with gestures inspired by authentic Moroccan massage, uses warm towels to release tension and rebalance energy flow. The treatment begins with an exfoliation of the face and body followed by intense nourishment of the skin. Surrender to the revitalizing embrace of this traditional care.

INCLUDES Face and body exfoliation, Teksal style body massage with warm towels, shower and product application.



THE RITZ-CARLTON SPA

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MASSAGES

DEEP MUSCLE MASSAGE

60' MINUTES OR 90' MINUTES | 1600 - 2200

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

STRESS RELIEF MASSAGE

60' MINUTES OR 90' MINUTES | 1600 - 2200

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE

60' MINUTES OR 90' MINUTES | 1600 - 2200

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

DESERT STONE MASSAGE

90' MINUTES | 2200

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

SENSORY AWAKENING CANDLE MASSAGE

60' MINUTES | 1500

This treatment relaxes both body and mind in the soothing warmth and glow of an exquisitely scented candle. Through smoothing and circular massage motions, the body and mind unwind, as the skin welcomes the moisturizing benefits of the wax. The calming glow of the candle elevates your senses to a state of pure tranquility.

CEREMONIAL MASSAGE

75' MINUTES | 1700

An aromatic massage that releases tension throughout the body with nourishing Argan Ointment balm, rich in argan oil. Discover the ultimate relaxation as your body and spirit are truly harmonized.



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FACIALS

CUSTOM FACIAL

60’ MINUTES OR 90’ MINUTES | 1600 - 2200

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage.

PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL

60’ MINUTES OR 90’ MINUTES | 1600 - 2200

Instantly combat the most visible signs of skin aging, smoothing fine lines and reviving youthful radiance to your complexion.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage.

PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL

90’ MINUTES | 2200

Restore skin’s vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.

INCLUDES Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage.

PERFORMED WITH ESPA PRODUCTS

REVITALIZING CACTEA FACIAL TREATMENT

60’ MINUTES | 1500

Through cleansing and relaxing gestures, this revitalizing and anti-aging ritual is a wonderful way to ensure lymphatic drainage. Watch as your features relax, and facial contours appear toned and firm

PERFORMED WITH marocMAROC PRODUCTS

FIRMNESS FACIAL TREATMENT

75’ MINUTES | 1800

The Firmness Treatment helps to erase signs of fatigue and eliminate imperfections. The 20 maneuvers of the marocMaroc massage, performed with precision, smooth the features and brighten the complexion for a face that radiates.

PERFORMED WITH marocMAROC PRODUCTS



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MEN

THE MEN'S MASSAGE

60' MINUTES OR 90' MINUTES | 1600 - 2200

The ultimate male escape. Unwind with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

MUSCLE RECOVERY MASSAGE

60' MINUTES OR 90' MINUTES | 1600 - 2200

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

RELAXATION MASSAGE

60' MINUTES OR 90' MINUTES | 1600 - 2200

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

STRESS RELIEF MASSAGE

60' MINUTES OR 90' MINUTES | 1600 - 2200

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

POWER HOUR

60' MINUTES | 1600

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens, leaving you ready for anything.

INCLUDES Full body skin brush and body polish, back massage.

THE MEN'S FACIAL

60' MINUTES | 1600

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage.

PERFORMED WITH ESPA PRODUCTS



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HAMMAM

ESCAPE HAMMAM

60' MINUTES | 1200

Indulge in an ultra-purifying exfoliation with the Kessa glove and delightful Amber Honey exfoliating paste followed with a soothing wash using Orange Blossom Infusion shower milk. Experience a journey through traditional Moroccan rituals and let your senses drift into a world of serene bliss.

INDULGENT HAMMAM

90' MINUTES | 1500

A sublime blend of traditional gestures performed in a unique sequence. The Indulgent Hammam enhances the Escape Hammam with an added hydration moment using the exquisite Roses de Sucre cream in the treatment room. Discover a sanctuary where your mind, body, and soul find perfect harmony.

SIGNATURE HAMMAM

120' MINUTES | 2400

Refined gestures combined with beloved marocMaroc treatments ensure an unparalleled sense of well-being. This complete Hammam ritual is followed by a ceremonial massage in the cabin. The body is pampered, the skin radiates, and the spirit feels liberated. Embark on a luminous journey that leaves you glowing inside and out.



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ENHANCEMENTS

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Upgrade your treatments by choosing one or more of our carefully curated service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All enhancements must be booked and received with a treatment.

HOT STONE MELTER

600

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

AROMATHERAPY BOOSTER

600

Aromatherapy uses the restorative ancient properties of natural essential oils to relax, detoxify, invigorate and fortify body and mind.

NECK AND DECOLLETE BALM STIMULATING MASSAGE

600

Designed specifically to nourish and support this fragile area of the body, targeting skin elasticity so it feels supple and looks more plumped, lifted and youthful.

MUSCLE RESCUE BALM

600

Boost any massage by incorporating muscle rescue balm which contains a refreshing blend of peppermint, eucalyptus and clove bud to recharge and restore body and mind.

ARGAN OIL SCALP & HAIR CONDITIONING TREATMENT

600

Using the strengthening properties of Moroccan Argan oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautiful healthy hair.

HAND, FOOT OR BACK REVIVER

600

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

STIMULATING BODY BRUSH

600

Improve tone and boost cell renewal for smoother, softer, more radiant skin.

GUA SHA FACIAL TONING

600

Sculpt facial muscles and increase circulation by incorporating these ancient Chinese tools into your facial.



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GUIDELINES

RESERVATIONS

To schedule your preferred time and treatment, please contact the Spa Reception for availability. Your credit card information and contact details are required in order to secure your reservation. Inhouse guests may press Spa button on the guest room telephone.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries, which could affect your treatment when making your spa reservation. Heat and water facilities are not recommended for pregnant women. Guests who appear to be under the influence of alcohol will be declined access to treatments and the spa facilities.

CANCELLATION POLICY

For cancellations or changes in appointments, a minimum 24 hours advance notice is required in order to avoid being charged in full.

ATTIRE

Disposable underwear is available upon request. Swimwear is required if you wish to use the water facilities.

AGE REQUIREMENT

All Spa guests having treatments, or using the thermal areas (sauna, jacuzzi , steam rooms , showers) must be at least 16 years of age.

ARRIVAL TIME

We encourage you to arrive 15 minutes prior to your scheduled appointment. Please understand that late arrivals will not receive an extension of scheduled treatments.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. Use of mobile phones and cameras is not permitted within the spa. Externally purchased food and beverages cannot be brought in and consumed in the spa.

SPA RETAIL

We retail a complete range of skincare and body products for you to recreate the spa routine at home.

GIFT CERTIFICATES

Gift certificates are available for purchase. Please contact the Spa Reception for details.

REFUND POLICY

Products sold are not refundable or exchangeable.

LOSS OR DAMAGE

We will not be held liable for any loss or damages to personal belongings during your visit.

ACCIDENTS OR INJURIES

We will not be held liable for any accidents or injuries sustained during your visit.

PRICES

All prices are in Moroccan dirham with all taxes included.

OPENING HOURS

Spa Treatments and wet facilities: From 9am to 9pm .



THE RITZ - CARLTON SPA

RABAT, DAR ES SALAM

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