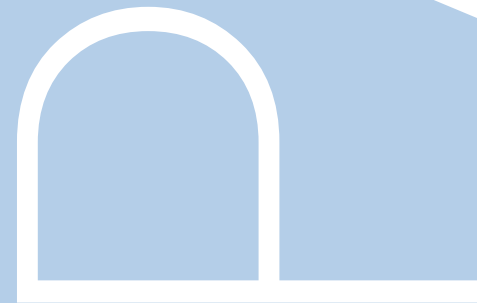




**THE RITZ-CARLTON**  
VIENNA





A HOLISTIC SPA HIDEAWAY  
DESIGNED TO TOUCH, TO INSPIRE  
AND TO EMPOWER YOU TO SHINE

# LUXURY CITY ESCAPE

The Ritz-Carlton Spa in Vienna is all about your very own tailored wellness experience, where treatments are personalized and perfectly unique. It is an urban hideaway that combines natural elements with therapeutic, clinical and healing expertise, creating an oasis of tranquility and energy in the city center of Vienna. The curated menu provides luxurious and result-driven experiences carefully designed with highly crafted Susanne Kaufmann™ treatments. Choices are plentiful, from single sessions to an array of spa packages and signature rituals exclusively available at The Ritz-Carlton Spa.



Susanne Kaufmann™ embodies natural and effective skincare and treatments. Today, this holistic skin and body care line features more than 100 functional products to help keep skin in beautiful condition. Susanne Kaufmann's vast experience in wellbeing and skincare is found in every product. The high-performance products are produced with the greatest of care and filled, sealed, and packaged by hand at the brand's manufacturing site in the alpine Bregenzerwald region of Austria. Susanne Kaufmann™ offers care for all skin types based on traditional Austrian healing knowledge.

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111Skin is an authentic doctor driven skincare brand, founded by European board certified plastic surgeon Dr. Yannis Alexandrides. The brand seeks to incorporate the genesis of harley street in everything it does. It delivers instant results across a spectrum of concerns focusing on healing and advanced anti-aging. Positioned in leading luxury spaces and an international presence that is coveted by fashion designers, make-up artists and supermodels alike, 111Skin formulates its skincare to deliver a no filter confidence.

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## SIGNATURE EXPERIENCES

The Ritz-Carlton Spa offers a menu dedicated to holistic health. With individually created signature rituals, you can experience complete well-being and the natural way of boosting beauty consistently. These wellness rituals are designed to touch with soothing fragrances, pleasant warmth and relaxing treatment procedures.

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# EXPERIENCES

## THE RITZ-CARLTON SIGNATURE WELLBEING JOURNEY\*

120 MIN

Take time to relax and unwind in your private Spa Suite as we bring body and mind back to harmony. This nurturing experience promotes the elimination of toxins while infusing the body with deeply reviving and relaxing massage techniques, which re-center the mind and rebalance the body. Infuse your skin with ultimate masking treatments that leave the skin beautifully hydrated, plump and illuminated as your mind and body feels relaxed and soothed in an aromatic bath

**Includes:** Warming foot bath, Oil body peeling, bath for the senses, individual massage 60 minutes with massage oil of your choice.

## THE RITZ-CARLTON DETOX WELLBEING JOURNEY\*

120 MIN

The Detox Signature Treatment is perfect for liberating the entire body from hyperacidity and pollutants. Special eliminating points are stimulated to promote the removal of waste products. Firming ginger body oil with gentle, flowing massage techniques promote a unique sense of rejuvenation. The metabolism is boosted, the connective tissue tightened, and the complexion cleared.

**Includes:** Alkaline foot bath, Body Exfoliation, private steam bath & shower, Detox massage 60 minutes.

## SOUL & SOLE STRESS RELIEVE RITUAL

90 MIN

Explore our holistic approach to well-being and deep relaxation. This ritual is designed to introduce you to the benefits of holistic wellbeing. A series of preparatory wellbeing steps is followed by a top to toe experience. A relaxing head massage combined with a refreshing foot massage let you feel like walking on clouds.

**Includes:** Preparatory oil peeling, private steam bath, 30 min head, neck and shoulder massage and 30 min foot massage in the comfort of your private Spa Suite. Complimented with a soothing and refreshing smoothie.

