



**THE RITZ-CARLTON**  
NAPLES

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*Let us make the world  
revolve around you.*

# ESCAPE

The Ritz-Carlton Spa<sup>®</sup>, Naples is an elegant oasis where guests are surrounded and pampered by natural wonders from the garden and sea. Here, gentle breezes dance among the cypress, mangrove and palm trees; delicate sand dollars reflect the bounty of the ocean; and pelicans, egrets and sea turtles enhance the landscape with beauty and grace.



In this sanctuary of calm and tranquility, senses are indulged with botanical herbs, rich minerals and essential oils that come together to create an enticing selection of massages, facials, body treatments and salon services. The rejuvenating and healing waters of steam rooms, saunas, aqua lounges and outdoor mineral pool complete your spa experience.



THE RITZ · CARLTON SPA

# WELLNESS

## DRIFT TO SLEEP

110 MINUTES

This experience is designed to promote relaxation and sleep while releasing tension. Enjoy soothing scents and warming aromatic oils as your therapist guides you through a calming journey to peacefulness.

## MINDFUL MASSAGE

80 MINUTES

Bring healing and wellness to the mind, body & soul with this unique transformative treatment that creates a state of pure bliss. Guided breathing and visualization together with a deeply therapeutic Salt Stone and Rose Quartz Crystal massage releases physical tension and relaxes the mind to embrace the art of letting go.

## CALM SEAS

80 MINUTES **OR** 50 MINUTES

Be transported with our Calming Voyage Massage, let us take you on a restorative journey into hydration, relaxation and comfort. This massage treatment uses hand harvested seaweed and an abundance of nourishing vitamins and minerals to minimize skin sensitivity to restore moisture and balance. This full body spa ritual will ensure your skin feels soft, soothed and comforted in this full body spa ritual. Safe and effective for those with compromised health, during active and post treatment.

## RESTORATIVE THERAPY

80 MINUTES **OR** 50 MINUTES

This unique, immune boosting treatment focuses on the back of the body. The scalp, neck & shoulders, feet & spine are treated with a specialized blend of 15 aromatherapy essential oils. The immune system is supported, and energy levels are elevated by this exclusive restorative remedy.

## SEA HOLISTIC

80 MINUTES

A steam-heated herbal poultice massage delivers deep penetrating heat to melt away tensions and alleviate aches and pains. The organic herbs stimulate circulation, leaving you feeling refreshed and revitalized. This exclusive treatment can be shared with a loved one or friend.

## LAVENDER INFUSED SLEEP WRAP

80 MINUTES

This experience begins with a mixture of Lavender/Seaweed Sugar Scrub to exfoliate dry skin leaving it looking renewed, radiant, and velvety soft. Our scrub prepares the skin for the full body application of VOYA's Buoyancy Lavender Body Butter. Once the guest has been cocooned in our Buoyancy Body Butter they will be surrounded by a rhythmic sound of a singing bowl session, letting them slip into a deep relaxing rest. This unique VOYA experience allows guest to receive an all over relaxation experience.

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# MASSAGE

## DEEP MUSCLE MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques concentrate on specific areas of concern and alleviate common discomforts and sports related tension.

## STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using firm pressure to leave a feeling of revitalization and relaxation.

## RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

## GULF STONE MASSAGE

80 MINUTES

A therapeutic and rejuvenating treatment using light to moderate pressure and warm basalt stones to provide soothing, penetrating heat to tired, aching muscles.

## NATURALLY NURTURED MASSAGE

80 MINUTES OR 50 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

## TRANQUILITY FOR TWO

80 MINUTES OR 50 MINUTES

Customized massage shared with a loved one or friend.





# BODY

## NOURISHED GLOW

50 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing application of oil and personalized back massage.

**INCLUDES** Full body salt and oil exfoliation, back massage and oil application

## ORGANIC SEAWEED LEAF WRAP

80 MINUTES

The finest seaweed, harvested by hand from the ocean, detoxifies, firms and softens the skin and is excellent for weight-loss results. The body is cocooned in organically treated muslin and then wrapped in a thermal blanket.

