Relish in a tropical sanctuary to the beautiful shores of San Juan. The Ritz-Carlton, San Juan is an enchanted oasis where you can melt stress away near the soothing turquoise waters of the sea. Picturesque ocean views, delicate floral coffee aromas and fresh air of the Caribbean will rekindle your spirit, heal your body and restore balance.

Let us make the world revolve around you.

ESCAPE
The experience treatments in The Ritz-Carlton Spa, San Juan are inspired by classic Puerto Rican ingredients that evoke the unique splendor of the enchanted island. Locally developed all-natural coffee, sea salt and lush tropical coconut are combined with blends of essential oils and tailored massage techniques, delivering you into true relaxation and an aromatic journey of the senses.

STRESS MELTER RITUAL   
80 MINUTES
This truly relaxing treatment tempts total serenity as we pamper you from head to toe. Harnessing the benefits of natural sea salt flats from the southwest coast of the island with a stimulating reflexology therapy, this luxurious ritual will ignite all your senses while regenerating tired skin. 

INCLUDES: Dry brush exfoliation, full body massage, hand and foot reflexology and hair oil treatment.

SEA SHELL INDULGENCE   
80 MINUTES
This sea inspired ritual begins by dry brushing impurities off the skin. To further enhance your experience, warm lava shells anointed with minerals, algae and essential oils are drizzled over the body to radiate heat inside the muscle and induce a state of balance.

INCLUDES: Dry brush exfoliation, warm lava shell massage.

CAFÉ CON LECHE BODY POLISH   
80 MINUTES
Our luscious body polish featuring an aromatic blend of organic Puerto Rican coffee and lemongrass oil is applied throughout the body to detoxify. A gentle massage of warm coconut milk completes the nourishing and skin softening experience.

INCLUDES: Local organic coffee scrub, hydrating full body massage.

The experience treatments in The Ritz-Carlton Spa, San Juan are inspired by classic Puerto Rican ingredients that evoke the unique splendor of the enchanted island. Locally developed all-natural coffee, sea salt and lush tropical coconut are combined with blends of essential oils and tailored massage techniques, delivering you into true relaxation and an aromatic journey of the senses.

STRESS MELTER RITUAL   
80 MINUTES
This truly relaxing treatment tempts total serenity as we pamper you from head to toe. Harnessing the benefits of natural sea salt flats from the southwest coast of the island with a stimulating reflexology therapy, this luxurious ritual will ignite all your senses while regenerating tired skin. 

INCLUDES: Dry brush exfoliation, full body massage, hand and foot reflexology and hair oil treatment.

SEA SHELL INDULGENCE   
80 MINUTES
This sea inspired ritual begins by dry brushing impurities off the skin. To further enhance your experience, warm lava shells anointed with minerals, algae and essential oils are drizzled over the body to radiate heat inside the muscle and induce a state of balance.

INCLUDES: Dry brush exfoliation, warm lava shell massage.

CAFÉ CON LECHE BODY POLISH   
80 MINUTES
Our luscious body polish featuring an aromatic blend of organic Puerto Rican coffee and lemongrass oil is applied throughout the body to detoxify. A gentle massage of warm coconut milk completes the nourishing and skin softening experience.

INCLUDES: Local organic coffee scrub, hydrating full body massage.
SPECIALTY MASSAGE  
80 minutes or 50 minutes  
Therapists at The Ritz-Carlton Spa, San Juan are certified in a variety of specialty massage techniques. Please inquire with our spa agents for details on these advanced treatments including Striatu, Lomi Lomi, Lymphatic Drainage, Reiki, Craniosacral & Reflexology Massages.

DEEP MUSCLE MASSAGE  
80 minutes or 50 minutes  
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques are concentrated on specific areas of concern to relieve common discomforts and sports-related tension.

RELAXATION MASSAGE  
80 minutes or 50 minutes  
Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

STRESS RELIEF MASSAGE  
80 minutes or 50 minutes  
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

EL YUNQUE RIVER STONE MASSAGE  
80 minutes  
A therapeutic and rejuvenating massage using warm river stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

NATURALLY NURTURED MASSAGE  
80 minutes or 50 minutes  
Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

RESTORATIVE  
80 minutes  
This profoundly balancing therapy is designed to relieve tension and bring balance to the entire body while primarily focusing on the spinal area. With the restorative blend of 16 aromatherapy essential oils and specific touch techniques, this potent treatment is ideal for stress, muscular aches, jet lag, and low energy.

