Let us make the world revolve around you.

ESCAPE

An indulgence or a necessity, a moment of connection or solitude, an awakening or an escape. The Ritz-Carlton Spa experience signifies something unique for everyone. Rediscover inner calm through natural textures, sublime scents and sophisticated facilities, including an outdoor temperature-controlled infinity pool, dry sauna and coral-like steam room. Complete your restorative journey with an indulgent ritual, advanced facial or blissful massage performed by the expert hands of our highly trained therapists.
EXPERIENCE

HIMALAYAN BODY REVIVER
120 MINUTES
The journey will start with a cleansing ritual, much as ancient Indian travelers experienced in their journeys. This is followed with a tailored traditional Healing Pall massage that will benefit body and soul, resulting in a sense of renewal.


EMPOWER
120 MINUTES
Go back to nature with an organic experience. Natural plant-derived ingredients are cleverly blended to help detoxify, purify and rejuvenate the skin.

Inclues: Singing Bowl Meditation, Foot Ritual, Massage, Facial, Scalp Massage.

ESCAPE TO PURIFICATION
120 MINUTES
A combination of treatments designed to tone and firm skin, stimulate circulation, target areas prone to cellulite and eliminate toxins.

Inclues: Singing Bowl Meditation, Foot Ritual, Body Scrub, Body Wrap, Message on targeted areas.

CELEBRATION FOR TWO
130 MINUTES
Reconnect with your loved one as you enjoy a uniquely romantic and relaxing experience. A full body treatment using rose petal infused water, champagne and golden aromatic oils delivers a truly indulgent experience along with a specialised facial performed side by side in the couples room.

Inclues: Foot Ritual, Couple massage and caviar facial.
DEEP MUSCLE MASSAGE
50 MINUTES OR 60 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas helps relieve common discomforts and sport-related tension.

HOT STONE MASSAGE
50 MINUTES
A therapeutic and rejuvenating massage using warm volcanic stones and moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

STRESS RELIEF MASSAGE
50 MINUTES OR 60 MINUTES
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave you relaxed and revitalized.

TRADITIONAL ORIENTAL MASSAGE
50 MINUTES OR 60 MINUTES
A traditional eastern massage using an integrative style of full body massage with acupressure and stretching techniques. Using custom-blended oils and movements inspired by traditional Oriental therapies, this tension-busting massage treats the whole body while focusing on stress holding areas of the back, neck and shoulders.

RELAXATION MASSAGE
50 MINUTES OR 60 MINUTES
Unwind and de-stress with this aromatic massage. This soothing aromatherapy treatment uses light to moderate pressure and a blend of essential oils to melt away tension.

HERBAL POTLI MASSAGE
50 MINUTES
Feel tension slip away with a warm herbal poultice containing locally grown herbs which releases muscular pressure while deeply calming and clearing the mind.

NATURALLY NURTURED MASSAGE
50 MINUTES OR 60 MINUTES
Nurture and nourish body and skin when you need it the most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

THE RITZ-CARLTON SIGNATURE MASSAGE
50 MINUTES OR 60 MINUTES
Unwind and delight with this beautifully aromatic massage designed to completely relax both the body and mind.

INCLUDES: OpenChakra Energy, Foot Ritual, Full Body Massage, Scalp Massage

THE RITZ-CARLTON SPA
PUNE
BODY

ULTIMATE BODY BALANCER
90 MINUTES
Restore severity to body, mind and skin with this richly indulgent and deeply effective bespoke treatment.
Includes: Back Exfoliation and Massage, Custom Facial, Scalp Massage

RASAYANA BODY BUFF
90 MINUTES
A perfect harmonizing treatment with an effective combination of body wrap and massage for ultimate results.
Includes: Back Exfoliation, Algae or Mud Wrap, Scalp Massage, Full Body Massage

NOURISHED GLOW
90 MINUTES
Reveal your smoothest, softest skin with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.
Includes: Full Body Soft and Oil Exfoliation, Back Massage, Oil Application

