



THE RITZ - CARLTON
NEW ORLEANS

RES



*Let us make the world
revolve around you.*

ESCAPE

Sweetened by southern warmth and graciousness, The Ritz Carlton Spa, New Orleans is dedicated to your comfort and well-being, immersing you into the mystical essence of the city. Pamper yourself with a variety of soothing therapies and unique treatments in a tranquil setting. Our expert Ladies and Gentlemen will ensure a spa experience like no other.



WELLNESS

Optimum wellness is supported by developing our ability to adapt well physically, mentally and spiritually to the challenges of everyday life. The Ritz-Carlton Meaningful Wellness Journeys nurture and encourage this adaptability by providing experiences and habits to build inherent resilience, strength and fortitude for Mind, Body and Skin.

MIND

AWAKENING BAMBOO MASSAGE

80 MINUTES

Channeling an uplifting, rhythmic blend of free-flowing bamboo massage movements, while alleviating deep tension from top to toe, this enlivening & healing treatment leaves the body feeling a sense of complete wellness and the mind settled in a sanctuary of calm and positivity.

BODY

SPA DREAM ELEMENTAL MASSAGE

80 MINUTES **OR** 50 MINUTES

This unique massage begins with your choice of dry essential oil to induce deep relaxation and leave the skin feeling beautifully nourished. A top a warm water massage table, gentle rocking and stretching will increase joint mobility and release the most deep seated tension.

SKIN

NATURAL RESILIENCE FACIAL

80 MINUTES

This specialized facial is the complete approach to skin health using cutting edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age defying techniques inspired by Japanese Kobido massage, along with cool and smooth Jade rollers that facilitate lymphatic drainage and provide results, leaving the skin firm, lifted and beautifully radiant.



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MASSAGE

VOODOO RITUAL

80 MINUTES

Let us cast a spell of relaxation as you enjoy this unique massage in voodoo inspired setting. Traditional Vetiver scented oil and therapeutic poultices are used to melt away tension in the muscles, as your mind peacefully drifts away.

ULTIMATE COUPLES' EXPERIENCE

135 MINUTES

Escape the revelry of the city with that special someone, relaxing in our couples' suite where you will each enjoy a body scrub, full body massage and bath.

DEEP MUSCLE MASSAGE

100 MINUTES, 80 MINUTES

OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

STRESS RELIEF MASSAGE

100 MINUTES, 80 MINUTES

OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE

100 MINUTES, 80 MINUTES

OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

HOT RIVER STONE MASSAGE

100 MINUTES, 80 MINUTES

OR 50 MINUTES

A therapeutic and rejuvenating massage using warm stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

NATURALLY NURTURED MASSAGE

80 MINUTES **OR 50 MINUTES**

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.



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BODY

BODY

NOURISHED GLOW

50 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body salt and oil exfoliation, back massage, oil application

BODY BALANCER

45 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and deeply effective bespoke treatment.

INCLUDES Back exfoliation and massage, custom facial, scalp massage

SOUTHERN CEREMONY CITRUS SCRUB

75 MINUTES

Immerse yourself in southern citrus with this indulgent scrub and deeply relaxing massage.

INCLUDES Full body citrus scrub and massage

MISSISSIPPI MUD DETOX TREATMENT

70 MINUTES

Indulge in pure luxury on a state-of-the-art Vichy table. Experience the enveloping richness of botanical mud infused with minerals and essential oils, refining, and rejuvenating the skin. Conclude with a sea salt scrub, purifying and smoothing to unveil unparalleled radiance.



THE RITZ-CARLTON SPA

NEW ORLEANS

FACIAL

CUSTOM FACIAL

80 MINUTES **OR** 50 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL

80 MINUTES **OR** 50 MINUTES

Instantly combat the most visible signs of skin aging - smoothing fine lines and reviving youthful radiance to your complexion.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL

80 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.

INCLUDES Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

HYDRAFACIAL MD

80 MINUTES **OR** 50 MINUTES

A non-invasive anti-aging procedure using LED light therapy and HydraFacial MD technology.



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MEN

THE MANICURE

40 MINUTES

Essential maintenance for hands.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, buff

THE PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, application of body cream, buff

THE MEN'S MASSAGE

100 MINUTES **OR** 80 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

MUSCLE RECOVERY MASSAGE

100 MINUTES, 80 MINUTES

OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

RELAXATION MASSAGE

100 MINUTES, 80 MINUTES

OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

STRESS RELIEF MASSAGE

100 MINUTES, 80 MINUTES

OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

POWER HOUR

50 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens, leaving you ready for anything.