## HEAD TO TOE DISCOVERY RITUAL

90 MIN

The ultimate body & mind wellbeing ritual: Unwind and de-stress with this heavenly combination in the privacy of your private spa suite. Drift away with a relaxing massage customized to your needs to stimulate the natural balance of body, mind, and soul.

**Enjoy our Susanne Kaufmann™ Customized Facial to leave your skin beautifully hydrated, plump and illuminated.**

\*EXPERIENCES INCLUDE 4 HOURS DAY-SPA ACCESS



CONNECT  
RETREAT TOGETHER





# CONNECT

## RETREAT TOGETHER

### COUPLES RETREAT\*

120 MIN

Embrace this defining body ritual in a romantic setting with your loved one. After our signature foot-bath a 60 minute individual massage followed by an invigorating body peeling and mask, encapsulated by a relaxing foot massage. A bath of the senses concludes this blissful experience for two. Conclude with a glass of prosecco and healthy fruit platter.

### PRIVATE SPA SUITE

120 MIN

In our elegant Spa Suites you will experience ultimate relaxation in a private atmosphere. Treat yourself with absolute privacy, lean back in the whirl bathtub and relax in your private steam bath. Let us create your individualized experience based on your personal wishes.

**Includes:** Aromatic bath in the private whirl bathtub, private steam bath and shower, Vanity area with Spa amenities, two glasses of prosecco.

For reservations of 240 min a fruit plate is also included. You may choose a variety of healthy snacks or desserts from The Ritz-Carlton Spa pool selection (for an additional charge).

### SPA DISCOVERY\*

SOLO OR DUO

The perfect gateway for spa new comer. Immerse in a relaxing experience surrounded by luxury amenities and enjoy access to the three worlds of well-being at The Ritz-Carlton Spa with refreshments and spa treatment of choice.

**Includes:** 4h Day Spa with access to pool, sauna, steam bath, heated relaxation beds and fitness center, 1 glass of prosecco by the pool and 30 min relaxing head treatment or foot care treatment.

\*EXPERIENCES INCLUDE 4 HOURS DAY-SPA ACCESS



## MASSAGES RELAX & INVIGORATE

Experience a wide range of soothing massage techniques combining warming oils and effective essences. Take time to enjoy this premium form of well-being whisking you away from the stress, hustle and bustle of everyday life, bringing you back to inner balance.

**Arnica Body Oil:** a blend of precious cold-pressed oils such as marigold oil and rosehip seed oil which support the skin in retaining moisture, making it healthy.

**Ginger Detox Oil:** a blend of active skin function oils such as jojoba oil, avocado oil and rosehip seed oil. Extracts from ginger and birch leaves stimulate microcirculation and help the skin release toxins.

**Pomegranate Body Oil:** a blend of pomegranate oil, millet seed oil and jojoba oil, stimulates skin regeneration and creates a smoother and firmer appearance.

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# MASSAGES

RELAX & INVIGORATE

## INDIVIDUAL MASSAGE

30 MIN | 60 MIN | 80 MIN

This customized massage provides a unique experience and is entirely designed to your needs, preferences, and current state of well-being.

## CLASSIC BACK-SHOULDER-NECK MASSAGE

30 MIN

Proven, professional massage technique to release blockages and to relieve aches and tensions in the head, shoulders, and neck muscles. Gives you new energy and clears your mind.

## DEEP TISSUE SPORTS MASSAGE

60 MIN

The entire musculoskeletal system and the musculature are mobilized using deep tissue techniques and stretching. The massage has a revitalizing effect on the body, is particularly effective for tension, joint, and muscle pain.



MASSAGES  
HEAL & LET GO



# MASSAGES

HEAL & LET GO

## HERBAL POULTICE-MASSAGE DEEP RELEASE & RELAX

80 MIN

A therapeutic, deeply relaxing massage. Focusing on the area of the body most prone to tensions and stress. Traditional heated herbs (poultices) are used for profound deep healing and release of muscle tension.