DETOX AND ENRICH
90 MINUTES
Deeply cleanse, refine and nourish your body with this beautifully enhancing, bespoke body treatment.
Includes: Body Exfoliation, Algae or Mud Envelopment, Scalp Massage

THE RITZ-CARLTON SPA
PUNE
FACIAL

CUSTOM FACIAL
60 MINUTES OR 90 MINUTES
Purify, hydrate, brighten and smoothen your complexion with this radiance-boosting facial that is tailored to your individual needs.
Includes: Deep Brush Cleanser, Skin Analysis, Facial Exfoliation, Mask, Scalp Massage

SMOOTH AS SILK
90 MINUTES
This anti-aging facial uses natural silk cocoons to firm and tone the skin. The cocoons contain 12 amino acids which help to improve skin elasticity, reduce the appearance of wrinkles and repair sun-damaged skin.
Includes: Deep Brush Cleanser, Skin Analysis, Cocoon Facial Exfoliator, Cocoon Facial Masque, Mask, Scalp Massage

AGE DEFYING FACIAL
90 MINUTES
This exceptional facial helps to slow down the signs of premature aging, reducing the appearance of fine lines. Specialized massage combined with unique precious ingredients helps lift and firm. Empowered with rejuvenating properties of 24 karat gold and the anti-oxidant properties of other precious minerals.
Includes: Deep Brush Cleanser, Skin Analysis, Facial Exfoliation, Specialized Texturizing Facial Masque, Mask, Scalp Massage

ADVANCED SKIN RADIANCE FACIAL
90 MINUTES
Restore your skin’s vitality and reveal a bright, smooth and radiantly youthful looking complexion.
Includes: Deep Brush Cleanser, Skin Analysis, Radiance Mask, Age-Defying Crystal Massage, Professional Lifting Mask
ULTIMATE RADIANCE & RENEWAL FACIAL
50 MINUTES
This rejuvenating and restorative skin treatment includes a combination of antioxidant herbs and roots to rebalance and restore your skin’s vitality. Instantly find your skin looking smooth and deeply hydrated with a radiant sheen. Includes: Bright Cleanser, Skin Rebalancer Mask, Age Defying Crystal Massage, Lifting Mask, Scalp Massage

A SIGHT FOR SORÉ EYES
50 MINUTES
An intensive eye treatment to lift and illuminate the delicate eye area. Includes: Light Cleanser, Specialized-Gentle Eye Massage, Scalp Massage

PURIFYING FACIAL
50 MINUTES OR 60 MINUTES
A purifying treatment customized to restore the balance of the skin. This unique enrichment removes blemishes and pigmentation by combining the potent properties of age-old herbs. Includes: Deep Brush Cleanser, Skin Analyzer, Facial Exfoliation, Massage, Mask, Scalp Massage

EXPRESS FACIAL
50 MINUTES
A quick, pampering facial created specifically if you are-on-the-go. This customized facial is uniquely designed to give maximum results in minimum time. Includes: Cleanser, Facial Exfoliator, Mask
MEN

THE MEN’S MASSAGE
50 MINUTES
The ultimate escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

MUSCLE RECOVERY MASSAGE
90 MINUTES OR 60 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques concentrate on specific areas of concern and alleviate common discomforts and sport-related tension.

POWER HOUR
60 MINUTES
Intensifying this purifying and soothing treatment revives your body.
INCLUES: Full Body Salt & Oil Exfoliation, Body Massage

THE MEN’S FACIAL
50 MINUTES
Detoxifying and deep cleansing treatment. This purifying facial cleanses the skin by unblocking blocked pores, rapidly accelerating skin repair and neutralizing impurities.
INCLUES: Double Cleansing, Facial Exfoliation, Steam & Extraction, Facial Massage, Mask, Scalp Massage
EXPRESS SPA TREATMENTS

ENERGY BOOST MASSAGE
50 MINUTES
Feel refreshingly renewed with a scalp, neck, back and arm massage.

RELAXING SCALP MASSAGE
50 MINUTES
Discover a deeper sense of clarity when you take a moment to simply let go.

