



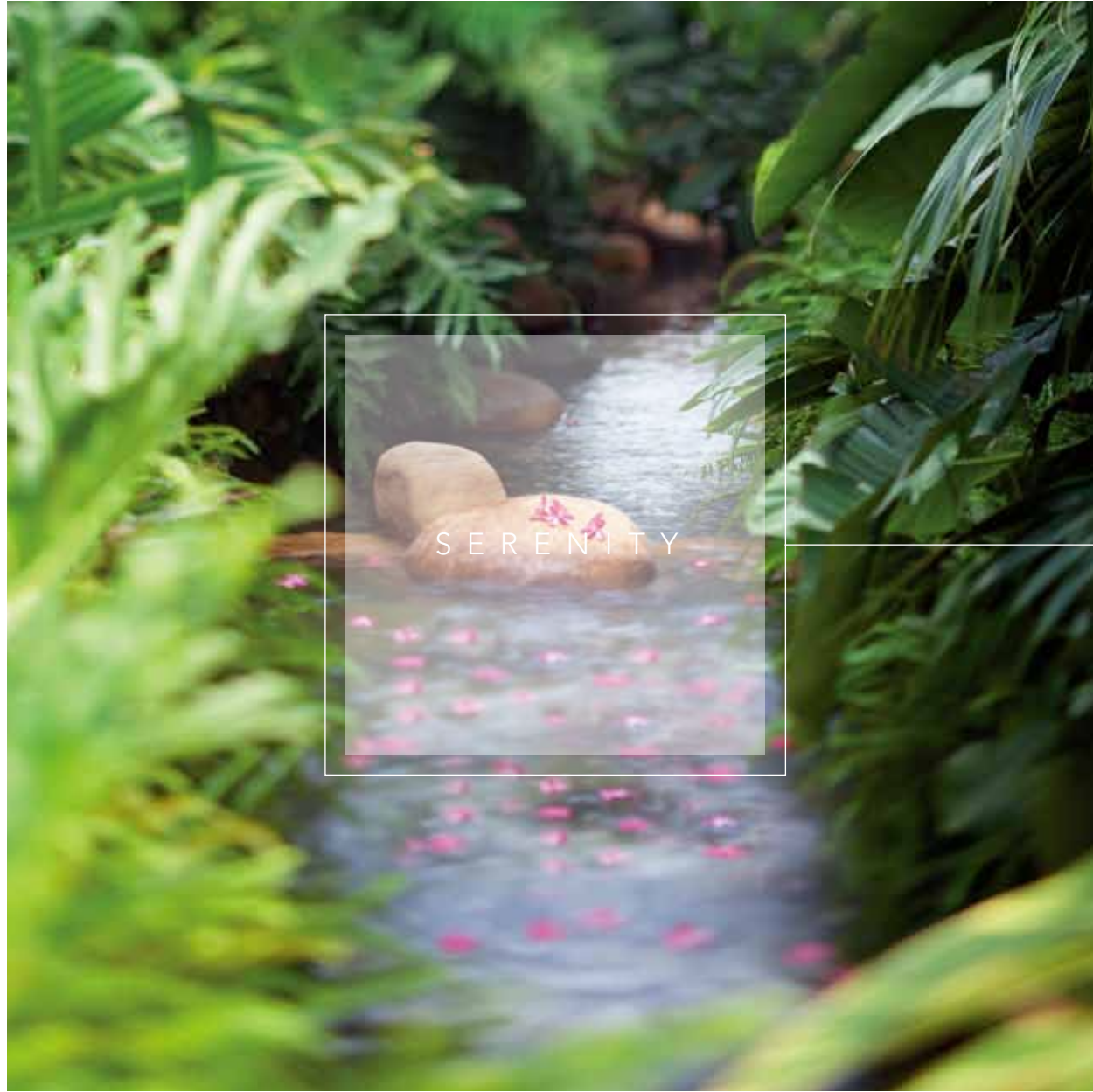
THE RITZ-CARLTON®
SHENZHEN

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THE RITZ-CARLTON
[Shenzhen]
深圳星河丽思卡尔顿酒店



THE RITZ-CARLTON®
SHENZHEN



在喧嚣匆忙的现代社会，我们渴望能有片刻安宁。我们想要一个能让自己平静独处的港湾，让舒适的感觉包围呵护。唤醒我们的意识，引导我们领悟生命的意义。

丽思卡尔顿水疗及健身中心，为您打开了一扇亲近自然的大门，体验自然的魅力所在。在这里，您可以得到真正有效的护理，体验身、心、灵的完美结合。

我们对古代美颜哲学和身体疗法进行了许多的研究和开发，创造了一系列一流的护理疗法，为您提供从头到脚的舒适护理。再结合能快速恢复活力和完全放松身心的精制草本产品，我们将奉献给您最纯正、最完美的感官之旅。

Amidst the hustle and haste of the modern world, imagine a place where time stands still and where tranquility and solitude are easy to achieve, leading to the path of consciousness and the purpose of life.