**INCLUDES** Body brushing, seaweed leaf and lotion application

## ORGANIC WARMED SPICED MUD WRAP

80 MINUTES

Rich in purifying elements from peat, this rich organic seaweed wrap offers immediate and noticeable effects to the skin, including firming and toning the body, detoxification, and stimulates metabolism

**INCLUDES** Full body exfoliation, spiced mud wrap and lotion application





# FACIAL

## CUSTOM FACIAL

80 MINUTES OR 50 MINUTES

Purify, hydrate, brighten and smooth your complexion with this expert facial that is tailored to your individual needs. Choose from Custom or Age-Defying Facial.

**INCLUDES** Cleanse, skin analysis, facial exfoliation, massage, mask and scalp massage  
**PERFORMED WITH ESPA PRODUCTS**

## VITAMIN C FACIAL

80 MINUTES OR 50 MINUTES

Vitamin C brightens the skin, while stimulating collagen production. It strengthens elasticity and reduces fine lines, wrinkles, discoloration and age spots.

**INCLUDES** Cleanse, skin analysis, facial exfoliation, mask and scalp massage

## HYDRA FACIAL

80 MINUTES OR 50 MINUTES

The HydraFacial is a non-invasive, non-surgical procedure that delivers instant results. This gentle resurfacing procedure provides cleansing, exfoliation, extractions, and hydration leaving your skin nourished and radiant.

**INCLUDES** Vortex-Fusion of antioxidants, peptides and hyaluronic acid

## ULTIMATE RADIANCE & RENEWAL FACIAL

80 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.

**INCLUDES** Cleanse, Skin Radiance Mask, age-defying crystal massage, lifting mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**



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# MEN

## THE MEN'S MASSAGE

80 MINUTES

The ultimate male escape. Unwind in style with this re-balancing and intensely relaxing treatment that includes a full body massage using heated stones, a relaxing facial massage and a soothing scalp massage.

## MUSCLE RECOVERY MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to relieve common discomforts and sports-related tension.

## RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to medium pressure and a blend of essential oils to melt away tension.

## STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

## POWER HOUR

50 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your senses, leaving you ready for anything.

**INCLUDES** Full body salt & oil exfoliation, back massage

## THE MEN'S FACIAL

50 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

**INCLUDES** Double Cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**

## THE MANICURE

25 MINUTES

Essential maintenance for hands  
**INCLUDES** Soak, cut and file, cuticle work, application of hand cream, buff

## THE PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

**INCLUDES** Soak, nail file and shape, exfoliation, cuticle work, application of body cream, buff





# BEAUTY

## HAIR SERVICES

Full salon services are available. Our talented team of stylists will complement your look for any special occasion, ensuring you are picture perfect and red carpet ready.

For hair pricing and descriptions, please inquire directly with the Spa at 239-514-6100.

## MANICURE

50 MINUTES

Essential maintenance for hands.

**INCLUDES** Soak, cut and file, cuticle work, application of hand cream, polish or buff

## PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

**INCLUDES** Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

## DAZZLE DRY MANICURE

50 MINUTES

This indulgent treatment provides long-lasting results with deeply nourishing products to repair, replenish and condition your nails.

**INCLUDES** Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

## DAZZLE DRY PEDICURE

50 MINUTES

This indulgent treatment provides long-lasting results with deeply nourishing products to repair, replenish and condition your nails.

**INCLUDES** Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

## GEL COLOR MANICURE OR PEDICURE

50 MINUTES

A revolutionary power polish that is applied and set under UV lightning. Your nails are completely dry by the time your manicure is over, and you will have an incredibly durable, chip-free manicure with superior shine for two weeks.

**INCLUDES** Soak, cut and file, exfoliation, cuticle work, massage, shellac application







# ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.

## NAIL ENHANCEMENTS

Upgrade your nail services by choosing one or more from our list of additions. Enhancements must be purchased with a treatment.

### CALLUS TREATMENT

A luxurious treatment to eliminate dry skin, softening the hands and feet.

### PARAFFIN TREATMENT

A beneficial treatment to soothe and moisturize your hands and feet.

## FACIAL ENHANCEMENTS

### JADE ROLLER OR GUA SHA FACIAL TONING

Sculpt facial muscles and increase circulation by incorporating these ancient Chinese tools into your facial. Take home the tool as a gift from us to continue the regimen at home for more visible and long-lasting results.

