



THE RITZ-CARLTON
CHARLOTTE

A
R
S



*Let us make the world
revolve around you.*

ESCAPE

Located in the heart of Uptown and surrounded by spectacular views, The Ritz-Carlton Spa, Charlotte is a true haven in the city. We invite you to relax and unwind in the stunning Aqua Lounge, chic Relaxation Lounge and therapeutic Vitality Lounges. Enhance your wellness experience with a work out in The Fitness Center or savoring poolside cuisine. Your city escape awaits you.



WELLNESS

Optimum wellness is supported by developing our ability adapt well physically, mentally and spiritually to the challenges of everyday life. The Ritz-Carlton Meaningful Wellness Journeys nurture and encourage this adaptability by providing experiences and habits to build inherent resilience, strength and fortitude for Mind, Body and Skin.

MIND

AWAKENING BAMBOO MASSAGE

90 MINUTES

Channelling an uplifting, rhythmic blend of free-flowing bamboo massage movements, while alleviating deep tension from top to toe, this enlivening and healing treatment leaves the body feeling a sense of complete wellness and the mind settled in a sanctuary of calm and positivity.

BODY

CLEANSING BODY SCULPT TREATMENT

120 MINUTES

Combining a wellness boosting detoxifying algae wrap, cleansing exfoliation and sculpting body massage to help tone and firm skin. This treatment targets areas prone to cellulite and fluid retention, stimulates circulation and smooths skins texture. A course of treatments is recommended to maximize the effects.

SKIN

NATURAL RESILIENCE FACIAL

90 MINUTES

This specialized facial is the complete approach to skin health using cutting edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age defying techniques inspired by Japanese Kobido massage, along with cool and smooth Jade rollers that facilitate lymphatic drainage and provide results, leaving the skin firm, lifted and beautifully radiant.



MASSAGE

DEEP MUSCLE MASSAGE

90 MINUTES OR 60 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

STRESS RELIEF MASSAGE

90 MINUTES OR 60 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE

90 MINUTES OR 60 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

HIMALAYAN SALT STONE MASSAGE

90 MINUTES

Indulge in a therapeutic and rejuvenating massage using warm salt stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

NATURALLY NURTURED MASSAGE

90 MINUTES OR 60 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

COUPLES MASSAGE

90 MINUTES OR 60 MINUTES

Share a wonderful experience with a loved one or friend in one of our couple's massage rooms. Choose from Deep Muscle, Stress Relief, Relaxation or Naturally Nurtured Massages.



BODY

NOURISHED GLOW

60 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body salt and oil exfoliation, back massage, oil application

BODY BALANCER

60 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

INCLUDES Back exfoliation, back massage, application of facial oil, scalp massage

TONING BODY WRAP

90 MINUTES

Stimulate circulation and reduce fluid retention with this intensely revitalizing treatment. Paprika and stinging nettle help improve your skin's elasticity and suppleness, while cinnamon and paprika reduce the visible signs of cellulite and aging. Carrot and calendula also work to nourish and moisturize your skin.

INCLUDES Dry brushing, herbal body wrap, scalp massage



FACIAL

BIOLOGIQUE RECHERCHE CLASSIC FACIAL

90 MINUTES OR 60 MINUTES

This luxury European facial will leave your skin luminous and sculpted. Our trained skincare specialists will analyze your skin using the revolutionary Skin Instant[®] method to create a personalized and result driven experience that will deeply cleanse, tone, brighten, hydrate, and re-balance. Throughout this journey, your esthetician will utilize pure, concentrated, and highly active products as well as a professional booster, in combination with advanced therapies to target signs of aging while nourishing, and lifting the skin. You will feel intensive skin regeneration and instant results.

CUSTOM FACIAL

90 MINUTES OR 60 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL

90 MINUTES OR 60 MINUTES

Instantly combat the most visible signs of skin aging - smoothing fine lines and reviving youthful radiance to your complexion.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL

90 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event

INCLUDES Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ORGANIC FACIAL

90 MINUTES OR 60 MINUTES

Infuse your skin with the finest organic skin care made from biodynamic ingredients. These potent authentic formulations address anti-aging, sensitivity, congestion, discoloration and dehydration.

INCLUDES Facial cleansing, skin analysis, exfoliation, skin specific mask, facial massage, scalp massage

PERFORMED WITH EMINENCE PRODUCTS

HYDRAFACIAL

60 MINUTES OR 30 MINUTES

The HydraFacial is a non-invasive, non-surgical procedure that delivers instant results. This gentle resurfacing procedure provides cleansing, exfoliation, extractions, and hydration, leaving your skin nourished and radiant.

INCLUDES Vortex-Fusion of antioxidants peptides and hyaluronic acid

PERFORMED WITH ESPA PRODUCTS



THE RITZ-CARLTON SPA

CHARLOTTE



MEN

THE MEN'S MASSAGE

90 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

RELAXATION MASSAGE

90 MINUTES OR 60 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

POWER HOUR

60 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your senses, leaving you ready for anything.