Here at The Ritz-Carlton Spa and Fitness, guests can commune with nature and experience truly rewarding therapeutic rituals to enhance the body-mind-soul interdependence. Through extensive research and development on ancient beauty philosophy and body therapy, an admirable array of treatments was especially created for head-to-toe pampering. Combined with the finest botanical products for sheer rejuvenation and pure relaxation, each treatment ritual ensures that your journey of the senses will be pure bliss.

经典护理 SIGNATURE TREATMENTS

身心舒畅

150分钟

稳定和疗效 – 此护理疗程专注于从头部到脚趾重建身体平衡。从脚部护理开始去强化物理连接，刺激全身经络，接着配合温暖的能量火山石重点深层按摩紧张的肌肉。美丽的能量玉石放置在适当的脉轮来调整整个身体的能量流。速效面部护理和深层头皮按摩可使冠轮连接，达到深层的放松。

项目包含: 脚部护理、特定身体按摩、面部洁净、面部按摩，头皮按摩

丽思光彩闪亮

120分钟

护理结合了怡世宝最具特色的皇牌产品，广受大众所喜爱。疗程先从背部开始，去除老化角质，接着配合温暖的能量火山石按摩背部和头部，舒适的力度使您进入身心放松的状态，释放肌肉压力，最后以亮彩活颜面部护理结束疗程。让您的脸、身和心灵得到活力，释放全身并增加光泽。此护理还包括一个特别光彩的手部裹敷，富含天然果酸及水杨酸有助于皮肤光滑，减少不均匀的色素沉着并滋润你的肌肤。

项目包含: 身体磨砂，背、肩、颈热石按摩，亮彩活颜面部护理，头皮按摩

HEAVEN & EARTH

150 minutes

Grounding and therapeutic – this treatment focuses on re-establishing energetic balance – from head to toe. Starting with a foot ritual to fortify the physical connection and stimulate the flow of Qi throughout the body, the massage that follows uses warm stones to focus on areas of deep seated tension. Beautiful Jade Energy stones are placed on appropriate Chakras to regulate energy flow throughout the body. An express facial and deep scalp massage establish the Crown chakra connection and achieve profound relaxation.

Includes: Foot ritual – Specific body massage – Facial cleanse and massage – Scalp massage

