Escape to our award-winning spa situated on the edge of the wild, where the pure mountain air and natural surroundings inspire renewal. Our 21,000-square-foot spa features 19 treatment rooms, a luxurious manicure/pedicure salon, individual men’s and women’s rock-lined grottos featuring steam, sauna, and a hot and cold plunge area that promise to create a truly unparalleled spa experience.
From the sun kissed peaks, to the roaring rapids of our rivers, we have cultivated the natural elements of our surrounding majesty to offer you an experience that captures the peaceful elegance of the Rocky Mountains. Using holistic methods to inspire treatments that harness the benefits of wild plants, herbs, and minerals our collection of services will surely immerse you into our mountain culture.

MINER’S MINERAL MUD WRAP
100 MINUTES
Our mineral inspired experience uses indigenous ore that is hand mixed during the treatment, to take you on a rejuvenating journey. Foraged from the depths of Colorado’s mines, activated charcoal mud is renowned for its powerful detoxifying properties. When coupled with amethyst oil, rose quartz salt, and shea butter, you will leave with a calm mind and uplifted body.

Inclued: Full body exfoliation, body wrap, scalp massage, hydrotherapy bath, full body massage.

ALPENGLOW
90 MINUTES
Just as the rosy light of the setting sun is seen on the Rocky Mountains, this treatment is designed to restore your natural glow. While wrapped in the warmth of honey, avocado, and a shea butter scrub, skin is nourished and impurities are erased. This intensely hydrating treatment is vital for the mountain climate.

Inclued: Scrub, wrap, massage.

BLACK DIAMOND FACIAL
90 MINUTES
Elite mountaineers know that Black Diamond trails offer the most advanced and rewarding experience. Allow us to elevate your skin to the peak of beauty using a diamond infused age-defying serum, cream, thermal mask, and vitamin-c booster. This union of sophisticated ingredients with anti-aging properties nourishes the deepest layers of the skin and revitalizes a youthful appearance.

Inclued: Cleanser, exfoliation, diamond infused mask, extractions, neck and shoulder massage.
**MASSAGE**

**CLOSE-TO-YOU MASSAGE**
90 MINUTES OR 60 MINUTES
Enjoy the experience of shared relaxation and well-being in our couple’s treatment room. Your chosen massage is enjoyed side-by-side in an intimate setting for two.

**CHOOSE FROM:** Relaxation, Deep Muscle, Stress Relief or Naturally Nurtured Massages

**COPPER TUB SOAK FOR TWO**
90 MINUTES
Enhance any close-to-you massage with a luxurious bathing experience in a private copper tub.

**DEEP MUSCLE MASSAGE**
90 MINUTES OR 60 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

**STRESS RELIEF MASSAGE**
90 MINUTES OR 60 MINUTES
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

**RELAXATION MASSAGE**
90 MINUTES OR 60 MINUTES
Unwind and de-stress with this aromatic treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

**RIVER STONE MASSAGE**
90 MINUTES
A therapeutic and rejuvenating massage using river stones with a moderate pressure to intensely soothe tired, aching muscles and aid relaxation.

**NATURALLY NURTURED MASSAGE**
90 MINUTES OR 60 MINUTES
Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

**SPECIALTY MASSAGE**
90 MINUTES OR 60 MINUTES
Therapists at The Ritz-Carlton Spa, Bachelor Gulch are certified in a variety of specialty massage techniques. Please inquire with our spa reservationist for details on these advanced treatments including Ashiatsu, Shiatsu, Lymphatic Drainage, Cranio-sacral, Reflexology and Thai massages.
After a day on the mountain, return tight, aching muscles to peak condition with this focused, tension-relieving treatment. Combining warming herbal poultice with muscle-relieving blue ginger to soothe tired, stiff muscles.

includes Full body massage, back exfoliation, full body herbal poultice.

**NOURISHED GLOW**

60 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

**BODY BALANCER**

60 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and reviving back, neck and scalp treatment.

**HERBAL POULTICE**

90 MINUTES

Ease tired, aching feet and legs with this enlivening treatment. Suitable for all, this treatment can help reduce puffiness and soothe aches and pains.

includes Exfoliation, massage and application of cooling moisturizer to the feet and legs.

**LIGHTER LEGS**

45 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

includes Full body exfoliation, Vichy Shower, back massage, oil or lotion application.

**BODY BALANCER**

60 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and reviving back, neck and scalp treatment.

includes Back exfoliation, back massage, application of facial oil, scalp massage.
CUSTOM FACIAL
90 MINUTES OR 60 MINUTES
Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.
Incl.: Brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

AGE DEFYING FACIAL
90 MINUTES OR 60 MINUTES
Instantly combat the most visible signs of skin aging, smoothing fine lines and reviving youthful radiance to your complexion.
Incl.: Brush cleanse, skin analysis, face exfoliation, specialized toning facial massage, mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL
90 MINUTES
Recharge skin’s vitality and reveal a bright, smooth andradiantly youthful-looking complexion. A must-have treatment for immediate results prior to a special event.
Incl.: Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage
PERFORMED WITH ESPA PRODUCTS

OXYGEN HYDRATION FACIAL
90 MINUTES OR 60 MINUTES
This revolutionary skincare treatment delivers moisture, vitamins and antioxidants via cooling and calming topical hyperbaric oxygen, resulting in luminous hydration and visible age-defying results.
Incl.: Brush cleanse, enzyme exfoliation, delivery of hyaluronic serum, hydration gel
PERFORMED WITH HYDROSOULS PRODUCTS