FOOT REVIVER
30 MINUTES
A refreshing and restorative massage that revives tired feet.
ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body, and massage services without adding additional time to the treatment. All enhancements must be booked and received with a treatment.

ANTI-AGING BOOSTERS
Boost any facial by using the technologically advanced serums and moisturizers to address all of the most visible signs of aging.

HAND, FOOT OR BACK REFRESHER
This complete relaxation ritual will awaken and energize the senses. Hydrate and replenish your hands, feet or shoulders.

HOT STONE MELTER
Smooth body stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

SMOOTH & FIRM BODY BUTTER
Combine the sublime benefits of a lifting and smoothing body butter with body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

OIL SCALP TREATMENT
Using the strengthening properties of special oils with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

ROSE PETAL & SAFFRON MILK BATH
Enhance your unique experience with a flower bath in your Spa suite 30 minutes before your treatment continues.

ORGANIC FACIAL MASK
Enjoy a nourishing organic facial mask, for all skin types, that provides a boost of vitamins and minerals to your skin. Can be applied during your massage or body treatment to complete your experience.
GUIDELINES

To enjoy your experience to the fullest potential, please familiarize yourself with the Spa Guidelines.

AT TIME OF RESERVATION
- Please select the spa water upon entering.
- Admission to a medical condition existing pregnancy.
- You have a genuine preference for your Sparl Passage.
- You have a preference for a specific Skincare Ponder.
- From a celebrity's special requests you provide a VIP service
- In a water with mineral water for relaxation.

SALT OPENING HOURS
Monday to Sunday (9AM) 17:00 PM

SCHEDULING AN APPOINTMENT
To schedule an appointment for the Relaxation treatment, please contact the Spa First Desk team who will tell you all the requirements.

AVAILABILITY
Please allow approximately ten minutes before your treatment to complete the Spa Consultation Form and health questionnaire. We recommend you arrive fifteen minutes before your treatment time.

ALIGNMENT FOR TREATMENTS
- Your attire can be removed, but please wear a swimsuit for your convenience.
- If you prefer to keep your clothes on, you may do so, but remember to removed your shoes, pantyhose, and any accessories that may be seen during your spa visit.

ACCIDENTS OR INJURIES
- The Spa, hairdressers, and hot tubs shall not be liable for any accidents or injuries for any reason.
- SALT TREATMENT
- Your complete relaxation and body treatment for your enjoyment.

FITNESS STUDIO
- The fitness studio is equipped with the latest in cardiovascular equipment, including stationary bikes, treadmills, ellipticals, and other high-end conditioning equipment.

CHILDREN'S POLICY
- We are pleased to offer treatments for children aged 8 years and older. Children will be accompanied by an adult for the duration of the treatment. Please contact the Spa First Desk if you require any additional assistance for your posterior parties.

LOSS OR DAMAGE
- The Spa assumes no liability for lost or stolen personal effects. We strongly recommend that you leave all valuables locked in your room or spa locker during your visit.

CANCELLATION POLICY
A 24-hour cancellation notice is required for any treatment. Late arrival or early departure will result in the termination of your treatment.

SPA ETIQUETTE
- It is essential to understand the spa etiquette and ambiance.
- Please respect all spa guests' rights and privacy.

SENSORY IN-TRAINING, the spa is a relaxing place.
- Bachelor parties, ceremonies, and events are considered.
- Guests with special requests are accommodated.
- The spa offers a range of services, including massages, facials, and more.

HEALTH CONDITIONS
- Dietary requirements or health conditions, allergies, or allergies, which could affect your treatment, must be communicated upon reservation.

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HOTEL
- To confirm your spa experience, all reservations must be confirmed at least 24 hours in advance.

VACATIONERS
- The Spa offers guests to experience spa treatments and wellness programs tailored to their needs.

LOST PROPERTY
- Any property found at the spa premises should be reported to the Spa Manager. Items will be stored for three months. After this period, if not claimed, the items will be donated to local charities.

BROCHURE
- All prices are inclusive of VAT and are subject to be exchanged.

GUIDELINES

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