

*Let us make the world
revolve around you.*

ESCAPE

The Ritz-Carlton Spa, Coconut Grove, Miami provides an intimate retreat of wellness, relaxation, and rejuvenation. Immerse in our newly refreshed boutique spa and salon. Experience treatments boasting natural ingredients and inspiration from the historic and charming neighborhood of Coconut Grove, including the Hotel's exclusive Atala Butterfly Garden.



THE RITZ-CARLTON

COCONUT GROVE. MIAMI

3300 SW 27TH AVE., MIAMI, FLORIDA 33133 305-644-4680 APPOINTMENTS 305-644-4684
RITZCARLTON.COM/COCONUTGROVE

SPA LICENSE #MM36507
SALON LICENSE #CE10008365



THE RITZ-CARLTON

COCONUT GROVE. MIAMI

Atala



WELLNESS

Optimum wellness is supported by developing our ability to adapt well physically, mentally and spiritually to the challenges of everyday life. The Ritz-Carlton Meaningful Wellness Journeys nurture and encourage this adaptability by providing experiences and habits to build inherent resilience, strength and fortitude for Mind, Body and Skin.

MIND

THE ART OF WELLNESS MASSAGE

80M / \$280

Bring healing and wellness to the mind, body & soul with this unique transformative treatment that creates a state of pure bliss. Guided breathing and visualization together with a deeply therapeutic Salt Stone and Rose Quartz Crystal massage releases physical tension and relaxes the mind to embrace the art of letting go.

BODY

CLEANSING BODY SCULPT TREATMENT

100M / \$290

Combining a wellness boosting detoxifying algae wrap, cleansing exfoliation and sculpting body massage to help tone and firm skin. This treatment targets areas prone to cellulite and fluid retention, stimulates circulation and smooths skins texture. A course of treatments is recommended to maximize the effects.

SKIN

NATURAL RESILIENCE FACIAL

100M / \$290

This specialized facial is the complete approach to skin health using cutting edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age defying techniques inspired by Japanese Kobido massage, along with cool and smooth Jade rollers that facilitate lymphatic drainage and provide results, leaving the skin firm, lifted and beautifully radiant.

MASSAGE

DEEP MUSCLE MASSAGE

80M / \$270

50M / \$195

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques are concentrated on specific areas of concern to relieve common discomforts and sports-related tension.

RELAXATION MASSAGE

80M / \$270

50M / \$195

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

HOT STONE MASSAGE

80M / \$280

50M / \$200

A therapeutic and rejuvenating massage using warm stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

NATURALLY NURTURED MASSAGE

80M / \$270

50M / \$195

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

SOLE REVIVER

50M / \$195

Foot massage is an essential element of Chinese tradition and therapy. Concentrating on the reflex zones of the feet this blissful treat alleviates aches while relaxing and restoring the body and mind.

INCLUDES Foot and leg exfoliation, reflex-zone massage

BODY

NOURISHED GLOW

80M / \$260

50M / \$180

Reveal your smoothest, softest skin ever with this body exfoliation, finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body salt and oil exfoliation, back massage and oil application

BODY BALANCER

50M / \$190

Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

INCLUDES Back exfoliation, back massage, application of facial oil and scalp massage

FACIALS

CUSTOM FACIAL

80M / \$270

50M / \$195

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage and mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

LUMINOUS GLOW FACIAL

80M / \$290

Refresh and rejuvenate your skin with this nutrient-rich treatment. Using advanced LED technology, it brightens, smooths, and renews the face, neck, décolleté, and scalp, leaving your skin stronger, plumper, and radiant.

INCLUDES Skin analysis, cleanse & exfoliation, enzymatic mask, scalp massage, LED Light treatment with hand & arm massage, facial massage

PERFORMED WITH ESPA & LIGHT SALON PRODUCTS

HYDRAFACIAL

80M / \$325

50M / \$220

Revive skin with this rejuvenating HydraFacial™. Harnessing the benefits of rich antioxidants and hyaluronic acid. This treatment deeply purifies and protects the skin utilizing products and solutions filled with antioxidants, and other skin loving ingredients.

INCLUDES Deep cleanse, exfoliation, vortex extractions; 80 minutes additionally includes Lymphatic drainage, LED therapy and booster

PERFORMED WITH ESPA PRODUCTS

BEAUTY

SHAMPOO & STYLE

FROM \$65

UP DO (CLEAN & DRY HAIR REQUIRED)

FROM \$100

LADIES' HAIRCUT

FROM \$95

GENTLEMEN'S HAIRCUT

FROM \$55

MAKE-UP APPLICATION

FROM \$120

MANICURE

FROM \$40

PEDICURE

FROM \$60

ULIMATE MANICURE

FROM \$55

ULIMATE PEDICURE

FROM \$75

For any inquiries about our salon services, please call us at 305-644-4684. We offer a variety of services including color, highlights, keratin treatments and more.

CANCELLATION POLICY

If you must cancel or reschedule your appointment, please notify the Spa at least 24 hours in advance of your appointment to avoid being charged the full treatment fee.