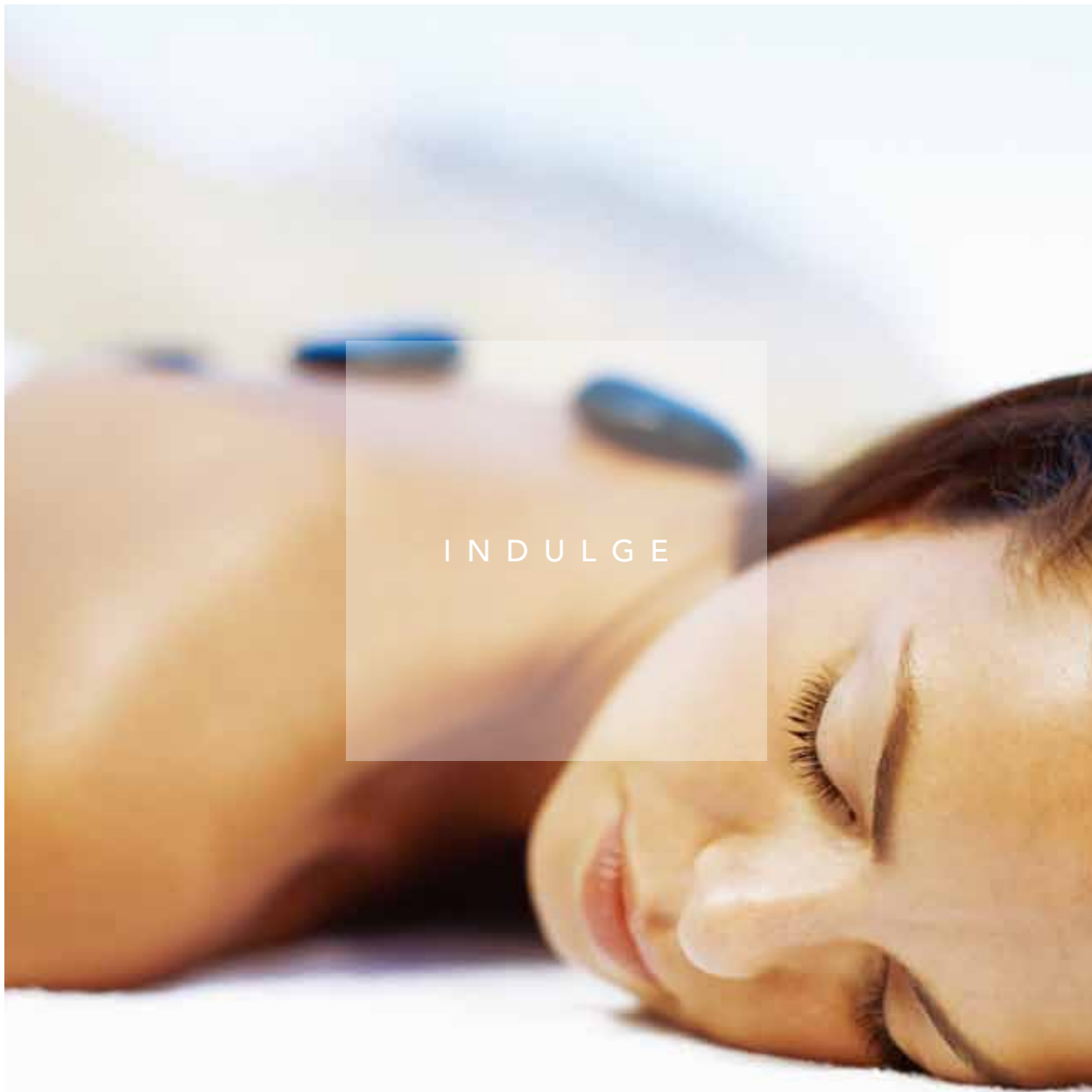
RITZ-RADIANCE RITUAL

120 minutes

This repairing ritual combines ESPA Hero treatments for profound results. The tension-busting Back, Face and Scalp treatment with hot stones is seamlessly fused with the results-driven Radiance facial to deliver an energizing, revitalizing full body treatment that returns luminosity and vivacity to the body, face and mind. A special application to the back of the hands of Radiance mask, rich in AHA's and BHA's helps to smooth skin, reduce uneven pigmentation and hydrate this delicate area.

Includes: Body exfoliation - Hot stone back, shoulder and neck massage – Radiance facial – Scalp massage





明净护理

180分钟

一个令人鼓舞的身体磨砂是为准备一个深层滋养、净化乳霜的身体裹敷前的绝佳体验,可焕发皮肤,恢复柔软。这裹敷包括桂花的花液,采用广受大众喜爱并效果显著的鲜艳颜色花朵,有可调节机体免疫功能改善消化系统以及有助净化的作用。头皮按摩配以温热的精油和热河流的山石按摩肌肉,使肌肉完全放松,感觉轻松惬意。

项目包含: 身体磨砂、明净裹敷、90分钟深层肌肉按摩、头皮按摩

深圳舒压舱

120分钟

这显著舒缓压力,舒缓身体疲劳的护理,为提高睡眠体验而配合了温和的身体去角质,个性化香熏按摩使身体得到平衡,令身心回复平和畅快,而头皮按摩为你带来深度放松及轻松舒展的惬意体验。

项目包含: 身体磨砂、90分钟个性化香熏按摩、头皮按摩

DETOXIFYING RITUAL

180 minutes

The ultimate detox ritual. A cleansing and invigorating body exfoliation prepares for a lavish application of deeply nourishing and detoxifying body creams and an enveloping body wrap, restoring suppleness and glow to the skin. The wrap includes an infusion of Osmanthus Frangrans flower, or Guihua as its better known. These powerful, vivid yellow flowers are renowned for supporting the immune system and improving digestion, gently assisting with the detox process. The deep muscle body and scalp massage that follows uses warm essential oils and gently heated river smoothed stones to melt away deep-seated tension and restore joie de vivre.

Includes : Body exfoliation, Detoxifying body wrap, 90-minute Deep muscle massage, Scalp massage

SHENZHEN STRESSBUSTER

120 minutes

The ultimate stress-melting treatment, this sleep enhancing experience combines a refreshing body exfoliation, personalised aromatherapy massage to restore peace of mind and bring deep relaxation followed by a therapeutic scalp massage leaving you with a sense of total well-being.

Includes: Body exfoliation, 90-minute personalised aromatherapy massage, Scalp massage

恒久之美莲花

120分钟

此护理采用奢华的莲花珍珠精华液，首先给肌肤做全面的清洁，随后于脸部和胸部分别涂上金装面膜及莲花丝质美肌乳，结合手法独特的莲花按摩，改善皮肤弹性，即时为肌肤注入水份，瞬间回复年轻活力。

神秘阴阳莲花之旅

120分钟

这是一个真正放松身体的疗程。您将享受带有异国情调的海盐身体磨砂，然后辅以芳香莲花全身按摩，最后用莲花丝质美肌乳包裹全身，帮助平衡体内阴阳，使肌肤看起来如重获新生一般圆润饱满，富有弹性。

THE ETERNAL BEAUTY OF LOTUS

120 minutes

This treatment uses luxurious Lotus Regeneration Pearls Essence. It begins with the intensive cleansing, followed by face and bust masks filled with rich nourishing ingredients. Finally, a unique Mystic Lotus Massage helps improve your skin elasticity, leaving your skin instantly hydrated and visibly refined.

THE MYSTERIES YIN YANG JOURNEY OF LOTUS

120 minutes

This treatment begins with an exotic mineral sea salt body scrub, followed by Aromatic Lotus Massage. The journey ends with a superb Lotus Silk Pack to balance your Yin and Yang with silky skin, resulting in your complexion looking renewed, restored and rebalanced.





