



BREAKFAST

KITCHEN & WINE BAR

Healthy Choices

GREEK YOGURT PARFAIT | 23 **contains tree nuts**
prickly pear marmalade / organic berries
native seed granola

ARIZONA BOWL | 18
fresh fruits / organic berries / prickly pear nectar

MESQUITE-SMOKED SALMON | 29
contains sesame seeds
hummus / organic heirloom tomato / chives / trout roe
artisanal sourdough toast

AVOCADO TOAST | 29 **DF NF**
grilled sourdough bread / poached organic eggs
avocado / farm heirloom tomatoes

SHAKSHUKA | 30 **NF S**
skillet tomato sauce / red peppers / smoked paprika
artisanal goat cheese / cage-free eggs / sourdough bread

FARMER'S MARKET | 29 **GF**
organic egg white omelet / wild mushrooms / spinach
artisanal goat cheese / greens

Core Specialties

HUEVOS RANCHEROS | 29 **GF NF S**
corn tostada / native black bean purée / sun-dried chiles
salsa / queso fresco / lettuce / sunny-side up egg
crema / avocado

WILD BURRITO | 28 **NF**
scrambled cage-free eggs / mexican chorizo
oaxaca cheese / native black bean purée
molcajete / salsa

TRUFFLE BENEDICT | 32 **NF**
two poached organic eggs / english muffin
canadian bacon / truffle hollandaise
hash browns / greens

BUILD YOUR OWN OMELET | 30 **GF**
three whole eggs with choice of filling:
tomato / mushrooms / peppers / onions / spinach /
jalapeño / ham / chorizo / bacon / smoked salmon /
pork sausage / cheddar / swiss / pepper jack / goat
cheese / hash browns / greens / choice of toast

EGG ANY WAY 29 | GF
cage-free eggs prepared any style / choice of protein
hash browns / greens / choice of toast

Realm Blends

Strike superfood gold with freeze-dried and crushed
fruits, veggies and sacha inchi protein

APPLE SPICE | 12 **GF NF DF**
apple / banana / ceylon cinnamon / coconut milk
coconut water / lucuma / carrot / sweet potato

MAQUI SUPERFRUIT | 12 **GF NF DF**
maqui / lemon / blueberry / apple / banana / lemon
cauliflower / coconut milk

MANGO SUNRISE | 12 **GF NF DF**
mango / banana / orange / turmeric / coconut milk
carrot / coconut water

TROPICAL GREENS | 12 **GF NF DF**
pineapple / mango / carrot / lemon / wheatgrass /
spinach / coconut milk

Blends & Juices

GREEN | 12 **GF NF DF S**
spinach / banana / coconut water / peach
pineapple / mango

BERRY BLAST | 12 **GF NF DF**
pomegranate juice / soy milk / strawberries /
blueberries / blackberries

STRAWBERRY- BANANA | 12 **GF NF**
honey / yogurt / apple juice / strawberry / banana

FRESHLY SQUEEZED ORANGE JUICE | 12 **GF NF DF**
valencia oranges

Sweet Bites

Gluten-free available upon request

MESQUITE WAFFLES | 24 **NF S**
fresh berries / desert cactus fruit compote
snow sugar / vermont maple syrup

PANCAKES | 24 **NF**
macerated desert berries / snow sugar
vermont maple syrup

FRENCH TOAST | 24 **NF**
brioche bread / cactus fruit compote
berries / snow sugar

VIENNOISERIE BASKET | 18
assorted freshly baked pastries and muffins
house jam / whipped butter

Healthy Sides

- AVOCADO | 7
- SLICED TOMATO | 4
- BERRY BOWL | 12
- FRUIT BOWL | 10
- NATIVE GRANOLA | 10
with choice of milk

Proteins

- PECANWOOD-SMOKED
BACON | 12
- CHICKEN-APPLE OR PORK
SAUSAGE | 12
- SMOKED SALMON | 15
- ONE EGG ANY STYLE | 7

Coffee & Tea

- COFFEE / DECAF | 6
- ICED COFFEE | 6
- ESPRESSO | 7
- CAPPUCCINO | 8
- CAFÉ LATTE | 9
- FRENCH PRESS | 12
- HOT CHOCOLATE | 7
- HOT TEA | 7

Carbs

- HASH BROWNS | 12
- TOAST BASKET, BUTTER AND HOUSE JAM | 10

Morning Cocktails

- MIMOSA | 15 USD
Classic | Pomegranate | Prickly Pear
- CORE BLOODY MARY | 16

GF gluten-free **NF** nut-free **S** signature

consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illnesses, especially if you have certain medical conditions.