INCLUDES Full body Salt & Oil exfoliation, back massage

THE MEN'S FACIAL

50 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS



THE RITZ-CARLTON SPA

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BEAUTY

MANICURE

40 MINUTES

Essential maintenance for hands.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, polish or buff

PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

ULTIMATE MANICURE

50 MINUTES

This indulgent treatment provides long lasting results deeply nourishing products to repair, replenish and condition your nails.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

ULTIMATE PEDICURE

80 MINUTES

An intensive treatment using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

GEL MANICURE

50 MINUTES

A revolutionary power polish that is applied and set under UV lightning. Your nails are completely dry by the time your manicure is over, and you will have an incredibly durable, chip-free manicure with superior shine for two weeks.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, shellac application

WAXING SERVICES

Waxing services available in conjunction with facial treatments.

HAIR SERVICES

Full Salon services are available. Our talented team of stylists will complement your look for any special occasion, ensuring you are picture perfect and red carpet ready.

MAKE-UP SERVICES

Professional make-up artists use the latest make-up techniques and trends for a complete makeover that brings out your best.

* Personalized hair, make-up and bridal services are available upon the price tariff



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Upgrade your treatments by choosing one or more of our carefully created service enhancements.

Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.



THE RITZ-CARLTON SPA

ENHANCEMENTS

FACIAL

JADE ROLLER FACIAL TONING

Sculpt facial muscles and increase circulation by incorporating these ancient Chinese tools into your facial.

PEEL

Revive your complexion immediately with a system that brings a fresh new layer of skin to the surface, making it more responsive to other ingredients.

DERMAFLASH

Remove the top layer of dull, dead skin cells and built-up debris as well as peach fuzz.

LIP AND EYE GEMSTONE MASK

Reduce puffiness around the eyes, release tension and relax the brow area. Feel your eye area become more lifted, relaxed and restored.

BODY

HAND, FOOT OR BACK REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

HOT STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

YOGA BALM

Boost any massage by incorporating yoga Balm which contains a refreshing blend of Peppermint, Eucalyptus and Clove Bud to recharge and restore body and mind.

SCALP & HAIR CONDITIONING TREATMENT

Using the strengthening properties of Vitamin C- rich Watercress and red clay with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautiful healthy hair.

STIMULATING BODY BRUSH

Improve tone and boost cell renewal for smoother, softer, more radiant skin. Take home the tool as a gift from us to continue the regimen at home for more visible and long-lasting results.

CBD PAIN CREAM

A targeted spot treatment to relieve a specific area of tension.

CBD OIL

Infuse any massage with the benefits of CBD-enriched massage oil. A full body experience.

GEMSTONE FACE MASK

Deluxe sheet masque of your choice delivers customized skin benefits during your service

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GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with the Spa Guidelines.

AT TIME OF RESERVATION

Please inform the Reservation

Agent of the following:

- + Allergies or medical conditions including pregnancy
- + If you have a gender preference for your Service Provider
- + If you have a request for a specific Service Provider
- + If you are celebrating any special occasions

You must provide a valid credit card number with expiration date at time of booking.

Spa facilities are \$25 per day for hotel guests who do not have an appointment. This fee is waived with the purchase of a treatment.

ARRIVAL TIME

Please arrive at least 15 minutes prior to your scheduled treatment. This will allow time to enjoy the lounges, saunas, and steam rooms. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your service will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

WHILE VISITING THE SPA

PERSONAL BELONGINGS/VALUABLES

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

AGE REQUIREMENTS

You must be 18 years of age or older to enjoy the spa relaxation and locker areas .

Massages and facials cannot be performed on anyone under the age of 18 years. Salon treatments are available for children 5 years of age or older. This includes hair and nail services only. Parent must be present for the entire service and a locker will not be provided.

TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access to the spa.

METHOD OF PAYMENT

We accept all major credit cards. You may also charge services to your hotel bill.

SERVICE CHARGE

For your convenience, a 20% service charge will be added to each spa service. This includes gratuities disbursed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

CANCELLATION POLICY

If you must reschedule or cancel your appointment, please notify the spa at least six (6) hours in advance of your appointment to avoid being charged a \$50 cancellation fee. Any appointments rescheduled within the six (6) hour window will incur a move fee of \$25. Cancellations of packages or private parties require one week's notice.

HOURS OF OPERATION

Spa: 9 AM – 5 PM daily *subject to change
Fitness Center: 24 Hours (hotel guests only)

To reserve your spa appointment online, visit us at ritzcarlton.com/neworleans or contact 504.670.2929



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