REJUVENATE

面部护理 FACIALS SKIN SOLUTIONS

逆转肌龄面部护理

90分钟

此奢华再生面部护理专为熟龄肌肤而设，有效减淡眼部鱼尾纹、颈纹、唇纹和法令纹；抗击多重衰老迹象，仿如重生般紧致亮丽。以专有的抗皱按摩手法配合精研开发的同效产品，改善肌肤纹理，深度修复肌肤，调理肌肤气色。

项目包含：再生面部护理和眼部护理

亮彩活颜面部护理

60分钟

此恢复活力面部疗程，能唤醒疲倦肌肤，柔软亮泽，达到深层修复，散发自然光泽。此护理特别采用怡世宝焕彩亮肤霜，融入含有丰富天然果酸及水杨酸的夏威夷芦荟与绣线菊精华，帮助减淡不规则的色素沉淀，抚平肌肤，令肌肤散发水润光泽，效果显著。

水润透肌面部护理

60分钟

干燥缺水性肌肤专享，犹如恰逢甘泉涌入，达到强力注水与保湿，恢复水嫩肌。温和洁净及去除老化角质层为肌肤更有效的吸收面部滋养护理油打开通道，强效水分面膜为缺水肌肤底层注入源源不绝的水分，让肌肤重拾水嫩弹力。

深层洁净面部护理

60分钟

此面部护理为油性、暗疮型及被荷尔蒙分泌失调所困扰的肤质带来有效的改善。此护理能深度清洁面部、净化毛孔，含有高岭土等成份的洁净面膜深层清洁肌肤，帮助调节油脂分泌并均匀肤色，使每寸肌肤都得到不断的滋润与更新。

AGE-REPAIR FACIAL

90 minutes

A luxurious and regenerating facial for maturing skin to help minimise lines and wrinkles around the eyes, neck, lips and jawline to help combat the signs of ageing. This treatment visibly improves the appearance of the skin by using special age-defying massage techniques and a selection of age-defying products to replenish and revitalise the skin, leaving your complexion toned, radiant and rejuvenated.

Includes: Age-Defyer Facial and Eye Treatment

RITZ-RADIANCE FACIAL

60 minutes

This revitalising facial treatment helps refresh tired skin, giving a noticeably brighter and naturally radiant appearance. A special application of ESPA Skin Radiance Moisturiser; rich in natural AHAs and BHAs from Hawaiian Algae and Meadow-sweet, helps to smooth, reduce irregular pigmentation leaving the skin with a perfect finish: soft and supple with a natural glow.

HYDRATION FACIAL

60 minutes

An intensive and regenerating facial for dehydrated skin leaving it supple and nourished. Gentle cleansing and exfoliation help the skin absorb replenishing face treatment oils and masks to deeply moisturise and soothe the complexion. This rehydrating facial leaves skin smooth and feeling rejuvenated.

SKIN PURIFYING FACIAL

60 minutes

Ideal for oily, congested and problematic skin, or those suffering with hormonal imbalance. This deep cleansing facial helps to regulate oil secretions and refine open pores. Essential Cleansing Mask with Kaolin Clay and Benzoin draws out impurities and calms the skin encouraging a more balanced and clearer complexion.

精纯之美莲花

90分钟

珍贵的莲花活性成分精华液，结合高效能的鱼子胶原面膜，以及精致的手部护理，使您的肌肤备受呵护，有效赋予肌肤全新能量，并令您的肌肤柔滑、紧致、光彩动人。

柔和之美莲花

90分钟

这是一种高效的面部护理疗程，可以让您亲眼看到并亲身感受到效果。温和酵素去角质，珍贵活性成份精华液，豪华莲花面膜，以及神秘的莲花面部按摩，效果独特，使您的肌肤得到绝对的放松，让肤质充满生气并均匀肤色。

为享受更全面的面部护理，您还可以：

眼部提紧致护理

30分钟

眼部提拉紧致护理特别推荐给注重眼部保养的您，是改善各类眼部肌肤问题的完美革新选择。

都市生活的紧张与长期使用电脑引起的疲惫是导致眼部肌肤问题的最大根源。透过温和洁净带走老化角质层，疗程采用眼部紧致保湿精华液，配合理疗师提拉按摩动作，达至去纹、紧致的效果，延缓眼部衰老，使双眼散发迷人神彩。

THE FIRST TEMPTATION OF LOTUS

90 minutes

This luxurious facial treatment uses the finest concentrated active ingredients, an effective Caviar Fleece and an exquisite hand and arm treatment to boost skin suppleness, resulting in an extremely smooth and taut complexion with a luminous glow.

THE GENTLE TOUCH OF LOTUS

90 minutes

This is an effective pampering facial treatment with visible results. You will feel and enjoy the unique effects of the mild Silky Star Peeling, with premium concentrated active ingredients, and the luxurious Lotus Mask followed by the Mystic Lotus Massage for pure relaxation. It will leave your skin with a vital and even complexion.

Why not complement your treatment with:

LIFT & FIRM EYE TREATMENT

30 minutes

Perfect for those who are concerned with the first signs of ageing around the eyes. An effective firming and hydrating treatment, helping to reduce the appearance of fine lines and relieve tension from eye-strain and computer headaches. Incorporating a cleanse, exfoliation, massage and application of our Lift & Firm Intensive Eye Serum.





