



**THE RITZ-CARLTON**

TYSONS CORNER

Shes

*Let us make the world  
revolve around you.*

# ESCAPE

The Ritz-Carlton Spa, Tysons Corner offers a haven of tranquility in the vibrant heart of Northern Virginia. Therapies draw from the healing properties of nature, which are then fused with the latest techniques to create a relaxing yet rewarding experience. Spa services enlist ingredients including avocado, brown sugar, seaweed, fresh berries, Dead Sea salts and other natural products. The wellness journey is complemented by steam rooms and saunas.



#### DEEP TISSUE MASSAGE

50 MINUTES, 220 DOLLARS

**OR 80 MINUTES, 265 DOLLARS**

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. The deep movements and stretching techniques concentrate on specific areas of concern to help relieve common discomforts and sports-related tension.

#### CBD RENEW AND RESTORE MASSAGE

50 MINUTES, 225 DOLLARS

**OR 80 MINUTES, 265 DOLLARS**

This revolutionary treatment begins with a personal consultation to establish your areas of concern. Using specialized techniques, your massage therapist will customize this experience to maximize the benefits of the hemp-infused products, leaving you feeling renewed and restored.



**THE RITZ · CARLTON SPA**

# MASSAGE

## A MOMENT OF SERENITY

50 MINUTES, 210 DOLLARS

OR 80 MINUTES, 240 DOLLARS

Unwind and de-stress with this customized, aromatic treatment. This soothing aromatherapy massage uses light to moderate pressure with a blend of essential oils to melt away tension and leave you in tranquility.

## SLEEP RITUAL

80 MINUTES, 290 DOLLARS

Relax and slip into sleepy serenity while releasing tension and detoxing your stress. Your therapist will guide you through a calming journey to peacefulness by incorporating breathing techniques that focus on seven specific somatic zones, dreamy sleep music, and specifically blended products with potent, sleep-inducing botanicals that create the perfect state of sleep readiness.

## PRE-NATAL MASSAGE

50 MINUTES, 215 DOLLARS

OR 80 MINUTES, 265 DOLLARS

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

## THE MALL RECOVERY MASSAGE

80 MINUTES, 265 DOLLARS

Return tight, aching muscles to peak condition with this focused, tension-relieving treatment. Following a shopping or sightseeing trip, this experience uses cooling spearmint and muscle-relieving rosemary so you feel refreshed and revitalized. Includes exfoliation, massage to the back and lower legs, and foot reflexology.

## HOT STONE MASSAGE

80 MINUTES, 275 DOLLARS

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

## THERAPEUTIC RESCUE MASSAGE

50 MINUTES, 215 DOLLARS

OR 80 MINUTES, 240 DOLLARS

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of intense relaxation.

## REFLEXOLOGY MASSAGE

50 MINUTES, 205 DOLLARS

This technique stimulates reflex points on the soles of the feet and hands, improves circulation, reduces fatigue and enhances balance throughout the body.



THE PAMPERED MOM  
BACK POLISH

80 MINUTES, 255 DOLLARS

Nurture and nourish Mom as her healing journey begins with a relaxing back exfoliation. This is followed by a beautifully tailored massage using cream infused with Mediterranean roses and Argon oils. A lovely Gommage cream is then used to gently exfoliate the hands and feet with mild pressure point reflexology to complete this healing voyage.



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# BODY

BODY

## HEAD-TO-TOE HYDRATION

75 MINUTES, 245 DOLLARS

A relaxing full body experience harnessing the hydrating and strengthening benefits of Argon and Moroccan Oil combined with the soothing and calming benefits of Lavender and honey to soothe the mind and replenish the skin. Integrating detoxifying exfoliation and a rejuvenating scalp treatment leaves feeling you refreshed and invigorated with ultimate hydration.

## CHAMPAGNE AND ROSE BODY POLISH

50 MINUTES, 255 DOLLARS

Nurture and nourish Mom as she begins with a relaxing back exfoliation, with sweet sugar scrub scented with Rose Champagne. This scrub incorporates an exfoliation with a special blend of oils and sugar to polish and renew the skin. This is followed by a tailored massage using cream infused with Mediterranean roses and Argon oils. A scented cream is then used to gently exfoliate the hands and feet with mild pressure point reflexology. This treatment leaves you feeling refreshed and invigorated.

## CHERRY BLOSSOM BODY POLISH

50 MINUTES, 220 DOLLARS

Be transformed and invigorated with all natural ingredients derived from cherry and berry seeds blended in raspberry oil to remove superfluous dead skin cells and refine the appearance of the skin. This invigorating polish is then followed by a full body moisturizing massage, leaving skin more radiant and supple.