Includes: Skin brushing, foot scrub, full body massage, scalp massage, body mat.
San Juan

OCEAN AND EARTH WRAP
50 MINUTES
Inspired by our ocean and earth surroundings, this body envelopment utilizes natural ingredients that help stimulate your body’s metabolism, while potent antioxidants and enzymes leave your skin bright and nourished.

INCLUDES: Full body oil and oil exfoliation, back massage and oil application.

Choose from: Re-mineralizing mud wrap or detoxifying seaweed wrap.

BODY BALANCER
50 MINUTES
Restore serenity to the body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

INCLUDES: Back exfoliation, back massage, application of facial oil and scalp massage.

SUN SOOTHER
50 MINUTES
This specialized body cocoon is designed to alleviate and nourish sun drenched skin. A healing Aloe Vera herbal gel and soothing coconut milk is applied to the body to provide deep hydration. Pure bliss for your skin.

INCLUDES: Aloe Vera wrap, foot and scalp massage, application of moisturizer.

NOURISHED GLOW
50 MINUTES
Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES: Full body oil and oil exfoliation, back massage and oil application.

Body

INCLUDES: Dry skin brushing, seaweed or mud wrap, scalp massage, moisturizer.
CUSTOM FACIAL
80 minutes or 50 minutes
Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.
Includes: Deep brush cleanse, skin analysis, facial exfoliation, massage and mask, scalp massage
Performed with Espa products

AGE DEFYING FACIAL
80 minutes or 50 minutes
Instantly combat the most visible signs of skin aging – smoothing fine lines and revealing youthful radiance to your complexion.
Includes: Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage
Performed with Espa products

ULTIMATE RADIANCE & RENEWAL FACIAL
80 minutes
Restore skin’s vitality and reveal a bright, smooth and radiantively youthful-looking complexion. The must-have treatment for immediate results prior to a special event.
Includes: Brush cleanse, Skin Radiance Mask, age-defying crystal massage, lifting mask, scalp massage
Performed with Espa products

MERIDIAN FACIAL CONTOURING TREATMENT
80 minutes or 50 minutes
This traditional Asian facial massage visibly rejuvenates the skin by diminishing physical signs of stress and energy imbalance. This ancient art treatment clears the invisible pathways of energy that flow through the body’s meridians, enhancing circulation and radiance. Midnight Jade and Celestion Meridian Crown along with aromatic healing balms and oils create the ultimate re-contouring and energizing facial.
Includes: Organic facial cleanse, caviar and collagen mask, Argan and Edelweiss stem cell serum, contouring face massage, scalp oil massage
Performed with Purera products

FACIAL
MEN

THE MEN’S MASSAGE
80 MINUTES
The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage, and a soothing scalp massage.

RELAXATION MASSAGE
80 MINUTES OR 50 MINUTES
Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

MUSCLE RECOVERY MASSAGE
80 MINUTES OR 50 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

STRESS RELIEF MASSAGE
80 MINUTES OR 50 MINUTES
Relieve tired and fatigued muscles with this traditional massage using moderate-to-firm pressure to leave a feeling of revitalization and relaxation.

POWER HOUR
50 MINUTES
Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens, leaving you ready for anything.

Includes:
- Full body salt and oil exfoliation
- Facial massage

MEN’S FACIAL
50 MINUTES
Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

Includes:
- Double cleanse, facial exfoliation, steam and extraction, facial massage
- Mask, scalp massage
- Performed with ESPA products
Salon Services

Full salon services are available. Our talented team of stylists will complement your look for any special occasion.

Shellac Manicure & Pedicure

130 minutes
A lavish high-luster sheen manicure or pedicure that wears flawlessly for 14-days. The shellac lacquer brushes on like polish and is cured by a UV lightning. Your nails are completely dry by the time your treatment is over.

Includes:
- Soak, cut and file, cuticle work, massage, mask, manicure and polish.

Anti-Aging Guava Manicure & Pedicure

130 minutes
Experience the unique benefits of this tropical fruit rich in high-content nutrients, anti-aging components, vitamin C and lycopene. A combination of fruit acids and enzymes work to improve clarity and radiance.