UNWIND

身体按摩 MASSAGE

丽思卡尔顿主题元素按摩

90分钟

这种独一无二的，使心灵得到放松的按摩，它包含了四种不同的手法，运用了木、水、火、土的哲学理念，同时结合芳香疗法，仙竹东方按摩，传统泰式按摩和火山热石按摩，为您带来心灵和思想上的平静。

怡世宝香熏按摩

60/90分钟

使用多种独立调配之植物按摩油的怡世宝的香熏按摩是专业、独特之所需，必不可少的护理。根据个人的护理咨询、健康状况为您量身打造的按摩护理项目，照顾客人之需要。

以下为独特调配的按摩油以供选择:

排毒健美、减压舒缓、肌肉放松、时差调整、增强免疫系统、能量补充、美体塑身

项目包含: 背部、腿部、双臂、腹部及肩颈香熏按摩

巴厘岛式按摩

60/90分钟

温热的按摩油辅以悠然抚推式按摩手法，务求让客人身心灵得到全面呵护，达到完美协调。理疗师以温暖的按摩油作为舒缓压力的媒介缓缓倾泻在身体中央，舒爽温暖的抚推和轻揉手法配以能量火山石按摩绷紧的肌肉，同时调节至您所需之力度作伸展及轻抚交替动作，让您的思维、身体、心灵浸溺在这个舒泰和放松的按摩中。

项目包含: 背部、腿部、双臂、腹部及肩颈按摩

THE RITZ-CARLTON SIGNATURE ELEMENTS

90 minutes

This unique massage for sheer mind relaxation combines different movements using our philosophy of wood, water, fire and earth. It also uses Aromatherapy, Bamboo Oriental, Oriental Thai and Lava Hot Stone Massages to bring your soul to peace of mind.

AROMATHERAPY MASSAGE

60/90 minutes

ESPA aromatherapy massage is essential, professional and specific, using a blend of individually chosen oils.

A personal consultation will ensure that you receive a unique treatment to suit your specific needs. Choose from the following: Detoxifier, De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster

Includes: Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder massage

BALINESE

60/90 minutes

This massage uses long, warming strokes to encourage complete calm and wellbeing.

Gently heated aromatherapy oils are poured onto the centre of the body and massaged into the skin using stretching and sweeping movements for deep relaxation. Hot volcanic stones are used to tailor the massage pressure to your needs and release tension. This soothing and indulgent massage leaves your mind, body and spirit soothed and relaxed.

Includes: Balinese massage to back, legs, arms, abdomen, neck/shoulder massage

瑞典式按摩

60/90分钟

柔和与平衡之首选项目，传统的瑞典式按摩手法促进淋巴排毒的同时让您的肌肉无限放松。

理疗师使用适中力度推按手法，舒缓长期受压的疲劳肌肉，让身心重拾活力。以不同的按摩动作促进提升血液循环，有效放松身体，令您轻松迎接新的一天。

项目包含：背部、腿部、双臂、腹部及肩颈按摩

深层肌肉按摩

60/90分钟

此按摩能够迅速缓解深层疲劳和习惯性肌肉紧张。

因工作、运动等原因造成不同部位的肌肉劳损或习惯性肌肉紧绷，如颈，肩，腰椎肌肉僵硬、背部疼痛等。此按摩专为肌肉疼痛等问题而设计，理疗师娴熟的按摩技巧，针对性加强需要关爱的身体肌肉部位，有效缓解肌肉酸、疼、肿、胀。

项目包含：针对不同身体部位的按摩

能量热石按摩

90分钟

温暖的火山热石配合香熏油能使您缓解劳累的身躯，最终达到全身放松的状态。火山热石的热能量层层穿透至肌肉紧绷源头，通过热能传递摆脱肌肉的酸痛、肿胀，达到血气通畅，促进循环之功效。

项目包含：背部、腿部、双臂、腹部及肩颈能量热石香熏按摩

SWEDISH

60/90 minutes

A traditional full body massage using firm pressure to promote relaxation and ease muscle tension.

This treatment is ideal as an introduction to massage; stimulating movements help soothe tired aching muscles to leave you relaxed and revived.

Includes: Swedish massage to back, legs, arms, abdomen, neck/shoulder massage

DEEP MUSCLE

60/90 minutes

A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, painful lower back pain and sore, tight shoulders.

