Let us make the world revolve around you.

ESC A P E

Refresh and revitalize your body and mind with our classic treatments that will enliven your senses. We offer treatment rooms adjacent to our world class fitness center with shared locker rooms and heat facilities. Whether you are maintaining your fitness regime, indulging yourself or just looking to relieve tension and stress with a massage, our dedicated team will help you activate a positive change.
EXPERIENCE

Retreating ancient glaciers of the North American plains left behind deep, fertile soil and exposed elements of Red Missouri Granite; Native Americans enjoyed the pleasures and health benefits of Black Walnut from Missouri’s forests. The caring team at The Ritz-Carlton, St Louis has combined these treasured elements of stone and wood to promote both healing and regeneration through their Missouri experience treatments.

MISSOURI RED ROCK MASSAGE
80 MINUTES, $205

Inspired by the volcanic rocks that are the core features of some of Missouri’s most spectacular scenery, this therapeutic experience combines the relaxing benefits of sweet orange and Missouri red granite to soothe aching muscles, leaving your body relaxed and your mind calmed.

MISSOURI BLACK WALNUT MASSAGE
80 MINUTES, $205

Harnessing natural elements by using sticks carved from locally sourced Black Walnut, this fast-paced, free-flowing and energetic treatment is perfect for slowing busy minds and stretching and elongating tight muscles, while helping to improve flexibility and restore serenity.

MASSAGE

DEEP MUSCLE MASSAGE
80 MINUTES, $160
OR 50 MINUTES, $110

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques are concentrated on specific areas of concern to relieve common discomforts and sports-related tension.

STRESS RELIEF MASSAGE
80 MINUTES, $160
OR 50 MINUTES, $110

Revive tired and fatigued muscles with this traditional massage using a moderate to firm pressure to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE
80 MINUTES, $155
OR 50 MINUTES, $105

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

NATURALLY NURTURED MASSAGE
80 MINUTES, $155
OR 50 MINUTES, $105

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

CANCELLATIONS

If you must reschedule or cancel your appointment, please notify the fitness center two hours in advance to avoid being charged the full-service fee.
hair removal
Unveil your nourished, smooth and silky skin with our luxurious soy-based botanical formula designed to improve skin texture and prevent irritation.

eyebrows, $25
lip, $25
chin, $25
full facial, $25

add-on facial peel
enzyme renewing peel, $35
Instantly smooth, brighten and firm the complexion, with this deeply cleansing, naturally exfoliating advanced peel.

This peel is an add-on treatment to any of our exclusive facial offerings.

performed with espa products

BODY

NOURISHED GLOW
50 MINUTES, $110
Reveal your smoothest, softest skin ever with this body exfoliation, finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body exfoliation with salt and oil, back massage and oil application

BODY BALANCER
50 MINUTES, $125
Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

INCLUDES Back exfoliation, back massage, application of facial oil and scalp massage

PERSONALIZED WRAP
60 MINUTES, $125
Deeply cleanse, refine and nourish your body with this beautifully enhancing, bespoke body treatment.

INCLUDES Body exfoliation, algae or mud envelopment, scalp massage

FACIALS

CUSTOM FACIAL
80 MINUTES, $170
OR 50 MINUTES, $120
Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage and mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL
80 MINUTES, $180
OR 50 MINUTES, $130
Instantly combat the most visible signs of skin aging - smoothing fine lines and reviving youthful radiance to your complexion.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ENHANCEMENTS

Upgrade your treatments by choosing one or more from our list of additions. Enhancements must be purchased with a treatment and are available as incorporated additions to any service.

HOT STONE MELTER
$20
Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress.

SMOOTH & FIRM BODY BUTTER
$20
Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

HAND, FOOT OR BACK REVIVER
$20
Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands, feet or back smooth, soft and bright.

ADDITIONAL SERVICES

HAIR REMOVAL
Unveil your nourished, smooth and silky skin with our luxurious soy-based botanical formula designed to improve skin texture and prevent irritation.

EYEBROWS, $25
LIP, $25
CHIN, $25
FULL FACIAL, $25