INCLUDES Full body salt & oil exfoliation, back massage, oil application

MUSCLE RECOVERY MASSAGE

90 MINUTES OR 60 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

STRESS RELIEF MASSAGE

90 MINUTES OR 60 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

THE MEN'S FACIAL

60 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

BEAUTY

MANICURE

25 MINUTES

Essential maintenance for hands.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, polish or buff

GEL POLISH APPLICATION

A revolutionary power polish is applied for an incredibly durable, chip-free manicure with superior shine.

INCLUDES Gel polish application during any nail service

PEDICURE

35 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

BLOW DRY

Visit our blow dry bar to achieve a personalized and professional style that will leave you feeling pampered, glamorous and red carpet ready.

INCLUDES Personalized consultation, tailor-made hairstyle



THE RITZ-CARLTON SPA

CHARLOTTE

15



ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.

FACIAL ENHANCEMENTS

NECK AND DÉCOLLETÉ BALM AND STIMULATING MASSAGE

Designed specifically to nourish and support this fragile area of the body, targeting skin elasticity so it feels supple and looks more plumped, lifted and youthful.

JADE ROLLER FACIAL TONING

Sculpt facial muscles and increase circulation by incorporating these ancient Chinese tools into your facial. Take home the tool as a gift from us to continue the regimen at home for more visible and long-lasting results.

SKIN PROBIOTICS & PREBIOTICS

Boost any facial by using the technologically advanced Probiome™ serums and moisturizers to address the most visible signs of aging.

MICRO-CURRENT

Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

EXPRESS PEEL

Awaken your skin's inner beauty by encouraging healthy cell renewal to reveal a smoother tone and luminous glow.

KNESKO REJUVENATING MASK

Diminish the appearance of fine lines and wrinkles, enhance the skin's elasticity all the while reducing inflammation and combating the signs of fatigue to leave a bright complexion. Ideal to enhance any treatment.

BODY ENHANCEMENTS

HOT STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

MUSCLE RESCUE BALM

Boost any massage by incorporating Muscle Rescue Balm which contains a refreshing blend of Peppermint, Eucalyptus and Clove Bud to recharge and restore body and mind.

SMOOTH & FIRM BODY BUTTER

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

HAND, FOOT OR BACK REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

FACIAL & BODY ENHANCEMENTS

SCALP & HAIR CONDITIONING TREATMENT

Using the strengthening properties of MoroccanOil with a deeply relaxing scalp massage during any facial or massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

STIMULATING BODY BRUSH

Improve tone and boost cell renewal for smoother, softer, more radiant skin. Take home the brush as a gift from us to continue the regimen at home for more visible and long-lasting results.

HAND OR FOOT PARAFFIN

Lock in moisture and rejuvenate the appearance of your skin with this paraben-free paraffin. Available with any treatment, this enhancement will leave your hands or feet feeling silky, smooth and deeply hydrated.



GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with these Spa Guidelines.

AT TIME OF RESERVATION

Please inform the Reservation Agent of the following:

- + Allergies or medical conditions, including pregnancy
- + If you have a gender preference for your Service Provider
- + If you have a request for a specific Service Provider
- + If you are celebrating any special occasions

You must provide a valid credit card number with expiration date at time of booking.

All spa guests must be 18 years of age or older.

All spa guests purchasing spa treatments may use the Vitality and Relaxation Lounges, the Fitness Center, and the Aqua Lounge during their visit. Hotel guests not receiving spa treatments are warmly invited to enjoy the Fitness Center and Aqua Lounge on a complimentary basis. Hotel guests may also purchase access to the Spa Vitality and Relaxation Lounges for \$50 per day – excluding Friday and Saturday. Non hotel guests may also purchase access to all the spa facilities for \$175 per day – excluding Friday and Saturday. Complimentary valet parking is available for the day of the treatment.

ARRIVAL TIME

Please arrive at least 30 minutes prior to your scheduled treatment. This will allow time to enjoy the lounges, saunas, steam rooms, whirlpool, and indoor pool. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your service will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

PERSONAL BELONGINGS/VALUABLES

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or alcohol into the spa.. A guest appearing intoxicated will be denied access to the spa.

METHOD OF PAYMENT

We accept all major credit cards. You may also charge services to your hotel bill.

SERVICE CHARGE

For your convenience, a 20% service charge will be added to each spa service. This includes gratuities disbursed to the spa treatment staff who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

CANCELLATION POLICY

If you must reschedule or cancel your appointment, please notify the spa at least twenty-four (24) hours in advance of your appointment to avoid being charged the full service fee. Any appointments rescheduled within the twenty-four (24) hour window will incur a move fee of \$100. Cancellations of packages or private parties require one week's notice.

To reserve your spa appointment online, visit us at ritzcarlton.com/charlotte or contact 704.547.2244



THE RITZ-CARLTON SPA

CHARLOTTE

201 EAST TRADE STREET, CHARLOTTE, NC 28202 704.972.4370
RITZCARLTON.COM/CHARLOTTE