Includes: Specialised massage to specific areas of concern

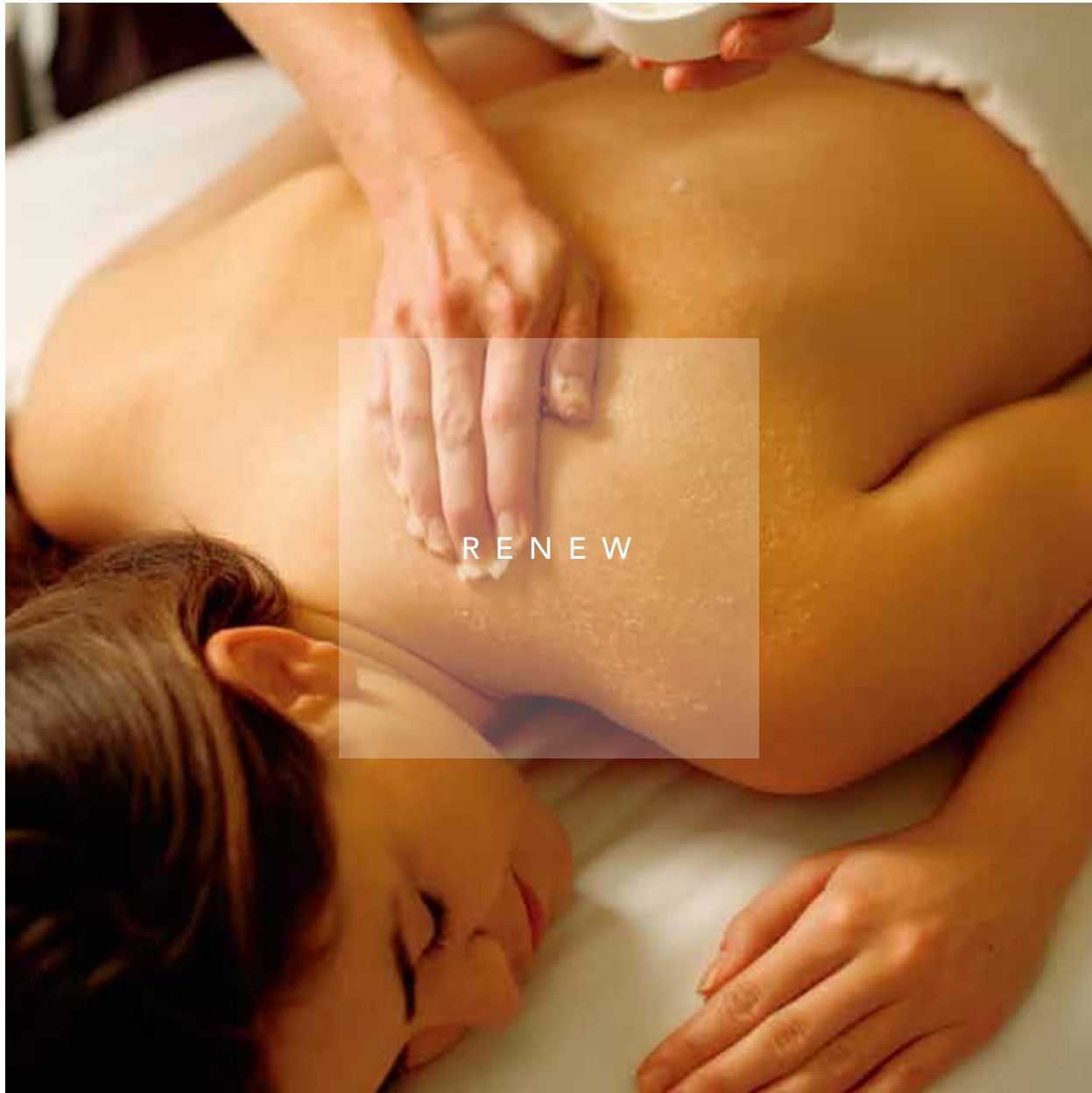
HOT STONE

90 minutes

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension. The warmth of the stones penetrates your muscles to soothe aches and pains; helping you to unwind and your body to feel rejuvenated.

Includes: Hot Stone Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder massage





传统泰式按摩

90分钟

一个从未被征服的古老帝国，创造了这种纯正的泰式舒爽体验。泰式按摩能有效地缓解关节僵硬，舒展肌肉，甚至让我们的内部器官深层放松，让能量顺畅地游走全身。

足部舒缓按摩

60分钟

足部反射区按摩是一种“压力疗法”，通过对足底若干反射穴位进行集中按压，达到治疗或预防疾病的目的。足部反射区按摩益处颇多 - 使人平静，改善血液循环，提高精力，平衡情绪等等。按摩足部反射区能让您疲惫酸痛的双脚劳乏顿消，既清爽又有活力，促进全身健康。

速效背、肩颈部舒缓按摩

30分钟

这种按摩是专为缓解由压力引起疼痛肌肉的地方，并使用最合适的按摩技术配合怡世宝身体按摩油以满足您的需求，并有效缓解疼痛。

THAI

90 minutes

From an ancient empire that has never been conquered comes a pure Thai, invigorating experience to alleviate and loosen stiff joints, stretch muscles and even tone internal organs to create a deep sense of relaxation and smooth energy flow within the body.

REFLEXOLOGY

60 minutes

Foot Reflexology Massage is a “pressure therapy” and involves applying focused pressure to certain known reflex points located on the foot to cure or prevent illnesses. Benefits include: calmness and serenity, improved blood circulation, increased energy and balanced emotions.

BACK, NECK AND SHOULDER MASSAGE

30 minutes

This massage is tailored to address any areas of concern and uses the most appropriate massage techniques along with the ESPA Body Oil to suit your needs and help ease aches and pains.