## FOOT REFLEXOLOGY MASSAGE

60 MIN

Each part of the body is connected to corresponding energy zones in the soles of the feet. A targeted massage of these zones improves the flow of energy throughout the entire body. This massage has a balancing effect on your body and internal organs.

## FOCUS & CLARITY HEAD MASSAGE

45 MIN

This head and neck aroma massage relieves tension, headaches, and blockages, promotes the flow of energy, and enhances concentration for more efficient work.

## LYMPH DRAINAGE

PARTIAL BODY TREATMENT 45 MIN  
FULL BODY TREATMENT 60 MIN

Accumulations of lymph fluid and toxins are transported away from the tissues using a combination of techniques to reduce water retention and leave the body toned and refined.

## DETOX MASSAGE

60 MIN

This detoxifying massage using warming and stimulating ginger oil promotes the deep tissue to flush out released pollutants while influencing the flow of energy and boosting the metabolism.

## HERBAL TREAT\*

120 MIN

This is a treat for body and soul. Enveloped by the mesmerizing scent of healing herbs, drift away with a deep cleansing peeling. Followed by the healing power of herbal poultices your body quickly releases tension and stress. The concluding bath and body balm will leave you refreshed and profoundly relaxed at the same time.

\*EXPERIENCES INCLUDE 4 HOURS DAY-SPA ACCESS



# SKINCARE

Join Susanne Kaufmann™ in a world of beauty – a world of natural and effective ingredients – and a world of precious oils and luxurious formulas.

111Skin's formulas are inspired by the immediate, effective results and have been created to lift, brighten, and nourish.

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# SKINCARE

## TRANSFORMATIVE FACIAL EXPERIENCE-DELUXE

80 MIN

An individual treatment tailored to your skin needs, which transforms the skin into your personal desired state. This luxurious treatment includes all of the above facial treatment including ultrasound treatment with a final draining facial massage. Not only will your face be cared for, your hands and arms will also be gently peeled and pampered with a hand mask.

## THE SIGNATURE HARLEY STREET FACIAL

60 MIN

A high-performance facial formulated with powerful antioxidants to neutralize free radical damage, and to repair irritated skin. This double clinical cleanse treatment, with deep tissue muscle massage, harnesses the 111SKIN signature NAC Y2 complex, our original Dramatic Healing Serum formula, to strengthen and restore skin's lipid barrier and prevent further inflammation. This facial also targets skin issues such as dehydration, sensitivity and rosacea for skin that feels and looks calmer and deeply hydrated.

Products by 111Skin

## EYE OPENER

45 MIN

Includes facial cleansing with facial peeling tailored to your skin type. The main focus is in the area of the eyes. The area is made to shine with eye serum and eye cream through a special pressure massage. A final care completes this soothing treatment.

## CELESTIAL BLACK DIAMOND NON-SURGICAL LIFT FACIAL

90 MIN

Our most comprehensive anti-wrinkle facial, this luxurious experience harnesses 111SKIN's most potent collection, the Intensive Collection, to encourage a youthful, sculpted and visibly firmer appearance. The multi-masking treatment reduces pigmentation for brighter and more balanced-looking skin. A combination of the smoothing wand and signature massage ensure the skin is taut.

Products by 111Skin

## GLOW FACIAL

60 MIN

Glow stands for a delicately glowing skin that come from within. The treatment starts with a thorough facial cleansing. This is the basic requirement for a radiant complexion. The glow mask that follows contains an enzymatic peeling, ginger and caffeine to stimulate blood flow to the skin and naturally conjures up a rosy freshness that makes it glow. The plant-based hyaluronic serum and the Susanne Kaufmann™ lifting mask increase the moisture content of the skin and tighten the tissue.

## EXTRA ULTRASOUND

45 MIN

Can be booked as an additional treatment to all treatments. With final care.

## 3 IN ONE

45 MIN

Includes eyebrow shaping, eyebrow and eyelash tinting.

## MANICURE & PEDICURE



Our selection of nail care services promote healthy nails and youthful skin. Let our Beautician care for your hands and feet, while you relax body and mind.

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# MANICURE & PEDICURE

## MANICURE CLASSIC

55 MIN

An effective manicure for healthier nails and hands. This treatment deep cleans, rejuvenates, and exfoliates for healthier, softer skin and nails.