THE RITZ-CARLTON SPA

# FACIAL

## HYDRAFACIAL

50 MINUTES, 310 DOLLARS

OR 80 MINUTES, 345 DOLLARS

The HydraFacial resurfacing procedure thoroughly cares for the skin by providing and promoting cleansing, exfoliation, extractions and hydration, including the Vortex-Fusion of antioxidants, peptides and hyaluronic acid. This is a non-invasive, non-surgical procedure that delivers instant results with no discomfort or downtime.

## ANTIOXIDANT VITAMIN C FACIAL

50 MINUTES, 235 DOLLARS

OR 80 MINUTES, 265 DOLLARS

Vitamin C brightens the skin, while stimulating collagen production. It strengthens elasticity and reduces fine lines, wrinkles, discoloration and age spots.

**INCLUDES** Skin Analysis, Chemical Peel, Extractions, Mask, and Scalp Massage

## RESURFACING FACIAL

50 MINUTES, 245 DOLLARS

OR 80 MINUTES, 275 DOLLARS

This intensive facial treatment combines the targeted exfoliation of damaged, discolored skin through microdermabrasion. Enhance your facial with the 80-minute service to add the overall smoothing and brightening properties of a peel to restore skin to its natural healthy look. Skin will be immediately softer and brighter.





THE RITZ-CARLTON SPA

# BEAUTY

## ULTIMATE SHELLAC MANICURE

65 MINUTES, 115 DOLLARS

This indulgent treatment provides long lasting results with the use of deeply nourishing products to repair, replenish and condition your nails. Includes a soak, cut and file, exfoliation, cuticle work, massage, paraffin wax and polish.

## SHELLAC MANICURE

55 MINUTES, 95 DOLLARS

A revolutionary hybrid polish and gel lacquer is applied and set under LED lighting. This method leaves you with an incredibly durable, chip-free manicure for two weeks with superior shine. Includes a soak, cut and file, exfoliation, cuticle work, massage and shellac application.

## ULTIMATE MANICURE

55 MINUTES, 115 DOLLARS

This indulgent treatment provides long lasting results deeply nourishing products to repair, replenish and condition your nails. Includes a soak, cut and file, exfoliation, cuticle work, massage, paraffin wax and polish or buff.

## CLASSIC MANICURE

40 MINUTES, 75 DOLLARS

Essential maintenance for hands. Includes a soak, cut and file, cuticle work, application of hand cream and polish or buff.

## CHERRY BLOSSOM MANICURE

40 MINUTES, 75 DOLLARS

Enjoy the exfoliating benefits of cherry bonsai seeds and the skin protective traits of multivitamins. Lay back and indulge as hands are cocooned in a lavish mask, then massaged with a moisture rich balm. Skin is left velvety smooth and rejuvenated.

## CHERRY BLOSSOM PEDICURE

50 MINUTES, 85 DOLLARS

Enjoy the exfoliating benefits of cherry bonsai seeds and the skin-protective traits of multivitamins. Lay back and indulge as your feet are cocooned in a lavish mask, then massaged with a moisture rich balm. Skin is left velvety smooth and rejuvenated.

## ULTIMATE PEDICURE

75 MINUTES, 125 DOLLARS

An intensive treatment using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs. Includes a soak, nail file and shape, exfoliation, cuticle work, massage, paraffin wax and polish or buff.

## CLASSIC PEDICURE

50 MINUTES, 90 DOLLARS

Maintain amazing results and keep nails in good condition with this conditioning treatment. Includes a soak, nail file and shape, exfoliation, cuticle work, application of body cream and polish or buff.



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# BEAUTY

## TINTING

Our tinting will enhance and define your eye area.

### LASH FULL STRIP ENHANCEMENT

15 MINUTES, 65 DOLLARS

### LASH INDIVIDUAL

30 MINUTES, 60 DOLLARS

### EYEBROW TINTING

15 MINUTES, 49 DOLLARS

## MAKEUP

### MAKEUP APPLICATION

50 MINUTES, 100 DOLLARS

## GENTLE HAIR REMOVAL

Gentle and effective Spa waxing treatments will leave your skin smooth and nourished.