为享受更全面的呵护，您还可以选择:

香茅和青柠身体磨砂

30分钟

一个充满异国风情的护理，滋润柔滑您的肌肤，含有波拉波拉岛沙、香茅、青柠、百里香等的特式身体磨砂，除作单独疗程外，为附加在怡世宝按摩前的绝佳体验。

茉莉和依兰身体磨砂

30分钟

一个充满异国风情的护理，滋润柔滑您的肌肤，含有玫瑰果种子，茉莉和依兰等的特式身体磨砂，除作单独疗程外，为附加在怡世宝按摩前的绝佳体验。

水润保湿身体裹敷

60分钟

这是一款为干燥皮肤补充营养和舒缓平衡，使皮肤恢复平衡的完美疗程。配合身体刷温和去除身体角质，将温热的精油和滋养润体霜涂抹全身做为身体裹敷，最后以舒缓头皮按摩结束疗程，让您得到完全的放松和深层的皮肤滋养。

Why not complement your treatment with:

LEMONGRASS AND LIME BODY SCRUB

30 minutes

This exceptional skin softening body scrub combines Bora Bora Sand, Lemongrass, Lime and Thyme to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA Massage.

JASMINE AND YLANG YLANG BODY SCRUB

30 minutes

This exceptional skin softening body scrub combines Rosehip Seeds, Jasmine and Ylang Ylang to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA Massage.

SKIN HYDRATOR BODY WRAP

60 minutes

A perfect treatment to replenish and soothe dry skin and restore equilibrium. Following skin brushing and exfoliation, a warmed blend of essential oils and a deeply nourishing body cream are applied and the body wrapped. The treatment finishes with a soothing scalp massage, leaving you totally relaxed and the skin nourished.



孕妇理疗 MATERNITY

孕妇产前与产后理疗

60分钟

专为舒缓孕妇产前或产后的身体不适而设的疗程，针对如水肿或小腿抽筋等问题。

如有需要，先作轻柔去除背部角质洁净肌肤，或直接进行全身按摩，理疗师以独特舒缓的按摩手法针对您关注的肌肉疼痛部位，排除在怀孕期间所产生的任何身体不适，缓解疲倦让您感到舒适轻松。

建议在怀孕期三个月后接受为期6次怡世宝孕妇产前理疗

项目包含: 背部磨砂(可选择)、全身按摩或头皮按摩、理疗因应您不同的需要而调节

PRE & POST NATAL TREATMENT

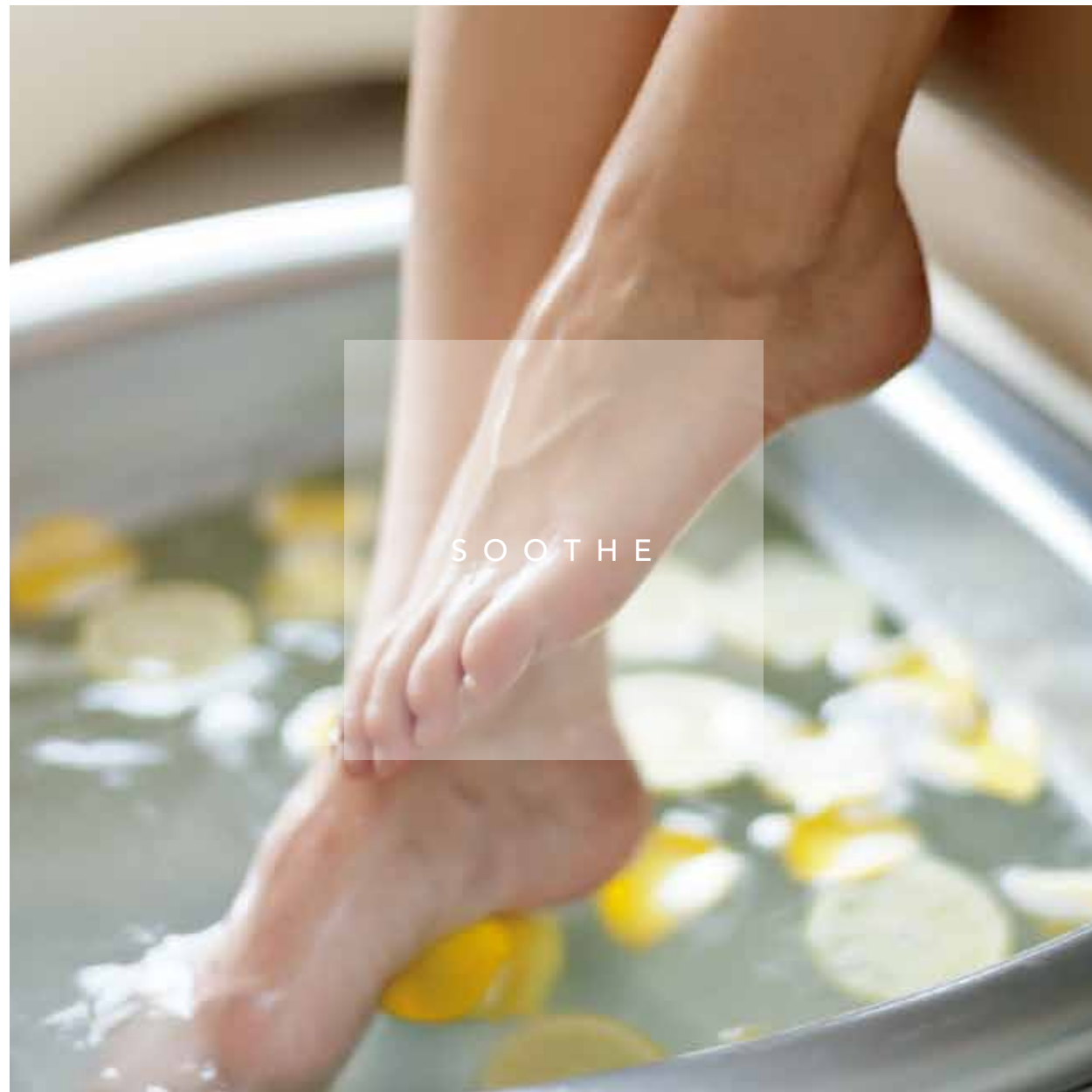
60 minutes

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy.