PLATINUM FACIAL
90 MINUTES
The ultimate facial experience, this indigenous treatment includes an anti-aging hand peel and an Ayurvedic Shirodhara scalp treatment. Reveal your ageless radiance and leave your skin with a renewed appearance.
Incl.: Brush cleanse, exfoliation, hand peels, foot massage, facial massage, mask, scalp, shoulder and neck massage, scalp treatment
PERFORMED WITH ISUN PRODUCTS
THE PEDICURE
45 MINUTES
Maintain amazing results and keep nails looking and feeling their best with this conditioning treatment.
Includes: Soak, nail file and shape, exfoliation, cuticle work, application of body cream, buff

THE MANICURE
25 MINUTES
Essential maintenance for hands.
Includes: Soak, cut and file, cuticle work, application of hand creme, buff

THE MEN’S MASSAGE
90 MINUTES
The ultimate male escape. Unwind in style with this re-balancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

STRESS RELIEF MASSAGE
90 MINUTES OR 60 MINUTES
Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE
90 MINUTES OR 60 MINUTES
Unwind and de-stress with our aromatic treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

MUSCLE RECOVERY MASSAGE
90 MINUTES OR 60 MINUTES
Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

POWER HOUR
60 MINUTES
Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens the senses, leaving you ready for anything.
Includes: Full body salt & oil exfoliation, back massage, oil application

THE MEN’S FACIAL
60 MINUTES
Deeply cleanses, hydrates and smooths skin, leaving your complexion instantly energized.
Includes: Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

THE BITE—CARLTON PAL
13

BACHELOR GULCH

PERFORMED WITH ESPA PRODUCTS
ULTIMATE MANICURE
45 MINUTES
This indulgent treatment provides long-lasting results deeply nourishing products to repair, replenish and condition your nails.

includes
- Soak, cuticle work, exfoliation, cuticle work, hot stone massage, personalized mask, polish or buff

PEDICURE
45 MINUTES
Essential maintenance for feet.

includes
- Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

MANICURE
35 MINUTES
Essential maintenance for hands.

includes
- Soak, cuticle work, cuticle work, application of hand cream, polish or buff

GEL POLISH
15 MINUTES
A revolutionary power polish is applied and set under UV lighting. Your nails are completely dry by the time your manicure is over; and you will have an incredibly durable, chip-free manicure with superior shine.

includes
- Application with any nail service

GEL REMOVAL
30 MINUTES
Remove existing gel polish prior to any manicure or pedicure.
Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.

**MICRO-CURRENT**
Improve muscle tone with the addition of this gentle magnetic micro-current to any facial.

**LIFESTAGE ANTI-AGING BOOSTERS**
Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

**EYE & LIP TREATMENT**
Target fine lines around the eye and lip using micro current technology to address the signs of aging.

**FACIAL BOOSTERS**
Select from our extensive range of boosters, peels and masks to complement your facial experience.

**SMOOTH & FIRM BODY BUTTER**
Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

**HOT STONE MELTER**
Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

**HAIR CONDITIONING TREATMENT**
Combining the strengthening and conditioning properties of Red Clay and Apricot Kernel Oil during a deeply relaxing scalp massage to reduce tension and leave you with beautifully healthy hair.

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To enjoy your spa experience to the fullest potential, please familiarize yourself with the Spa Guidelines.

AT TIME OF RESERVATION
Please inform the Reservation Agent of the following:
+ Allergies or medical conditions
+ If you are pregnant (spa services offered after 13 weeks)
+ If you have a gender preference for your Service Provider
+ If you have a request for a specific Service Provider
+ If you are celebrating any special occasions
You must provide a valid credit card number with expiration date at time of booking.

Spa facilities are included in the resort fee.

ARRIVAL TIME
We recommend that you arrive at least 30 minutes prior to your scheduled treatment. This will allow time for you to enjoy the lounges, honor, steam rooms, saunas, cold plunge and to relax before your treatment. This is also when we can tailor your treatment, thus, increasing its effectiveness and your enjoyment. Your treatment will end on time, so if you are not on time, the full value of your treatment will be charged.

PERSONAL BELONGINGS/VALUABLES
We cannot be responsible for any personal items and/or valuables left in your locker. Please leave your valuables at home or in your guest room safe.

USE OF CELL PHONES, ELECTRONIC DEVICES, CAMERAS
To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

AGG REQUIREMENTS
You must be 18 years of age or older to enjoy the spa relaxation and locker areas. Massages, facials, and body treatments cannot be performed on anyone under the age of 18 years old. Nail treatments are available for children 5 years of age or older. Parent must remain present to the treatment.

TREATMENT RECOMMENDATIONS
Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please share with your therapist immediately.

FOOD AND BEVERAGE
Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access to the spa.

METHODS OF PAYMENT
We accept all major credit cards. You may also charge services to your resort bill.

SERVICE CHARGE
For your convenience, a 20% service charge will be added to each spa service. This includes gratuities dispersed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion.

CANCELLATION POLICY
If you must cancel your appointment, please notify the spa at least twenty-four hours in advance of your appointment to avoid being charged the full service fee.

CHANGE OF APPOINTMENT
Any appointments rescheduled within the twenty-four (24) hour window will incur a fee of $35.

HOURS OF OPERATION
Spa Treatments and Facilities: Our hours of operation change seasonally. Please contact the spa or visit our website for the most current information. Fitness Center: Open 24 hours to resort guests and fitness center members.

To reserve your spa appointment online, visit us at ritzcarlton.com/bachelorgulch or contact 970.343.1138.