### BIKINI

30 MINUTES, 75 DOLLARS

### BIKINI PLUS

30 MINUTES, 125 DOLLARS

### FULL LEG

50 MINUTES, 150 DOLLARS

### HALF LEG

30 MINUTES, 85 DOLLARS

### FULL ARM

45 MINUTES, 105 DOLLARS

### UNDERARM

15 MINUTES, 55 DOLLARS

### CHIN

15 MINUTES, 29 DOLLARS

### EYEBROW

15 MINUTES, 39 DOLLARS

### LIP

15 MINUTES, 29 DOLLARS

### FACE

30 MINUTES, 70 DOLLARS

### FULL BACK

50 MINUTES, 145 DOLLARS

### PATCH

30 MINUTES, 75 DOLLARS

*Localized area on face or body, upon consultation*





THE RITZ-CARLTON SPA



# MEN

## GENTLEMAN'S EXECUTIVE MASSAGE

80 MINUTES, 265 DOLLARS

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full-body massage using heated stones, facial massage and soothing scalp massage.

## DEEP TISSUE MASSAGE

50 MINUTES, 220 DOLLARS

OR 80 MINUTES, 265 DOLLARS

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. The deep movements and stretching techniques concentrate on specific areas of concern to help relieve common discomforts and sports-related tension.

## GENTLEMAN'S HYDRAFACIAL

80 MINUTES, 345 DOLLARS

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

**INCLUDES** Double Cleanse, Facial Exfoliation, Steam and Extraction, Facial Massage, Mask and Scalp Massage.

## PURIFYING BACK TREATMENT

50 MINUTES, 205 DOLLARS

A customized back treatment that purifies and treats uneven skin tone and dryness. Add on a chemical peel enhancement for faster results.

## ACNE CLARIFYING BACK REMEDY

50 MINUTES, 235 DOLLARS

A customized back facial treatment can eliminate back acne, scars, impurities and dry skin and can even out skin tone on the back. Microdermabrasion and peels can be added for more significant results.

# GUIDELINES

Guests of The Ritz-Carlton Spa, Tysons Corner must be 18 years of age or older to enjoy Spa services. Spa facilities, including locker rooms, shower, steam room, dry sauna and pool, are available to Hotel guests and Spa customers.

## AT TIME OF RESERVATION

Spa Concierge will reserve treatment times and assist with selecting treatments. Please notify the Spa Concierge if you have high blood pressure, allergies, physical ailments or disabilities, or if you are pregnant. All prenatal massages will be performed after the first trimester. (There are a few services that should be avoided during pregnancy, especially in the first trimester, but many that can be enjoyed.) If you prefer a male or female therapist, please make your gender request when scheduling your treatment.

## ARRIVAL TIME

For your enhanced comfort and relaxation, we suggest you arrive 30 minutes prior to your scheduled treatment to allow time to enjoy the lounges, saunas and steam rooms. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your pleasure. Your treatment will end on time, so that the next guest is not delayed. The full value of your treatment will still be charged if you arrive late.

## DECORUM

To ensure a relaxing environment for all Spa visitors, "Spa voices" are required in all areas of the Spa.

Guests of the Spa can enjoy:

- + The Pool

- + Complimentary parking with validation

Each Spa service can be enhanced by a routine that includes:

- + Dry sauna

- + Detoxifying sessions in the steam room

## TREATMENT RECOMMENDATIONS

Shaving is recommended but not necessary for men prior to a facial. If you choose to shave prior to your facial, be sure to allocate at least two hours between shaving and your appointment. Shaving is not recommended prior to body treatments or hair removal services. Most body treatments are enjoyed without clothing; however, disposable undergarments are available by request. During all treatments, the body is fully draped except for the area being worked on. Robes and slippers are provided in the ladies' and gentlemen's lounges before treatments. This is your time and you should delight in the experience to the fullest.

Your therapist will ask any preferences in the room temperature, the amount of massage pressure or the volume of the music. Please notify your therapist of any discomfort.

## FOOD & BEVERAGE

Other than hotel Spa offerings, food and beverage is not permitted in the Spa.

## USE OF ELECTRONIC DEVICES

We request that cell phones be turned off while in the Spa. If you are a guest of the hotel, please leave valuable items in your guest room safe. Lockers are available for your personal items.

## DEPARTING THE SPA

Please be sure to check out at the Spa front desk before you depart.

We accept all major credit cards. You may also charge services to your hotel account. Prices and services are subject to change.

## SERVICE CHARGE

A 20% service charge will be added for each Spa service you receive. This gratuity may be adjusted at your discretion.

## CANCELLATION POLICY

If you must reschedule or cancel your Spa appointment, please notify us 24 hours in advance of your scheduled time to avoid being charged a full service fee. Cancellation for groups of three or more requires a 72-hour notice to avoid being charged the full service fee. A credit card number is required at the time of booking.



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