Gentle back exfoliation, if required, is followed by a soothing body massage specifically designed to suit your individual concerns, focusing on the areas needed to alleviate muscular aches, whilst helping to relax, restore and revitalize.

A course of 6 treatments is recommended following the first trimester of pregnancy.

Includes: Back exfoliation (if required) – body/scalp massage – this treatment is tailored to your specific needs.





男士护理 SPA FOR MEN

男士深层清洁面部护理

60分钟

深层清洁面部护理有助于调节油脂分泌和细化毛孔。有机的柑橘和高岭土有天然镇静和消炎的作用，还可用于舒缓和净化肌肤，使肌肤重放亮人光泽并减退肌肉疲劳和精神紧张。

深层减压护理

60/90分钟

这是一个由内至外回复生气的疗程，为紧张酸痛的肌肉而设。无论是激烈运动后，还是长时间久坐办公室，这种平静的疗法将通过治疗性接触来平衡舒缓紧张。

速效缓解按摩

45分钟

此款浓缩按摩适合由压力引起的头痛及肌肉疼痛的您，速效缓解的不二之选。如果您空闲的时间较少，可以选择速效缓解按摩护理。深层舒缓背部、面部与头部按摩，缓和肌肉绷紧。为您释放压力、平静身心，助您有一个安稳睡眠。

项目包含: 背部按摩、面部按摩、头部按摩

DEEP CLEANSING FACIAL

60 minutes

This deep cleansing facial helps to regulate oil secretions and refine open pores. Organic Mandarin and Kaolin clay, which are naturally decongesting and anti-inflammatory, are used to soothe and calm the skin, encouraging a more balanced and clearer complexion.

STRESS RELEASE MASSAGE

60/90 minutes

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles. A tranquil healing through therapeutic touch to de-stress and relieve tension.

MUSCLE REVIVER

45 minutes

A condensed massage for those who suffer with tension related headaches and neck strain. If you have little time to spare, this deeply soothing back, face and stress releasing scalp massage is an ideal way to melt away tension and relieve tight muscles. You'll feel revived and invigorated for the day ahead or relaxed and calm for a peaceful night's sleep.

Includes: Back massage – facial massage – scalp massage

速效加强护理 SPA EXPRESS

30分钟怡世宝疗程 – 可独立选用或配合其他护理, 享受更全面的呵护:

个人速效面部护理

30分钟

专业理疗师会替客人挑选最合适的面部护理, 怡世宝的个人面部护理包括咨询, SkinVision™皮肤分析、洁净、去角质、面膜深层滋润肌肤之余最后涂上适合皮肤需要的精华素, 让您有个愉快的护理体验。

速效舒爽足部护理

30分钟

能有效缓解足部疲劳, 双腿沉重, 减轻浮肿不适和疼痛, 包括清爽磨砂及具有效的足部及小腿按摩

滋养手部护理

30分钟

深层修复护理干燥、勤劳的双手, 让你重拾柔软的玉手。护理包括清爽磨砂及具有效的手部和前臂按摩。

胸部提升护理

45分钟

胸部提升护理令胸部肌肤瞬间充满水份, 回复紧致和弹性, 让胸部更加紧实挺拔, 肌肤焕发亮泽生机, 使您充满自信, 神采奕奕。

30-minute SPA treatments or why not complement your treatment with a:

PERSONALISED EXPRESS FACIAL

30 minutes

Your therapist will select the most suitable facial for your skin. Every ESPA personalised facial includes a consultation, cleanse, exfoliation, personalized facial mask and finishes with an application of a booster serum to suit your skin.

INVIGORATING FOOT TREATMENT

30 minutes

This revitalizing treatment for tired feet and heavy legs helps reduce puffiness and soothe aches and pains. Includes a refreshing exfoliation and a deeply therapeutic foot and lower leg massage.

NOURISHING HAND TREATMENT

30 minutes

A deeply restorative treatment for dry, hard-working hands. Skin is left feeling soft and supple. Includes a refreshing exfoliation and a deeply therapeutic hand and lower arm massage.

BUST FIRMING TREATMENT

45 minutes

It is an ideal lifting treatment with intensive skin care effect around throat, décolleté and bust areas, providing new tone and elasticity to the delicate skin. This is a specific treatment to firm and lift busts, enhancing the overall appearance.



THE RITZ-CARLTON
[Shenzhen]
深圳星河丽思卡尔顿酒店