### HAND, FOOT, OR BACK REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave your choice of hands, feet or back smooth, soft and bright.

### NU LIFT

See an immediate difference with this micro-current facial muscle-lifting technology, choose between brow, eye or jaw lift.

### DERMAFLASH

Instantly creates a flawless canvas for skincare and makeup by removing the oldest layer of dead skin cells, built-up debris and peach fuzz.

## BODY ENHANCEMENTS

### GULF STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

### SCALP & HAIR CODITIONING TREATMENT

Using the strengthening properties of Vitamin C- rich Watercress and red clay with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautiful healthy hair

### STIMULATING BODY BRUSH

Improve tone and boost cell renewal for smoother, softer, more radiant skin. Take home the brush as a gift from us to continue the regimen at home for more visible and long-lasting results..

### RESTORATIVE

Customized blend of 15 aromatherapy essential oils that can be incorporated into any massage.

### HAND, FOOT, OR BACK REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave your choice of hands, feet or back smooth, soft and bright.

### CBD

Utilizing CBD-rich hemp oil, promoting profound relaxation and a sense of renewal.



# GUIDELINES

Guests of The Ritz-Carlton Spa, Naples must be 18 years of age or older to enjoy Spa services. Salon services are available to younger guests when accompanied by a parent or legal guardian. Please note that access to the spa amenities and massage appointments are reserved for hotel guests and spa members only. Local guests are welcome to schedule salon or facial services without access to locker room or spa amenities. Spa reservations agents will reserve treatment times and assist with selecting treatments.

Please notify The Spa reservations agent if you have high blood pressure, allergies, physical ailments, disabilities or are pregnant. While a few services should be avoided during pregnancy, there are treatments that can be enjoyed. If you have a gender preference for your therapist, please request when scheduling your treatment.

For your enhanced comfort and relaxation, we suggest you arrive 30 minutes prior to your scheduled treatment to allow time to enjoy the lounges, saunas, steam rooms and whirlpools. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your pleasure. Your treatment will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

## **EACH SPA SERVICE CAN BE ENHANCED BY A ROUTINE THAT INCLUDES:**

- + Revitalizing shower
- + Infrared sauna
- + Detoxifying session in the herbal steam room
- + Hot and cold water plunges
- + Soothing whirlpool
- + Mineral bath soak

Shaving is recommended but not necessary for men prior to a facial. If you choose to shave prior to your facial, be sure to allocate at least two hours between shaving and your appointment. Shaving is not recommended prior to body treatments or hair removal services. Most body treatments are enjoyed without clothing, however, disposable undergarments are available upon request. During all treatments, the body is fully draped except for the area being worked on. Robes and slippers are provided in lockers in the ladies' and gentlemen's lounges before and after treatments. This is your time and you should delight in the experience to the fullest. Your therapist will ask any preferences in the room temperature, the amount of massage pressure or the volume of the music. Please notify your therapist of any discomfort. We request that cell phones be turned off while in The Spa and The Salon. If you are a guest of the resort, please leave valuable items in your guest room safe. Otherwise, lockers are available for your personal items.

We accept all major credit cards. You may also charge services to your resort bill. Prices and services are subject to change.

## **CANCELLATION POLICY**

If you must reschedule or cancel your spa appointment, please notify us 24 hours in advance of your scheduled time to avoid being charged a 100% cancellation fee. Cancellations for packages, personal training sessions, exercise class or private parties require 24-hour notice. A credit card number is required at the time of booking.

## **SPA GRATUITY**

A 20% gratuity will be added to the price of the spa service for your convenience. At the time of check-out, please feel free to raise, lower or remove at your discretion.

## **HOURS OF OPERATION**

**SPA AND SALON:**  
10 a.m. – 5 p.m. Daily

**LOCKER FACILITIES:**  
10 a.m. – 5 p.m. Daily

**FITNESS CENTER:**  
6 a.m. – 7 p.m. with Attendant  
Enter Fitness Center with room key  
when attendant is not on duty.

For more information, please contact the spa at 239.514.6100 or visit us at: [www.ritzcarlton.com/naples](http://www.ritzcarlton.com/naples)



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280 VANDERBILT BEACH ROAD, NAPLES, FLORIDA 34108 239.514.6100  
RITZCARLTON.COM/NAPLES