

NEWS



THE RITZ-CARLTON

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THE RITZ-CARLTON MAUI LAUNCHES IMMERSIVE THREE-DAY WELLNESS RETREAT EXPERIENCE

Join The Wellness Collective Oct.10-12, for Soulful Healing in Paradise

KAPALUA, MAUI, HI — (September 22, 2025) — This fall, **The Ritz-Carlton Maui** invites guests to discover a unique take on luxury wellness with **The Wellness Collective**, a transformative three-day retreat happening **October 10–12, 2025**. Set in the healing natural surroundings of Kapalua and created in partnership with Maui’s leading wellness experts, this immersive experience offers an exceptional opportunity to relax, recharge, and reconnect.

Retreat Highlights Include:

- **Day 1:** Begin with a complimentary sacred *E Ala E* and *Hi ‘uwai* ceremony, offering a deep connection with the land and ocean. The day continues with *Luminous Breath Work*, a grounding practice designed to reduce stress and activate the autonomic nervous system, led by Constance Rose (\$50).
- **Day 2:** Reinvigorate with a *Fitness Fusion* class, a dynamic beachside core and strength flow by Dominick Lucia. This energizing session is designed to awaken the body, release tension and set the tone for the day with intention (\$35).
- **Day 3:** Conclude with *Oceanfront Yoga* guided by Claudia Micco (\$35), followed by a tranquil *Sound Bath* with Amy Barrero, promoting full-body healing in one of the world’s most restorative destinations (\$50).

Culinary Wellness Includes:

- **Day 2:** Wellness meets indulgence with a culinary journey led by The Ritz-Carlton Maui’s Michelin-starred Chef Joshua Werksman. Savor bold Moroccan flavors infused with seasonal island ingredients, celebrating the transformative power of food to nourish and rejuvenate (\$88).

Guests who register will also enjoy additional wellness perks with 10 percent off spa skincare retail purchases, a day pass to the spa facilities, a collagen eye mask, and a free upgrade with any massage or facial booked at the resort’s premier spa.

To book, learn more and view the full schedule, visit KapaluaWellness.com. For more information about The Ritz-Carlton Maui, Kapalua, please visit ritzcarlton.com/maui or call 808-669-6200.

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About The Ritz-Carlton Maui, Kapalua

The luxurious Ritz-Carlton Maui, Kapalua showcases a stunning, destination resort offering 468 newly reimagined guestrooms, including 107 residential suites, with all new décor capturing Kapalua’s rich heritage and natural aloha. The Ritz-Carlton Spa® Maui, Kapalua beckons with treatment rooms framed by private garden showers, volcanic stone grottos, steam, sauna and whirlpool therapies, outdoor couple's hale (cabanas) and a fitness center and movement studio with spectacular ocean views. Jean-Michel Cousteau's Ambassadors of the Environment program offers all interest levels an array of outdoor activities from land to sea, led by trained naturalists. The breathtaking island resort also features six dining experiences, enhanced indoor/outdoor meeting space, an inviting children's pool and new, custom luxury cabanas. The Ritz-Carlton Maui, Kapalua is nestled on 54 acres and enveloped by the 22,000-acre Kapalua Resort, renowned for two championship golf courses, award-winning restaurants and the site of historic pineapple fields. For more information about The Ritz-Carlton Maui, Kapalua, visit www.ritzcarlton.com/maui.