Includes:
- Milk bath soak, local guava and raw cane sugar exfoliation, oil massage, mask, manicure and polish.

Manicure

25 minutes
Essential maintenance for hands.

Includes:
- Soak, cut and file, cuticle work, application of hand cream, polish or buff.

Pedicure

50 minutes
Maintain amazing results and keep nails in good condition with this maintenance treatment.

Includes:
- Soak, nail file and shape, exfoliation, cuticle work, massage, shellac application.
ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All enhancements must be booked and received with a treatment.

HOT STONE MELTER
Smooth basalt stones radiate heat deep inside the muscles to release tension and stress. The perfect enhancement to any massage.

SMOOTH & FIRM BODY BUTTER
Enhance any massage by adding the sublime benefits of contouring and smoothing body butter to your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

FOOT OR BACK REVIVE
Reveal smoother skin with this exfoliating and nourishing treatment that will leave feet or back smooth, soft and bright. Can enhance any massage or body treatment.

MOROCCAN OIL SCALP TREATMENT
Using the strengthening properties of Moroccan Oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

HAND REVIVE
Boost any facial, massage or body treatment to reveal brighter and smoother hands with this exfoliating and nourishing enhancement.

MUSCLE JOINT RELEASE
Cooling balms help to reduce joint and muscle inflammation, improve blood flow and elevate mood on steel enhancement to any massage.

MICRO-CURRENT
Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

LIFESTAGE ANTI-AGING BOOSTER
Boost any ESPA facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

EYE AND LIP TREATMENT
Formulated to moisturize and smooth fine lines and increase suppleness around the eye and lip area, ideal to boost the effects of any facial.

PARAFFIN TREATMENT
A beneficial treatment to soothe and moisturize your hands or feet during any nail service.
AGE REQUIREMENTS
Guests of The Ritz-Carlton Spa, San Juan must be 18 years of age or older to enjoy Spa services. Salon services are available to younger guests when accompanied by a parent or legal guardian.

SPA FACILITIES
Spa facilities, including locker rooms, relaxation areas and waiting areas are available to resort guests for a $40 daily fee. This fee is waived with the purchase of a treatment. Spa reservation agents will reserve treatment times and assist with selected treatments.

AT TIME OF RESERVATION
Please notify the spa reservations agent if you have high blood pressure, allergies, physical ailments, disabilities or are pregnant. While a few services should be avoided during pregnancy, there are treatments that can be enjoyed if you prefer. If you are on a special treatment, please make your reservations agent aware of your condition to customize your treatments.

ARRIVAL TIME
For your comfort and relaxation, we ask that you arrive 30 minutes prior to your scheduled spa experience to further enjoy our facilities. As a courtesy to all guests, treatments start and end on time. If you must reschedule or cancel your appointment, please notify the Spa six hours in advance to avoid being charged the full service fee.

TREATMENT RECOMMENDATIONS
Shaving is recommended but not necessary for men prior to a facial. If you choose to shave prior to your facial, be certain to allocate at least two hours between shaving and your appointment. Shaving is not recommended for body treatments or non-removal services. Most body treatments are enjoyed without clothing; however, disposable undergarments are available upon request. During all treatments the body is fully draped except for the area being worked on.

USE OF CELL PHONES AND ELECTRONIC DEVICES
We request that cellphones and electronic devices be turned off while in the spa and salon.

LOCKER AREAS
If you are prior to your recent, we kindly ask you to leave valuables in your guestroom safe. Otherwise, lockers are available for your personal items. Robes and slippers are provided in lockers.

METHOD OF PAYMENT
We accept all major credit cards, The Ritz-Carlton Gift Cards and Spa Finder. You may also charge services to your hotel bill. Prices and services are subject to change. Additional gratuities are at your discretion.

CANCELLATION POLICY
If you must reschedule or cancel your spa appointment, please notify us six hours in advance to avoid being charged the full service fee. Consultations for personal training services and private parties require 24-hour notice. A credit card number is required at the time of booking.

HOURS OF OPERATION
Spa and Salon: Open daily from 8:00 a.m. to 8:00 p.m.
Fitness Center is accessible 24 hours with room key.

GUIDELINES