



THE RITZ - CARLTON SPA

DOVE MOUNTAIN

MASSAGES

Relaxation Massage 50 minutes \$170
Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

Stress Relief Massage 50 minutes \$170
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

Deep Muscle Massage 50 minutes \$170
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. This massage uses deep movements and stretching techniques on specific areas of concern, helping to relieve common discomforts and sports-related tension.

Reflexology Massage 50 minutes \$170
Deeply relaxing and healing, this ancient wellness technique releases tension and fatigue through compression on reflex points in the hands and feet.

Naturally Nurtured Massage 50 minutes \$170
Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

Muscle Recovery Massage 50 minutes \$170
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. This massage uses deep movements and stretching techniques on specific areas of concern, helping to relieve common discomforts and sports-related tension.

BODY TREATMENTS

Nourished Glow 50 minutes \$170
Reveal your smoothest, softest skin ever with this body exfoliation treatment finishing with a deeply nourishing oil application and personalized back massage.
Includes Full body salt and oil exfoliation, back massage, oil application

Power Hour 50 minutes \$170
Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens the senses, leaving you ready for anything.
Includes Full body salt & oil exfoliation, back massage



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FACIALS

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| Custom Facial | 50 minutes | \$180 |
| Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs. | | |
| Includes Brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage performed with espa products | | |
| Age-defying Facial | 50 minutes | \$190 |
| Instantly combat the most visible signs of skin aging – smoothing fine lines and reviving youthful radiance to your complexion. | | |
| Includes Brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage performed with espa products | | |
| The Men's Facial | 50 minutes | \$180 |
| Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized. | | |
| Includes Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage performed with espa products | | |
| Organic Facial | 50 minutes | \$170 |
| An eco-friendly treatment featuring all organic products designed to fulfill the needs of all skin types and to restore the skin's natural radiance. | | |
| Includes Brush cleanse, skin analysis, steam, extractions (optional), mild exfoliation, mask, moisture infusion performed with eminence products | | |
| Advanced Firm Facial | 50 minutes | \$180 |
| Allow your face to regain its youthful contours and skin tone. Specially designed to improve elasticity using micro-current to lift and tone strategic areas of the face. | | |
| Includes Brush cleanse, skin analysis, steam, extractions, exfoliation, mask, micro-current performed with eminence products | | |
| Illuminating Organic Peel | 50 minutes | \$180 |
| Natural alpha-hydroxy, lactic, and glycolic fruit acids awaken skin's inner beauty by boosting collagen, restoring elasticity, and immediately reducing the appearance of fine lines and wrinkles. | | |
| Includes Brush cleanse, steam, extractions (optional), peel, mask, moisture infusion performed with eminence products | | |



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ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.

Massages and Body enhancements

HOT STONE MELTER

\$25

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress.

HAIR CONDITIONING TREATMENT

\$25

Using the strengthening properties of coconut oil and Pink Hair and Scalp Mud with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

SMOOTH & FIRM BODY BUTTER

\$25

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

HAND, FOOT AND BACK REVIVER

\$30

Reveal smoother skin with this exfoliating and nourishing treatment that leaves hands, feet or back smooth, soft and bright.

Facial enhancements

MICRO-CURRENT

\$30

Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

LIFESTAGE ANTI-AGING BOOSTERS

\$40

Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

EYE TREATMENT

\$25

This intensely hydrating treatment gives an immediate rested and refreshed look to the eye area, restores elasticity and firmness to aging eyelids, reduces puffiness and minimizes dark circles.

LIP TREATMENT

\$25

Lines left by laughing and living are gently softened as lips are polished and renewed.



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GUIDELINES

AT TIME OF RESERVATION

Please notify the spa reservations agent if you have high blood pressure, allergies, physical ailments, disabilities or are pregnant. While a few services should be avoided during pregnancy, there are treatments that can be enjoyed in the second and third trimester. If you prefer a male or female therapist, please make your gender request when scheduling your treatment. A valid credit card number with expiration date will be required at time of booking.

ARRIVAL TIME

For your enhanced comfort and relaxation, we recommend you arrive 30 minutes prior to your scheduled treatment to allow time to enjoy the lounges, whirlpools and spa serenity pool. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your pleasure. Your treatment will end on time so the next guest is not delayed, and the full value of your treatment will be charged.

PERSONAL BELONGINGS/VALUABLES

If you are a guest of the resort, please leave valuables in your guest room safe.

USE OF ELECTRONIC DEVICES

As a courtesy to other spa guests, cell phones and pagers must be turned off while in the spa.

AGE REQUIREMENTS

Guests of The Ritz-Carlton Spa, Dove Mountain must be 18 years of age or older to enjoy the spa facilities (lockers, whirlpools and serenity pool).

TREATMENT RECOMMENDATIONS

This is your time and you should delight in the experience to the fullest. Your therapist will ask for your preferences in room temperature, the amount of massage pressure and the volume of the music. Please notify your therapist of any discomfort. Most treatments are enjoyed without clothing, however, disposable undergarments are available upon request. During all treatments, the body is fully draped, except for the area being worked on. Robes and slippers are provided in the ladies' and gentlemen's lounges before and after treatments. Shaving is not recommended for men prior to a facial. If you choose to shave prior to your facial, be sure to allocate at least four hours between shaving and your treatment. Shaving is not recommended prior to body treatments or hair removal services.

METHOD OF PAYMENT

All major credit cards are accepted. You may also charge services to your resort bill.

SERVICE CHARGE

For your convenience a 20% gratuity will be added to each spa service you receive. Gratuities will be dispersed to the spa staff who served you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

CANCELLATION POLICY

If you must reschedule or cancel your spa appointment, please notify the spa at least six hours before your scheduled time to avoid being charged the full service fee.



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COVID-19

We would like you to relax during your visit and immerse yourself into the Spa experience. For this reason, we have taken extra measures to safeguard our guests based on local and state regulations. Should you or a member of your household be experiencing a cough, fever, sore throat or shortness of breath within the last seven days kindly let us know prior to arrival so we may reschedule your service. We ask that you are symptom-free for at least 14 days prior to your appointment. Face coverings for our Ladies and Gentlemen as well as our guests, are required within all of the resort's indoor public areas, including the spa lounges and treatment rooms.