

# SPA MENU

## MASSAGE

### **COUPLE'S MASSAGE**

Enjoyed in the comfort of our couples' room, your therapists will customize a massage experience to the needs of each guest in an intimate setting for two.

80M/\$460

50M/\$310

### **RELAXATION MASSAGE**

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and blends of essential oils to melt away tension.

80M/\$230

50M/\$160

### **STRESS RELIEF MASSAGE**

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure, leaving the body revitalized and relaxed.

80M/\$240

50M/\$165

### **DEEP TISSUE MASSAGE**

Recharge your body with this powerful massage designed to alleviate deep-rooted tension and muscular stress. Deep movements on specific areas of concern are incorporated to help relieve the common discomforts and sports related tension.

80M/\$245

50M/\$170

### **HOT STONE MASSAGE**

A therapeutic and rejuvenating massage using warm stones and moderate pressure to intensely soothe tired, aching muscles, and aid relaxation.

80M/\$245

50M/\$170

### **CBD RELIEF & RECOVERY MASSAGE**

Feel the powerful properties of CBD and experience the wealth of natural relief and recovery. Specifically developed to promote holistic well-being, a therapist consults with you to create a CBD regimen optimized to your needs.

80M/\$290

50M/\$190

## BODY

### **NOURISHED GLOW**

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and back massage.

50M/\$160

## FACIAL

### **CUSTOM FACIAL**

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

80M/\$230

50M/\$160

### **HYDRAFACIAL MD**

A non-invasive, anti-aging procedure that delivers instant results by using LED light therapy along with the benefits of HydraFacial MD technology. Includes cleanse, gentle hydra-exfoliation, vortex extraction, hyaluronic acid infusion and LED therapy.

80M/\$305

50M/ \$220

## BEAUTY

### **MANICURE AND PEDICURE**

This intensive treatment repairs, replenishes, and conditions your nails and is customized to fit your individual needs.

Manicure 40M/\$35

Pedicure 50M/\$60

### **TO BOOK AN APPOINTMENT**

For information or to reserve a treatment, please contact The Spa at (305) 644-4684 or [rc.miarz.spa@ritzcarlton.com](mailto:rc.miarz.spa@ritzcarlton.com).

### **SERVICE CHARGE**

For your convenience, a 20% service charge will be added to each spa service. This includes gratuities distributed to the spa staff members who serve you during your visit. Additional gratuities maybe offered at your discretion.

### **CANCELLATION POLICY**

If you reschedule or cancel your appointment, please notify the spa at least 24 hours in advance of your appointment to avoid being charged the full treatment fee. Any appointments rescheduled within the 24-hour window will incur a change fee of \$35. Please contact The Spa directly for additional information, policies, packages, and private parties.

### **AGE REQUIREMENTS**

Guests must be 18 years of age or older to enjoy The Spa relaxation, locker areas, and experience any treatments. Massages and facials cannot be performed on anyone under the age of 18 years.

### **Hours of Operation (Closed: Monday & Tuesday)**

Spa Treatments and Facilities: 10:00AM – 6:00PM

Treatment selection and pricing subject to change. Reservations required.

Fitness Center available 24 hours daily with room key.



## **THE RITZ - CARLTON SPA**

COCONUT GROVE, MIAMI

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