## MANICURE WITH POLISH

65 MIN

Enjoy a luxurious manicure that promotes healthy nails using products that make your nails strong, flexible, and resilient. Application of nail color is included.

## MANICURE WITH SHELLAC

75 MIN

## PEDICURE CLASSIC

65 MIN

This therapeutic, invigorating treatment begins with a soothing foot bath in herbal salts to refresh and relax the feet. Our technician will focus on the three C's of wear and tear – calluses, corns, and cracked dry skin. The health of your feet and nails will be restored.

## PEDICURE WITH POLISH

75 MIN

This therapeutic, invigorating treatment begins with a soothing foot bath in herbal salts to refresh and relax the feet. Our technician will focus on the three C's of wear and tear – calluses, corns, and cracked dry skin. The health of your feet and nails will be restored. Application of nail color is included.

## PEDICURE WITH SHELLAC

85 MIN



ADD ONS



# ADD ONS

## PREPARATORY PEELING

30 MIN

Prepare your skin for further body treatments with this peeling created to gently remove dead skin and stimulate cell renewal, smoothing the skin, leaving it exceptionally soft to touch.

## OIL BATH FOR THE SENSES

30 MIN | SOLO OR DUO

Fragrant, relaxing, and aphrodisiac, the essential oils of lavender, ylang-ylang, and patchouli are a wonderful combination, leaving the skin feeling supple and smooth.

## HOT STONE

45 MIN

Boost any massage with smooth basalt stones that radiate heat deep inside the muscles to relieve tension and stress.

## HERBAL POULTICES

45 MIN

Enhance your treatment with the deep healing of the herbal poultices.

ALL ADD ONS MUST BE BOOKED AND RECEIVED WITH A TREATMENT.



## GUIDELINES



# GUIDELINES

## OPENING TIMES

Fitness center 24 hours (exclusive for hotel guests and members).

For experiences at The Ritz-Carlton Spa please consult one of our Ladies and Gentlemen for current opening times.

## RESERVATIONS

To schedule an appointment for your perfect treatment, please contact the Ladies and Gentlemen at the Spa who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend you to book in advance.

## ARRIVAL TIME

Please allow at least 15 minutes before your treatment to complete a spa consultation form and/or health questionnaire. So you will have enough time to change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time. The spa will provide towels, robes and slippers and any amenities required for use during your spa visit.

## SPA ETIQUETTE

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. In light

of this, the spa is a mobile phone, pager, camera, alcohol and smokefree zone.

## SPA FACILITIES AND ACCESS

The following spa facilities are available to guests booking a treatment over 120 minutes: sauna, steam room, pool, Spa changing and relaxation areas and fitness center. Guests who have reserved a treatment below the duration of 120 minutes may access the spa facilities with an additional charge. The access to the Spa facilities is for exclusive use of hotel, members and day spa guests.

## FITNESS CENTER

A state-of-the-art fitness center equipped with a variety of cardiovascular and strength machines and free weights area. An individual session with a personal trainer may be arranged upon request at a charge. Children under the age of 12 are not permitted. Children under the age of 18 must be accompanied by an adult.

## SWIMMING POOL

The 18-meter pool with air and water massage jets is available to hotel guests, members and day spa guests only. Chil-

dren under the age of 18 must be accompanied by an adult.

## CANCELLATION POLICY

A 100% charge will be incurred for any treatment not cancelled at least 24 hours prior to your scheduled time. Late arrival will shorten your treatment time.

## HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

## PREGNANCY

We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

## GIFT VOUCHER

An ideal gift for someone special. Please contact the spa team for details or order vouchers online.

## HOMECARE

To continue your spa experience at home, most products used in our treatments are available to buy at spa reception.

## VALUABLES

The spa accepts no responsibility for loss of valuables and jewelry at any time on the spa premises.

## LOST PROPERTY

All lost property found on the premises should be handed in at reception. Items will be stored for three months, if they are not collected within this time they will be donated to local charities. Liquids, undergarments and hair brushes are kept for 24 hours only.

## PRICES

All prices are quoted in EURO, inclusive of 20% VAT and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.









## CONTACT

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